

九龍城浸信會禧年(恩平)小學 2022-2023年度









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2022-2023年度



九龍城浸信會禧年(恩平)小學













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校長序言

新一期童心童話學生作品集出版了,是大家一個發表文章的好園地。 這本小小的文集輯錄了不同年級學生的作品,讓孩子透過文字表達自己的 看法和感受,分享寫作的成果。別看他們的年紀小小,卻能發揮豐富的想 像力,以無限的創意寫出了一篇又一篇精彩的作品。

為要鼓勵學生發表,鼓勵學生創作,鼓勵學生分享自己的作品,學校推行多元創作,帶他們跳出了課室,例如進行情境寫作之前,可透過虛擬實景觀察、全景360度全方位實景,讓孩子恍如置身其中,從視覺豐富他們對於其他感官的想像,甚至可透過模擬場景接觸更多平日難以親臨的地方,開拓眼界,為孩子提供親歷其境的機會,不再是天馬行空的寫作。感謝老師們為孩子營造豐富多采的學習環境,提升孩子的學習興趣,鼓勵孩子把多姿多采的生活、作息、遊戲,歡樂時刻或某些難忘經歷記錄下來,與人分享,讓寫作成為樂事。

這文集能順利誕生,是小作家們努力學習的成果,也是老師的心血結晶,當中蘊含著不少的支持、鼓勵和欣賞。這個創作平台,能孕育孩子更富的創意和想像力,讓孩子發揮創作的潛力,發揮他們的想像力,磨練寫作的技巧。本人謹此衷心感謝各位老師為孩子所付出的心力和指導,期望各位小作家能繼續敢於創作,樂於分享成果,多閱讀別人優秀的作品,吸收別人的長處,繼續不斷進步。

中文科作品

自我介紹

IA 陳語欣

我有一雙亮晶晶的眼睛,一個小小的鼻 子,一張大大的嘴巴,還有一把長長的頭髮。 我穿著一件紅色和黃色的汗衣,一雙白色 的襪子和一雙白色的鞋子。 我愛彈鋼琴,也愛下象棋。





自我介紹

IA 蔡樂熙

我有一雙烏黑的眼睛,一個扁扁的鼻子,一張大大的嘴巴,還有一頭短短的頭

我穿著一件帥氣的連體衣,一雙白色 的襪子和一雙黑色的鞋子。

我愛拉小提琴,也愛武術。

自我介紹

IB趙寶怡

我有一雙亮晶晶的眼睛,一個小小的鼻 子,一張大大的嘴巴,還有一把長長的頭髮。 我穿著一條彩色的裙子,一雙藍色的襪子 和一雙藍色的鞋子。 我愛跳舞,也愛寫字。





自我介紹

IB 羅啟康

我有一雙亮晶晶的眼睛,一個高高的 鼻子,一張小小的嘴巴,還有一頭短短的 丽髮。

我穿著一件黃色的運動衣,一雙白色 的襪子和一雙白色的鞋子。

我愛書書,也愛看電視。

自我介紹

10 李分賢

我有一雙大大的眼睛,一個高高的 鼻子,一張小小的嘴巴,還有一把長長 的頭髮。

我穿著一條藍色的裙子,一對白色 的襪子和一雙紅色的鞋子。

我愛畫畫,也愛唱歌。





自我介紹

IC 施凱琳

我有一雙烏黑的眼睛・一個扁扁的鼻 子,一張小小的嘴巴,還有一把長長的頭

我穿著一條長長的裙子,一對白色的 襪子和一對白色的鞋子。

我愛畫圖畫,也愛跳舞。

自我介紹

ID 李詩雅

我有一雙小小的眼睛,一個高高的鼻子,一張大大的嘴巴,還有一把長長的頭髮。

我穿著一條粉紅色和藍色的裙子,一 雙白色的襪子和一雙紅色的鞋子。

我愛看圖書和看電視,也愛跳舞和跑 步。





自我介紹

10 黃詠菁

我有一雙亮晶晶的眼睛,一個小小的 鼻子,一張大大的嘴巴,還有一把長長的 頭髮。

我穿著一條粉紅色的短裙,一雙黃色 的襪子和一雙紅色的鞋子。

我愛畫圖畫,也愛唱歌。

自我介紹

IC 羅君斯

我有一雙亮晶晶的眼睛,一個高高的 鼻子,一張小小的嘴巴,還有一把長長的 頭髮。

我穿著一條藍色的裙子,一雙紅色的 襪子和一雙藍色的鞋子。

我愛唱歌,也愛跳舞。



自我介紹

ID 莊苁晴

我有一雙圓圓的眼睛,一個小小 的鼻子,一張大大的嘴巴,還有一把 長長的頭髮。

我穿著一條美麗的裙子[,]一雙白 色的襪子和一雙黑色的鞋子。

我愛和梁恩喬一起跑步,也愛吃 水果和唱歌。



自我介紹



1D 鄭嘉浩

我有一雙又圓又大的眼睛,一個 高高的鼻子,一張小小的嘴巴,還有 一頭短短的頭髮。

我穿著一套整齊的校服,一雙白 色的襪子和一雙黑色的鞋子。 我愛跑步,也愛跳舞。

ID 善殷詠

我有一雙又圓又大的眼睛,一個小小的鼻子,一張大大的嘴巴,還有 一把長長的頭髮。

我穿著一條彩色的<mark>裙子,一</mark>雙紅色的襪子和一雙粉紫<mark>色的鞋子。</mark>

我愛看書和跳舞,也愛吃東西和唱歌。

自我介紹



我最喜歡的卡通人物

IA 林子晴



我最喜歡的卡通人物是艾莎 公主。她的頭髮長長的,而且穿 著美麗的衣服。

她喜歡冰雪。她有一件美麗 的披風,上面有冰雪圖案。

因為她會魔法,所以我很喜歡她。

我最喜歡的卡通人物

IA 陳俊睿

我最喜歡的卡通人<mark>物是老</mark> 夫子。他的身形胖乎乎的,而 且有一雙小小的耳朵。

他喜歡跟大蕃薯和秦先生 一起玩耍

因為老夫子性格活潑,所 以我很喜歡他。



我最喜歡的卡通人物

IB 蒙逸瞳



我最喜歡的卡通人物是游游。她 的身體是黄色的,而且有粉紅色的毛 髮,十分可愛。

她喜歡照顧動物。因為她很溫 柔,所以我很喜歡她。

我最喜歡的卡通人物

ID 随嘉姆

我最喜歡的卡通人物是吉蒂貓。 她全身都是白色的,樣子很特別,而 且她的頭上有蝴蝶結,並時常穿著裙 子。

她喜歡裝扮成其他小動物,而且 十分善良。因為她很可愛,所以我很 喜歡她。



給鄭老師的感謝卡

IA 蔡樂熙



親愛的鄭老師:

感謝您教導我做不同的運動,我十分開心。 我答應您我以後會專心地聆聽您的指示,努 力地完成任務,成為跑得最快的「晨鳥」!

> 樂熙上 三月二十七日

給曾老師的感謝卡

IA 黃穎

親愛的曾老師:

感謝您溫柔地教導我英文,我很喜歡上您的課,我學會了很多英文生字。

我答應您我以後會<mark>努力學</mark>習,專心地上您的英文課。多謝您的鼓勵,也多謝您的稱讚。 學生

> 黄穎上 三月二十七日



給郭老師的威謝卡

IA 鄭鈞钰

親愛的郭老師:

感謝您每天耐心地教我們中文,讓我們的<mark>課堂</mark> 上常常充滿笑聲,我很喜歡上您的課。

我答應您我以後會專心上課,會先舉手後說話。

學生 鈞鈺上 三月二十七日



給華老師的感謝卡

IB 曾銘字

親愛的華老師:

感謝你天天教<mark>導我們,我們很開心。</mark>中文有一點難,但是我學會了 新知識,謝謝你。

我答應你我以後會認真地上課和繼續努力。

學生 銘字上 四月十九日

給廖老師的威謝卡

IB 黃曉晨

親愛的廖老師:

感謝你常常教導我新的數學知識和送禮物給我,我真的很想感謝你。 我答應你我以後會努力做功課,在考試中拿到好成績。

> 學生 曉晨上 四月十九日

威謝老師

1C 何詩淇

親愛的顏主任:

感謝您耐心地教導我英文,謝謝你令我喜歡上英文。我最喜歡上你的課了!

我答應您我以後會努力讀書,做個好學生。

學生 詩淇上 三月二十八日

1C 李允賢

親愛的陳主任:

感謝您耐心地教導我視藝<mark>和創科。因為你教學</mark>又生動又有趣,令我喜歡上畫畫和電腦。

我答應您我以後會專心上課,努力學習。

學生 允賢上 三月二十八日

IC 楊津鐵

親愛的張老師:

感謝您耐心<mark>地教導我中文和普通話</mark>,讓我認識了很多中文字。我最喜歡聽你說有趣的故事。

我答應您我會努力讀書,希望以後的中文默書每次都可以取得一百分。

學生 津鉞上 三月二十八日

ID 梁恩喬

親愛的林老師:

感謝您耐心地教<mark>導我中文,</mark>我很喜歡上您的課,亦謝謝您陪伴我,我 們都很愛您。

我答應您我以後會做個好孩子,會交齊功課。

學生 恩喬敬上 三月二十七日

威謝老師

ID 呂景欣

親愛的林老師:

感謝您耐心地教導我新知識,我很喜歡上您的課。此外,您常常和 我聊天,也常常幫助我。

我答應您我以後會努力學習和交齊功課了。

學生 景欣敬上 三月二十七日

ID 梁文軒

親愛的林老師:

感謝您使我學到很多知識<mark>,而且幫助我找到學</mark>習的方法,我很喜歡上中文課。

我答應您我會努力學習和多舉手回答問題。

學生 文軒敬上 三月二十七日

鮮花店

IC 龐浩鈞

10 冼晴

鮮花店,花朵多, 這邊唐棉一束束, 那邊康乃馨一朵朵。 唐棉香,康乃馨美, 唐棉像生菜, 康乃馨白似雪。 買回家中送長輩, 白、粉紅、綠、紅紮一束, 外婆見了樂呵呵。

小魚逃生記

2A 陳昊醫

上午,小貓在河邊釣魚。

過了一會兒,小貓釣到了一尾魚,牠心想:這尾魚又肥美,又新 鮮,我可以大吃一頓了。

知道自己快被吃掉,小魚連忙對小<mark>貓說:「我剛剛運動,</mark>身體很臭,讓我先洗澡,更美味。」小貓聽了小魚的話後,便把她放到河裏去。

誰知小魚趁機逃走了,小貓才知道被騙了,小貓感到很後悔。

熱縮膠鎖匙扣

2A 黃雅麗

今天,老師和同學在課堂上做熱縮膠鎖匙扣。

首先,我們在膠片上畫出一個可愛的卡通人物。然後,我們拿出剪刀把卡通人物剪出來。再把熱縮膠放在焗爐裏,十分奇妙,熱縮膠漸漸縮小了很多,大家都拍手叫好。最後,我在熱縮膠片上加上了一個鎖匙扣。

今天,我因<mark>為做了一個特別的鎖匙</mark>扣,感到十分開心。我感謝老師細心地教導我們,讓我們都能成功地做了一個特別的鎖匙扣。

熱縮膠鎖匙扣

2B 徐凡斯

今天,我和同學一起在視藝課上做鎖匙扣。

首先,我們在膠片上畫出喜歡的圖案。然後,我們拿出剪刀剪出形狀。接著,我們用打孔機打孔,再把熱縮膠放在焗爐裏。最後,我加上了鎖匙圈,便完成了可愛的鎖匙扣。

今天·我因為學會了製作鎖匙扣·我感到十分開心。

小魚逃生記

2B 莫梓燁

今天,小貓在河邊釣魚。

過了一會兒,小貓釣到了一尾魚,牠心想:這尾魚既肥美,又新鮮,我可以大吃一頓了。

知道自己快被吃掉,小魚連忙對小貓說:「我很臭,你不要吃我, 河裏有更好吃的魚,我把牠們叫來給你。」小貓聽了小魚的話後,便把 牠放到河裏去。

誰知小魚趁機逃走了。小貓感到很生氣。

給爸爸的一對信

2B 吳頌熙

親愛的爸爸:

您好!

爸爸,這是我第一次給您寫信,所以有些開心。您最近身體好嗎? 最近早上,我在學校的籃球場跑跑跳跳,有時跑步,有時玩捉人的 遊戲,十分快樂!我期望有多些同學參與這個跑步活動。

我希望下次和爸爸媽媽一起參加跑步班。

身體健康

兒子 頌熙敬上 三月十四日

學校旅行日

2B 侯思詠

星期一,天氣睛朗,老師帶領同學們到馬鞍山郊野公園旅行。我們 先在操場集合,然後坐旅遊巴士高高興興地出發了。

到達目的地後,我看見郊野公園空氣清新、鳥語花香。我看見有的人在草地上吃東西,有的人在玩遊戲,有的人在拍照。我們首先找個合適的地方,然後開始野餐。同學們準備了豐富美味的食物,例如有三明治、可樂和水果。我們都吃得津津有味。

吃過午餐後,我和同學一起玩耍。我們先<mark>跳繩,然後打羽毛球</mark>,接著玩捉迷藏。老師則幫我們做裁判。

黃昏的時候,老師要我們收拾垃圾,因為我們要保護大自然。最後,我們懷著難忘的心情離開。

我的玩具

2B 戴可欣

昨天,老師在課堂上提醒同學帶自己喜歡的玩具回來。

第二天上學前,我看見同學們手上都拿著心愛的玩具回校。我看見志俊拿著電子遊戲機。而小美拿著她的洋娃娃,驕傲地說:「這個洋娃娃是今年最新款,媽媽花了很多錢才買到。看,它的頭上有閃閃發亮的皇冠和美麗的高跟鞋。

上課了,老師邀請同學介紹自己的玩具,終於輸到我介紹玩具了, 我拿著一隻自製的小豬花燈站在同學前,我聽見同學取笑我,但我沒有 傷心,我心想:這是我和爸爸媽媽親手製作的花燈,而且每年的中秋節 也是它陪我度過的,就像我最好的朋友一樣。

我把我的想法告訴同學,<mark>他們聽完我的分享後,</mark>他們沒有再取笑我,反而熱烈地鼓掌,大家都說也要回家和爸爸媽媽一起做一個「最好的玩具」! 最後,我感到很開心。

小息的時候

2C 黃詩濼

今天小息時,我和同學在操場上吃東西和玩耍。

一到操場,我看<mark>見有的同學在愉快地</mark>跳繩,同學在籃球場打球,有的同學在快樂地猜拳,他們都玩得十分開心。

然後,我和同學都花圃行散步,我看見花草樹木和漂亮的蝴蝶。我 聽見同學談天黃鳥兒的歌聲。

走著走著,<mark>我肚子餓了,可是我沒</mark>帶食物,便到小賣部買東西吃。 過了一會兒,上課鐘聲響起,我們便安靜地排隊上課室上課。

給爸媽的一對信

20 黃睿曦

親愛的爸爸:

你好嗎?因為你每天都工作,沒有時間和我聊天,所以我寫這封信 給你。

我想告訴你,近日我在學校的聖誕佈道會中表演。我和同學首先穿 衣服和化妝,然後一起去禮堂表演。那天,我感到很快樂。

我希望下次和你一起參與親子旅行。

祝

工作愉快

女兒 睿曦敬上

給校長的信

3A 張梓苗

敬愛的陶校長:

您近來好嗎?

我是張梓苗。我是從一年級開始就讀的<mark>,現在是3A班的學生,我</mark>的班主任是溫柔又善良的陳佩儀老師。我最喜歡上中文課,因為我每一次上課都學會很多知識。

我喜歡的課外活動是小女童軍,因為我學會了煮東西。我希望將來也可以繼續參加小女童軍。

我在禧年(恩平)小學認識了很多新朋友,我也感到學校對我的幫助很大。我在這裡讀書真開心,希望畢業後會升上好的中學。我也希望以後可以當領袖生,因為可以幫助低年級的同學。我期待您的回信呢!

祝 工作愉快

> 學生 張梓苗 十月五日

3A 随禧晴

敬愛的陶校長:

您好嗎?

我是陳禧<mark>晴。我是從一年級開始就</mark>讀的,現在是3A班的學生。我的 班主任是陳佩<mark>儀老師,她很友善,又</mark>和藹可親。我最喜歡的科目是視藝 和體育科,我的興趣就是煮食物。

我最喜歡的活動就是在二年級的時候,我們全班一起到郊外旅行。 那裡非常好玩,有彈彈床,有踢足球等,我玩得非常投入。

我升<mark>上了三年級,課程比較深</mark>,不過我知道無論有多大的困難,我都要努力克服。

我希望將來可以當領袖生,因為可以幫助小朋友,我又希望可以升 讀好的中學。我期待您的回信呢!

祝 工作愉快

> 學生 陳禧晴 十月五日

一次幫助別人的經歷

3A 楊傲鋒

三月七日 星期二 晴天

最後一天考試終於完結了,我一跑一跳<mark>地跟媽媽一</mark>起走到火車站, 今天我們先不回家,我們去吃壽司。

當我們進入車廂後,我就找到座位了。忽然,我看見身旁有一位行動不便的老婆婆,我便馬上起來,把座位讓了給她,婆婆眉開眼笑,說我真乖,還向我道謝。車廂內的人都紛紛稱讚我,使我的臉兒發燙,不知所措呢!而在我身後的媽媽用讚賞的眼神看?我笑了笑。真奇怪,還沒吃壽司,為甚麼我覺得這麼滿足呢?

此時傳來了廣播聲,我們已經到站了,婆婆跟我說再見,我也笑著跟婆婆揮手說再見。我再次一跑一跳地跟媽媽進去了商場,媽媽說我長大了,懂得照顧別人的需要。嗯,今天的壽司特別鮮甜可口。

3B 陳俊熙

三月十九日 星期六 晴天

今天,我和媽媽、妹妹參加學校舉辦的親子賣旗活動。

一開始賣旗的時候,我和妹妹都不敢向別人開口,感到很害羞,媽媽便鼓勵我們:「不用害羞,你們要有禮貌地打招呼,詢問別人是否需要買旗。」聽完媽媽的話後,我和妹妹便鼓起勇氣,繼續賣旗。這時,我主動詢問一位正在向我走來的叔叔,我說:「早安,請問你可以幫忙買旗嗎?」那個叔叔點點頭,隨即從褲袋裏掏出一塊硬幣,然後投入我的旗袋內。我聽到旗袋「咚」的一聲,感到很滿足,於是我便多了一些信心和勇氣繼續賣旗了。

時間一分一秒地過去了,我的貼紙已經越來越少了,很多路人的身上也貼了貼紙。當一個個路人把錢放進旗袋時,我感到很開心和滿足。

兩小時後,我們把<mark>旗袋和</mark>貼紙還給學校。我看著沈甸甸的旗袋,一想到這些錢可以幫助別人,我的心裏甜滋滋的。

這次賣旗活動令我<mark>學會了「助人快樂之本」的道理,雖然賣旗的</mark>過程很疲累,但是我很開心。

一次幫助別人的經歷

3C 楊貝恩

三月二日 星期二 晴

今天上午,陽光普照,我在公園裏看到了一個迷路的小女孩。

我連忙跑過去,問她:「發生了甚麼事?」她一邊哭一邊說:「我……我……不小心迷路了。」「你的爸爸媽媽去了哪裏?」我問。「我剛才在滑滑梯的時候,媽媽叫我回家,但我沒有理會她,繼續玩滑滑梯。當我玩完滑梯想回家時,媽媽已經不見了。」小女孩說完,又大哭起來。我連忙安慰她:「不要緊,小朋友,我帶你去找媽媽。」說完,我就拉著小女孩的手,帶她找媽媽。我一邊走一邊問:「你媽媽穿了甚麼顏色的衣服?長甚麼樣子的?」她說:「媽媽今天穿了一件黑白色的裙子。她長得很漂亮,有一雙大大的眼睛,還戴了一頂黑色的帽子。」我根據小女孩的描述,沿著公園的小路一邊走,一邊觀察途人的衣著和樣子。過了一會兒,我們終於找到了小女孩的媽媽,小女孩連聲跟我說謝謝。

回到家後,我把<mark>這件事告訴了媽媽,媽</mark>媽說:「你真是一個樂於助人的人啊!」

3D 廖梓澄

三月十九日 星期六 晴

今天上午是我第一次幫助媽媽做家務的日子。

因為媽媽要當夜班,所以很晚才下班回來,她累得馬上返回房間休息。看到媽媽那麼辛苦,所以我決定幫媽媽做家務。

首先,我看見地板有點垃圾和灰塵,所以便拿起掃帚掃了起來。掃完地之後,我拿起地拖,把地板擦查得一乾二淨。然後,我看見廚房裏佈滿不乾淨的碗,所以我逐一把它們洗乾淨,然後放回碗櫃裏面。

能幫助媽媽做家<mark>務,我</mark>真的很開心,因為<mark>助人為快樂之本,更何況</mark> 幫助的人更是我的媽媽呢!

一次派發默書簿的經歷

3C 黃梓翔

今天是派發中文默書簿的日子。下節課就是中文課了,同學們都議論紛紛。突然,謝老師進來了。原本吵鬧的教室頓時安靜下來,教室的空氣像瞬間凍結了一樣。

謝老師進來後,一臉嚴肅地看著我們。同學們看到老師沒有說話,有的害怕得身體在不停地發抖,有的害怕得屏住呼吸,連氣都不敢呼出,有的害怕得低著頭,不敢看老師。老師開始派發默書簿了。老師正在叫同學的學號,同學就一個接一個地邁著沉重的步伐,雙腿像灌了鉛似的,慢慢走出去。我看見有的同學拿到默書簿後眉開眼笑,有的同學則拿到默書簿後垂頭喪氣。

老師終於叫到我的學號,我很緊張,一步一步慢慢地走過去。當我看到默書簿上的分數時,我高興得跳了起來。然後,老師向我說:「做得好!要繼續努力!」我跟老師說:「謝謝老師誇獎,我一定會努力。」

在這次派發默書簿的經歷中, 我明白了只要我肯努力溫習, 就能拿 到好成績。

3D 林柏榮

今天是派發默書簿的日子,老師進入課室的時候,雖然老師的表情 是開心的,但是課室的氣氛仍然十分緊張。

當老<mark>師準備派默書簿的時候,</mark>有的同學害怕得不敢作聲,有的同學 心情開朗,有的同學很興奮。

老師正式開始一個接一個派發默書簿了。當老師派給我的時候,他 開心地說:「你真棒!恭喜你考取一百分。」我打開默書簿,果然是一百分。我開心得跳起來。坐在我旁邊的同學卻不合格,他很不開心。我 鼓勵他說:「下次努力吧!」

我希望下次更加努力,可以拿取一百一十分的滿分。

如果我變小了

昨天下午,我看見桌上有一包果汁,剛好那時我很口渴,所以我就把果汁喝光了。喝完之後,就發現自己變小了。

變小以後,我看到的世界是非常巨大的。這時,有一個巨人走了過來,我便說:「巨人啊!快走啊!」我定睛一看,巨人原來是媽媽呀!

我變小的時候就像蒼蠅一般小,我經過椅子時,差點被媽媽踏扁了。

雖然變小很危險,但我卻覺得很快樂,因為我找到很多地方可以做 運動。還有,當我去公園玩捉迷藏的時候一定不會輸的,而且我拿不到 筆,也不用做功課,真逍遙啊!這趟旅程真難忘!

3A 周芷若

今天早上,我起床後走出房間,看見桌上有兩顆糖,我就在媽媽發現前趕緊把其中一顆糖吃掉。糖果剛吞下,我便暈倒在地上,醒來後就看見自己的身體變得很小。

變小後,我看到平常總是覺得狹窄的家原來挺寬敞的。有時候,我 會迷路;有時候,我拿不動桌上的東西,有時候,我讓媽媽給我吃的, 可她跟本沒聽到。我走出露台看看我的盆栽,眼前的盆栽都變成了參天 巨樹,高得快要倒塌似的了。

突然小狗過來了,牠向?我口水直流。幸好沒把我吃掉。我心想:小狗不是要吃我,難道是牠認出我了,想我帶牠出去玩嗎?可我現在這麼小,如何帶得了牠呢?那我只能變身女騎士,騎到小狗背上出發吧!我努力嘗試爬上去,卻總是掉下來,直到我決定放棄這個念頭。

最後,我再一次爬上桌子上吃了餘下得一顆糖,就馬上變回原形了。身體變小了雖然很不方便,卻也很有趣,這次冒險真難忘!

如果我變小了

3C 余雅烯

有一天,我遇到了一個魔法師,他可以令我變大或變小。她給了我 一杯藍色的水,我喝了後,突然就變小了,我感<mark>到十分驚</mark>訝。

我變小後,我眼中的世界特別大,一個草原對我來說非常大,一根草都高好幾米。我回到家後,我費了九牛二虎之力才爬到桌子上,我看到了巨大的食物在極大的碟子上,然後我感到很奇怪。

這時候,我遇到一件刺激又奇怪的事。我爬到小鳥的羽毛上,和小鳥一起飛翔。在飛翔的過程中,我探出頭來,差一點就掉了下去。經過千辛萬苦,我終於爬回羽毛裏。小鳥帶我去了小花園看五彩繽紛的小花、河流、小草地,裏面特別漂亮。過了幾個小時,我變回了原來的樣子。

這次變小的經歷,我感到既驚險又刺激,真有趣啊!

如果我變大了

3B 郭映彤

今天,我在路上看見一個老婆婆滑倒在地上,於是連忙上前扶起她,可她忽然變了身,我問她:「為甚麼你的樣子和剛才的不一樣呢?啊!你是魔法師!」老婆婆回答說:「你猜中了,我是魔法師!不要怕,我會魔法,你想變小,還是變大呢?」我馬上說:「我要變大!」一眨眼,魔法師便把我變大了。

啊!我真的變大了!四周是一個迷你的世界,我看見的人全都是小矮人,所有的東西都好像一顆米粒那麼小,所以我害怕得大叫起來。

我走到社區的中間時,有很多小矮人一起向四方八面逃跑,一面指著我高聲喊叫:「怪物啊!怪物啊!」我一不小心摔倒在地上,連忙站起來,繼續慢慢地向前走。

我走了半天,忽然想回家去。但想起自己是一個巨人,怎可以回家呢?於是放聲大哭。「彤彤,快起來吧!快起來吧!你在叫甚麼?」媽媽大聲地喊我。

原來剛才我只是在做夢,並不是小矮人口中所說的「怪物」呢!

逛年市場宵

3A 唐子琳

年三十晚上,我和家人到禾輋逛年宵市場。

到達年宵市場後,看到這裡人山人海,有<mark>的人在購買年花,</mark>有的人 在挑選玩具,有的人在討價還價。我看見售賣年花的攤位,有芳香撲鼻 的水仙花,有色彩鮮豔的牡丹和芍藥,真是美麗極了!

我們首先去玩年宵攤位。我贏得了很多毛娃娃呢!可是,我年幼的 妹妹卻一個也沒有,我就把我的米老鼠娃娃送給了她,她立刻高興得眉 開眼笑。然後,我們去小食亭買魚丸和燒賣,我和妹妹都吃得津津有味 呢!

接著,我們去看年花攤位,萬紫嫣紅的年花真漂亮,看得我目不暇給。我問媽媽明年可以再來嗎?媽媽說:「當然可以啊!」

我們今天真是收穫滿滿的<mark>,有花有玩具有零</mark>吃。我回到家還第一時間拆禮物呢!

3B 高善蕊

年三十晚,我和家人到維多利亞公園逛年宵市場。

一進入年<mark>宵市場,這裏人山人海</mark>。我看見各種各樣的攤位,有的在 賣五彩繽紛的年花,有的在賣精美的賀年揮春,有的在賣香甜的年糕。 我還聽到人們熱鬧的歡笑聲,年宵市場到處都是一片喜氣洋洋。

首先<mark>,我和媽媽走到賣年花的</mark>攤位,我們看見了色彩繽紛的花,有 水仙花,有銀柳,有桃花……最後,媽媽挑選了十朵她最喜歡的桃花, 媽媽和攤位店主討價還價,後來店主由一百元降到八十元賣給我們。

然後媽媽帶我去買賀年食品,這裏有很多不同的食品,有香噴噴的 餅乾,還有免費試吃的煎堆和香甜的糖果。最後我們買了一些美味的煎 堆、糖果和餅乾。

今天我們收穫真豐富,最後我懷著依依不捨的心情回家了,我希望 明年還能來年宵市場購物。

逛年宵市場

30 馬灣希

今天是年三十晚,因為就快過新年了,所以**我和家人一**起到年宵市 場買桃花。

進到年宵市場,這裏人山人海,十分熱<mark>鬧。有的人在買年貨</mark>,有的人在玩攤位遊戲,有的人在推銷產品。市場內有很多不同的攤位,在賣不同的物品,有的是賣年花,有的是賣年枯,有的是賣糖果,商品都琳瑯滿目,令我目不暇給。

我和家人來到氫氣球攤位。商家和我說:「小朋友,你要買氣球嗎?」我問媽媽:「我可以買一個兔子氣球嗎?」媽媽點了點頭。爸爸便問商家:「一個氣球多少元?」商家說:「一個才三十元,很便宜的,要不要買一個?」爸爸說:「太貴了!能不能便宜一點?」「就便宜五元吧!」商家說道。「再便宜一點吧!」爸爸說。商家想了想,說:「好吧,成交!」最後,我只用了二十元就買到了一個兔子氣球。我十分高興。

以往超過二十九元以上的東西,媽媽都是不買給我的,但這次她居然買了給我,可能是爸爸討價還價的關係吧!所以我真的很開心!希望下一次能再和家人一起去逛年宵市場。

3D 邱奕慧

大年三十晚,我們一家人去逛年宵市場。

進入年<mark>宵市場,我們看見裏面</mark>人山人海,十分熱鬧,有的人在吃東西,有的人在買桃花,有的人在買糖果。我還聽到了叫賣聲、笑聲和歡呼聲。

爸爸和媽媽去買年花,年花種類很多:有水仙花、桃花、牡丹花、銀柳……我和哥哥去買糖果和氫氣球。最後,我們各自拿著一個氫氣球離開。之後,媽媽叫我們去看看要買什麼賀年食品,我先說:「媽媽,你真好!」然後,我和哥哥異口同聲地說:「媽媽,我想吃瓜子。」媽媽說:「好!就買五大包,好嗎?」我說:「好啊!」就買了瓜子。

不知不覺到了晚上十二點半,媽媽說是時候回家了,於是我們就依 依不捨地離開年宵市場呢!

愉快的早上

3B 陳穎言

昨天是公眾假期,爸爸不用上班,我便跟他到<mark>公園做運動</mark>,我們過了一個健康又愉快的早上。

到達公園後,我看見公園裏有綠油油的草地和粗壯的大樹。我還聽到小鳥在樹上開開心心地唱歌。我和爸爸沿著小徑向前走,一路上,我看見很多人,他們有的在跑步,有的在騎單車,有的在踢足球,整個公園十分熱鬧。

首先,我和爸爸一起做完熱身運動後,便對爸爸說:「不如我們去打籃球吧!」爸爸一面點頭,一面說:「好啊!」於是我拉著爸爸的手興奮地跑到籃球場上打籃球。後來,由於我跑得太快,一不小心便跌倒在地上。我馬上哭了起來。爸爸對我說:「不要哭了,你要勇敢地面對困難啊!」我聽了後,便沒有再哭了。

昨天,我感到自己很勇敢,雖然擦傷了,但也沒有哭個不停呀!

3D 邱奕慧

昨天是公<mark>眾假期,所以爸爸不用上</mark>班,我便趁此機會跟爸爸去公園 做運動。

一進入公園,我就看見公園有綠綠的草地,有美麗的人工湖,有新建的遊樂設施……公園內佈滿人,有的人騎自行車,有的人耍太極,有的人跑步……非常熱鬧。

首先,爸爸做熱身運動,我玩秋千。然後,我自己一個人玩滑滑梯。爸爸就自己跑步。不多久,我玩累了,而爸爸也跑夠了,公園裏充滿了我和爸爸的歡笑聲。我對爸爸說:「爸爸,我餓了。」爸爸回答:「我們去小食店買點東西吃吧。」我們就一起去小食店吃早餐,吃完了,我們就開心地回家去。

我們過了一個既健康,又愉快的早上。

中秋節

3C 張月塘

今天是農曆八月十五,也是一年一度的中秋節<mark>,我和一家人到</mark>馬鞍山公園歡度中秋節。

到達目的地·我看見皎潔的月亮,好像一個大銀盤。四周人山人海,氣氛十分熱鬧。有的人在玩五光十色的螢光棒,有的人在猜燈謎,有的人在吃水果,十分熱鬧呢!

我和家人在草地上開著燈籠,一邊吃美味的月餅,一邊看著閃閃發光的星星,它們好像一顆顆閃亮亮的鑽石。哥哥迫不及待地拿了五光十色的螢光棒,把螢光棒折成一個五彩繽紛的足球。然後,我們把「足球」放在草地上踢來踢去,十分開心。

不知不覺已經是十一時<mark>,我們依依不捨地回家</mark>了。今天我們過得十分高興。

3D 廖梓澄

昨天晚上,我和家人一起到公園賞月去。

到達目的地後,我看見天上掛著一個又圓又大的月亮,月亮好像一 蓋大光燈一樣照亮大地。公園四周人山人海,氣氛十分熱鬧。那兒人頭 湧湧,有的人玩螢光棒,有的人玩燈籠,有的人賞月,有的吃月餅……

我們首先到公園草地找一個空的位置,擺放好賞月食物後便開始賞月。我和妹妹吃了橙、蘋果和冰皮月餅。接著,爸爸帶我們去玩攤位遊戲,各式各樣的遊戲十分有趣,我們都玩得十分盡興。

中秋節是一個普天同慶的節日,也是一家人共聚天倫的好日子,這個晚上,我們一家人渡過了一個既開心又難忘的中秋節!

海灘記趣

3B 施洛軒

今天的天氣很好,陽光普照,爸爸、媽媽帶我到海灘游泳。

到達海灘後,眼前的景色十分美麗。有無<mark>邊無際的大海,有</mark>藍藍的 天空,還有一個像大火球似的紅太陽。

海灘上有很多人,他們有的在游泳,有的在堆城堡,有的在曬日光浴,真是熱鬧極了!

我們在沙灘上找了一個舒適的地方後,便放下帶來的食物,比如:果汁、三明治、水果……我換上了泳衣後,便立刻和爸爸到海邊嬉水,他還教我怎樣游泳呢!接著,我和媽媽一起曬日光浴。突然,我看到了一隻小螃蟹,於是連忙伸手去捉牠。可是我不但抓不住牠,反而被牠弄傷了。最後,我們一家人坐在沙灘蓆上一面看著大海,一面吃東西和喝果汁。

太陽快要下山了,我們才帶著依依不捨的心情回家去。

一次有趣的學校活動

4A 劉蔚

看著這張照片,我就會想起去年學校生日會的經歷,就會覺得充滿 喜悅。去年十二月,學校舉辦了生日會,我們進行了很多有趣的活動。

記得去年十二月,早會完結後,首先我<mark>們馬上吃東西,有美味</mark>的炸雞,有甜甜的果凍,有冰凍的飲品……我們都吃得津津有味。

吃飽後,休息了一下。我們玩了「老師話」、「猜皇帝」等遊戲。 我的運氣也很好,所以我在所有遊戲中都獲勝了。

接著,其中一個環節是「玩氣球」,玩了一會兒,我們才發現是校長裝扮成小丑和我們玩耍的!但我們看得目瞪口呆,真令人驚喜呀!

所有活動結束後,大家<mark>還意猶未盡,還在談論</mark>剛才比賽中的精彩片段。

最後,我學會有趣的活動可以令人放鬆心情,有益身心,還可以展示自己的才能。那天,我份外開心,希望下一次可以在參與慶祝活動。

4A Jackson Wong

看著這張照<mark>片,我就想起那次學校</mark>中華文化日的經歷,讓我感到滿 心歡喜。

事情是這樣的,去年農曆新年前,我們在學校舉行中華文化日。

同學們穿著漂亮的華服興高采烈地來到課室,心中十分期待呢!

然後<mark>,我們一起寫揮春、學剪紙、猜謎語、做湯圓、抽大獎,結果</mark> 我抽中了大獎一大玩具。最後,我們大家一起品嚐了自己做的湯圓,覺 得美味極了!我還學會了中國的首都就是北京,那裏更有名的萬里長 城,這些中華文化知識,真有趣,令我獲益良多。

這個中華文化日<mark>十分有</mark>趣,我們玩得樂而忘返,也讓我學會了更多傳統文化知識。

一次有趣的學校活動

4B 蔡芷媛

看著這熟悉的地方,我就想起三年級的時候去<mark>校外野餐</mark>,我非常高興!

因為我們完成了考試,所以學校安排了到校外野餐。早會完結後, 老師帶我們一眾同學到操場,在老師的安排下,順利到達了金山郊野公 園。

班主任陳老師代我們找了一個地方坐下,同學便拿出了各自準備的不同食物:有巧克力美味的甜甜圈、有熱呼呼的魚蛋、有美的芝士腸等等,我們大家都吃得津津有味!

吃飽後,我們先伸展了一下,便開始玩「兵捉賊」、「捉迷藏」等各種各樣的遊戲,我們玩得滿頭大汗。在玩捉迷藏的時候,我悄悄地藏在椅子下面,不過還是被秀樺找到了,我跑得像豹一樣快,可惜還是比她慢,最後我還是被抓著了。大家都玩得滿臉通紅,十分投入。

我們玩得樂而忘<mark>返。直到黃昏時,陳主</mark>任叫我們上車,才懷著依依不捨的心情回家了。

4B 譚梓瑜

看著這個蛋糕,我就想起那次學校生日會的經歷,讓我感到十分愉快。

六月<mark>一日</mark>那天,是我鄰座同學的生日,所以我們班為他舉辦了一個 生日會。

首先,我們一起造蛋糕,材料有:巧克力、軟綿綿的蛋糕、甜甜的草莓醬和各種水果。然後,我們一起製作了不同的水果飲料,有草莓、橙、蘋果等。不過,在我們不留意的時候,有一隻小小的昆蟲飛了進去,我們只好重新造一次。

最後,我請大家一起來佈置班房,但是同學們都在專心遊戲,所以 只有老師和我掛上裝飾。

在這段時間,我感到很開心,希望學校可以多點舉辦生日會和聯歡會,這次生日會的經歷我一定會永留心中。

一次有趣的學校活動

4C 陳玥

看著這張照片,我就想起那次旅行的經歷·**嘴角便會不自覺**地上 揚。

在去年的秋天,老師、同學和我在獅子山郊野公園玩耍。因為每逢秋季,學校都會舉辦學校旅行,讓同學們可以在這秋高氣爽的季節下感受大自然的美妙。

首先,我們到燒烤場燒烤。生好火後,大家拿出準備好的食物開始燒烤,有的人在吃香噴噴的牛排,有的人在吃熱騰騰的肉丸,有的人在吃甜絲絲的雞翅膀,大家都吃得津津有味。

然後,我們在綠油油的草地<mark>上玩集體遊戲。我和</mark>隊員們齊心協力, 終於成功擊敗了其他隊伍,大家<mark>都開心得樂不可支呢!</mark>

夕陽西下,我們依依不捨<mark>地乘校巴離開了。這</mark>次旅行的經歷既使我 感受到大自然的美妙,也令我的身心得以放鬆,真希望還能再來呢!

4D 張恩博

看著這張放置在<mark>銀色相架裏的照片,我</mark>就想起去年我和同學參加足 球比賽的經歷。

在去年的夏天<mark>,鄰校的西瓜足球隊邀請了我校在</mark>附近的足球場進行 足球比賽。

比賽當日,一放學,我就馬上和隊友們一窩蜂地衝到足球場更衣室更換球衣。我們的球衣有一個大大的紅蘋果,非常可愛,這是我們的隊員一起設計的。然後,我們走到球場見到西瓜足球隊,他們的球衣竟然是一個大西瓜的模樣,顏色鮮豔奪目。踢前鋒的小志強指?他們大笑:「哇!前面有許多大西瓜啊!」

接著,西瓜隊的隊員們指?我們高聲唱歌:「你是一個大蘋果,又香又甜又好吃……」觀眾都被我們逗得捧腹大笑。

比賽開始了,我們嘻嘻哈哈地展開足球比賽。球場上就好像有一堆 蘋果和一堆西瓜在滾來滾去。前鋒球員勇猛地射球,中場球員努力地策 動攻勢,後防球員努力地在防守,大家勢均力敵。

最後,比賽結果是三比三平手,大家握手言和。西瓜隊送了兩個香氣撲鼻的大西瓜給我們,我們也給了他們每人一個蘋果作禮物。我們都玩得很快樂!

爸爸為我們拍了很多張精彩的照片。每次見到這些照片,我都回想 起那場超級有趣的足球比賽,這段充滿歡笑的回憶將永留心中。

4A 劉蔚

今天,爸爸帶我和姐姐遊覽大埔海濱公園。我們都興致勃勃的。

到了大埔海濱公園,沿著小徑向前走,走<mark>到風筝區後</mark>,首先映入眼簾的是在天空上隨風飄揚的風筝。人們有的在玩捉迷藏,有的在高談閱論,有的在捉蝴蝶,十分熱鬧!

我們繼續前行,很快便來到了昆蟲<mark>屋,拉開了昆蟲屋的玻璃</mark>門後,就看見很多甲蟲模型,例如:蜘蛛、螞蟻、蜜蜂、蝴蝶……在模型下面,可以看到不同的說明展板,可豐富知識呢。

當我們經過噴水池後,再向前直行,便來到了一大片花海。花海裏有很多各種各樣的花朵。有繡球花、風鈴花、薰衣草、波斯菊、杜鵑花等,在那裏更可以遠眺馬鞍山。

之後,前行數步下梯級,便看見香港回歸紀念塔。它的外型遠看很像一個螺旋形的過山車。它高兩層,達十二點四米。走近細看,看見香港回歸紀念塔的石碑。站在塔頂,更可以看見全個公園。

最後,我們才依依不捨地離開。

4A 利曉晴

今天,表姐從<mark>外國回來,她說想遊</mark>覽大埔海濱公園,我便帶她前往。

到達目的地後,我們來到風筝區,看到很多遊人在那裏放風筝,天空上的風筝隨風飄揚,彷彿是一隻隻在翩翩起舞的蝴蝶。有些人還在那裏野餐呢。之後,表姐問我去不去昆蟲屋,我興奮地說好啊。

沿著林陰小徑,走了不久,便來到昆蟲屋,我看見昆蟲屋的牆壁上有三隻巨大的甲蟲模型。推開玻璃門,走了幾步,便看見有很多昆蟲標本,有蝴蝶、螞蟻……看著這麼多昆蟲標本,我的內心不禁感到一絲恐怖。

參觀完昆蟲屋,我們沿著小徑繼續前行,便到達花海,那裏鳥語花香、花香撲鼻,而且花的品種繁多,讓人目不暇給。有粉色的風鈴花,紫色的薰衣草等。還有很多蝴蝶和蜜蜂在那裏取蜜,真是讓人賞心悅目。

我們沿著小徑繼續前行,看到香港回歸紀念塔。它遠看就像螺旋形的滑梯,走近細看,則十分巨大。紀念塔旁邊有石碑聳立在那裏。我和表姐走上紀念塔後,便來到瞭望台,這裏的風景盡收眼底,真叫人心曠神怡。

最後,我和表姐才依依不捨地回家去。

4B 許嘉藝

今天上午,在電視上看到關於大埔海濱公園的影片,我想既然今天 是媽媽的生日,不如就一起到大埔海濱公園慶祝,所以我們就出去了。

我們到了公園後,走到風箏區看見很多人在放風箏,有的風箏像一隻兔子,有的風箏像一尾金魚,還有很多可愛的風箏在展翅高飛。媽媽 說風箏區還可以進行其他活動,例如:野餐、寫生、捉迷藏……

離開風箏區後,我們沿著小徑向前走就到達昆蟲屋,屋外有一個龐大的甲蟲模型,做得栩栩如生。進入昆蟲屋,我看到裏面有不同的昆蟲模型和一些美麗的標本,那些都十分精緻。

離開昆蟲屋後,沿石澗上行,不久便到達噴水池。媽媽叫我拍一張 照留念,拍完後,我們沿著一條長路走到花海。

這片花海不太大,<mark>裏面有繡球花、薰衣草、</mark>風鈴花等,這些花色彩 鮮艷、百花齊放,讓人目不暇給。之後我們繼續前行,很快便來到香港 回歸紀念塔,遠看紀念塔像一條滑梯,走近細看,能看到上面的人像拍 攝風景。我和媽媽登上瞭望台遠眺蔚藍的海浪,波光粼粼,人們在享受 清涼的海風。

最後我和<mark>媽媽懷著依依不捨的心情離開了,我在想大濱海濱公園具</mark> 有那麼大的魅力,一定要讓其他沒有去過的人都看看這些美麗的景色。

4C 何芷晴

今天,我和姐姐去了大埔海濱公園遊覽。

首先,我們沿著草地直走,就來到了風<mark>箏區。我和姐姐看到很多人來這裏玩耍,有的人在野餐,有的人在寫生,還有的人在捉迷藏呢!這裏還有不少人在放風箏。我一眼看過去,天空全都是五顏六色、奇形怪狀的風箏,真是美麗極了!</mark>

然後,我們再沿著風箏區的小路一直向前走,就走到了昆蟲屋。我們推開昆蟲屋的大門,就看到了許多昆蟲標本,這些昆蟲標本都十分逼真。昆蟲標本旁還有說明展板,上面寫了昆蟲的名字、產地等相關知識。當我繼續向出口方向走時,突然看到的一隻紅色的大蟲子把我和姐姐嚇了一跳,因為那蟲子的模樣太恐怖了!

我們走出昆蟲屋的大門,再向左走,不一會兒就走到了噴水池。噴水池噴出來的水十分壯觀。我們再繼續向前走,終於到了花海。這裏長滿了萬紫千紅的喇叭花和花香撲鼻的薰衣草,我還看到天上有一道長長的彩虹,真是令人賞心悅目。

我們穿過花海後,就走到了香港回歸紀念塔。紀念塔的形狀是螺旋型的,走近細看,原來塔高三十二點四米。看了石碑後,才知道原來香港回歸紀念塔是有著紀念意義的,就是紀念香港回歸祖國的懷抱。我和姐姐慢慢地登上塔頂,看著一望無際的吐露港,水天一色,十分漂亮。

欣賞完風景後,我和姐姐就從回歸紀念塔走回到大埔海濱公園的大門,坐上了旅遊大巴離開。我不禁對姐姐說:「這真是一個滿有魅力的景點,還象徵了祖國與香港的繁榮昌盛,我下次還想來。」姐姐說:「好的!」

4D 范恩希

星期六,爸爸、媽媽、我和兩個弟弟一起到大埔海濱公園。

我們沿著單車徑走進風箏區後,看到有些人在寫生,有些人在野餐,有些人在放風箏。我抬頭看著天空,有很多造型獨特和絢麗多彩的風筝在天上自由自在地隨風飄揚,好像舞蹈家在翩翩起舞。

之後我們沿著綠草如茵的林蔭<mark>小徑直走到昆蟲屋。推</mark>開昆蟲屋的大門後,映入眼簾的是一些昆蟲的模型和標本。我走到說明展板前看,才知道那個栩栩如生的模型是獨角仙模型。我目不轉睛地看著那模型,造型十分精緻,真讓人讚歎不已啊!

離開昆蟲屋,我們緩緩地向香港回歸紀念塔的方向出發,沿途經過一大片美麗的花海,看到有很多不同種類的花朵,有繡球花、風鈴花、波斯菊、鼠尾草、杜鵑花······各種花好像在爭妍鬥麗一樣,努力地盛開。一股花香撲鼻而來,聞著這些花香,真是沁人心脾!

走出花海後,從遠處便看到一座像顛倒了的陀螺的建築物。走近一點看,我感到這座建築物很宏偉和壯觀,原來這就是香港回歸紀念塔。 塔高三十二點四米,是紀念香港回歸祖國而建成的。我和家人一起登上 塔頂,當走到瞭望台,便看到一望無際的海景,整個大埔海濱公園的景 色盡收眼底。

到了<mark>黃昏,</mark>我們便懷著依依不捨的心情回家了。今天看到的景物, 真令我大開眼界啊!

荒島歷險記

4A 利曉晴

今天是我的生日,我許願道:「希望我可<mark>以冒一</mark>次險。」突然「砰」的一聲,我居然來到了一個荒島。

荒島上空無一人,前方是大海,後方是森林。這時,我想起小說裏都說森林的盡頭有怪物!雖然我非常害怕,但出於好奇心,我還是走進森林去了。

這時,有隻蝴蝶從我身邊經過,我馬上追了上去。追了不久後,我 發現前面有一道大門,那大門非常古老,看起來已過了很多年。此時, 我下意識地說了句:「芝麻開門!」大門竟然自己打開了!

這時,一陣風把我吹進大門裏,「砰」的一聲,大門又自己關上了。四周黑漆漆的,我立刻害怕起來。此時,有一隻怪物走了進來,它有大大的身軀和和尖尖的牙齒,我嚇得大叫起來。這時,一支魔杖從天而降,我立刻拿起魔杖,然後唸了句咒語,那個怪物竟然變成了一個可愛的小幽靈。

正當我想和眼前這隻小幽靈打招呼的時候,一把熟悉的聲音把我叫醒了。原來這一切都是<mark>一場夢,但是在夢境</mark>的感覺非常真實呢。咦?為甚麼我的床上多了一支魔杖……

4A 桂譽材

每當合上雙眼時,我就會想起之前在荒島歷險的經過。事情是這樣的。二月二日那天,我一覺醒來,卻飄浮到一座荒島。沙灘上,山清水秀;森林裏,陰森恐怖。我感到十分緊張。

為了逃離這座荒島,我隨手拿起一支木棍,就沿著石路慢慢走進森林。在滿天都是霧的環境,發現了一扇大門,門欄十分破爛,還十分重。這時,我突然想到了一串來自《哈利波特》的咒語,門打開了。

開門後,三東金光照在地板上,出現了三件法寶。我立刻把全部都拿到手上。突然,天花板滴下了一滴血,抬頭一看,幸好只是紅色顏料。然後我見到了一個速度極快的怪物出現,我連忙拿一件法寶一十字架對付牠。我直接把牠定住了,接著封印了牠。最後,我把寶箱打開了,裏面有一個金閃閃的時光控制器。我馬上使用它,終於回到了二月二日的早上,但我決定今晚不再睡覺了。

在探索中,我看見了許多驚險的物品和事情,可惜沒有把三件法實帶回家,今天真是驚險萬分。

4A 吳沛琪

今天正在沙灘上玩耍,突然有一個大浪湧過來<mark>,我來不</mark>及就被海水沖走了。我掙扎地游上岸,但是我感覺身體慢慢失去力氣,就放棄便暈倒了。

當我睜開眼睛時,我十分驚訝地發現自己在荒島上。我感到很害怕,因為那裏渺無人煙,我探索周圍有甚麼東西時,發現了一道很大的門。我想把它打開,但是用多大力氣也沒有用,所以我打開我的書包,看看有甚麼可以用。結果只有一支魔法棒出現在我書包裏。

我就用魔法棒把門打開,門慢慢被打開了。我發現眼前出現了一隻眼紅紅的,牙齒和爪子鋒利的巨大怪物。當我使用魔法棒時,只出現了一支棒棒糖,所以我把糖扔到怪物方向。結果怪物被我激怒了,然後牠就追著我跑了十幾圈。怪物追著追著就累了,然後我再次拿出魔法棒,結果變出了很多很多的糖果,怪物吃了一顆糖果,然後就爆炸了。牠就這樣被我打敗了。此時我的視力忽然模糊了,當我再次睜開眼睛時,我已回到我的床上了。

能在夢中體驗到荒島歷險,真是既奇怪又可怕,希望不會有這種事情發生。

今天,我和我的貓「大聲公」去荒島探險。

來到荒島後,我看到有很多蘋果樹,樹上的蘋果十分奇怪,有正方形、球形、三角形……蘋果的色彩更是奇特的藍色,不知道有沒有毒呢?我望向四周,只有這些蘋果樹,所以我採了幾個蘋果放進背包,在我肚子餓的時候可以拿出來吃。

收集完食物後,我繼續往前走,一個洞穴突然出現在我的眼前。洞穴口被一塊大石擋著,旁邊有一行字寫著:要唸對咒語,石頭才會滾開。「巴巴拉拉卡尼那!」沒想到我只是隨便說了一句,居然猜對了咒語,石頭滾開了。我看到洞穴裏長了很多又高又長的草,給我一種恐怖的感覺。但我的貓並不可怕,牠已先跑了進去。突然,我看見貓被草纏住了,我拿出了一塊尖石頭,把草割斷,再抱起貓逃走。我在洞穴裏找出去的路,我朝著有光源和風的方向走去,過了兩小時,我和貓終於看到了出口。我抱著貓興奮地衝了出去,才發現已回到了家附近的貓公園,所以我就立即回家了。

這次的荒島冒險真是十分驚險,回到家後我把探險過程告訴了媽 媽,她還不相信呢!

荒島歷險記

4D 陳佳琦

今天中午,天氣很適合去海邊玩,於是我和我的朋友夕月打算到海邊遊玩。差不多到達海邊時,我們被神秘人召喚到了荒島。

荒島有一望無際的沙子和枝繁葉茂的森林。這座荒島似乎是由一個神秘空間組成的。夕月還沒反應過來,一臉茫然。我舉目四望,環顧荒島四周。突然,我發現了一棵棵高聳入雲的樹,像劃破了天際一樣。樹上搭建了一間樹屋,草地上有一些動物的骨頭,沙子上有快將熄滅的火苗,火上還有個用樹枝搭成的架子。我敢肯定,這個荒島上一定有人。

此時,夕月回過神來。天色不早了,我叫夕月去撿石頭和樹枝用來做斧子和木劍。製造好工具後。我們拿斧子和木劍去砍樹,還有用來防身。看天色,估計差不多晚上七時了。我們邊砍樹,邊想樹屋的設計。砍完了兩棵樹,夕月已經滿頭大汗了。而我再把樹砍成合適的大小,接著便開始搭建樹屋。半個小時後,樹屋建好了。夕月在草地睡著了,我把她抬進樹屋,然後我也呼呼大睡起來。

幾天後,我發現了在杳無人煙的荒島上,竟然出現了一個人!令我沒想到的是,那人原來是海娜!海娜在我來到荒島前就消失了。我很想去找她,但我的第六感告訴我,不能去!會有危險!然後,我打算去狩獵。狩完獵後,我便出去找找看怎樣才能回去。我繞著森林走啊走,走啊走……終於,我在一棵樹下找到了一扇門。

無論用甚麼方法,我也打不開那扇門。這時,我發現腳下的泥土和其他的不太一樣。於是,我用手把泥土挖走,泥土下埋藏著一個寶箱。實箱的樣子很古老,印有一個手掌印。剛巧和我的手掌大小一模一樣,像是特意為我準備的。我緩緩地把手放在寶箱上的掌印上,寶箱竟然打開了!

實箱裏有一把鑰匙,我用鑰匙打開了那扇打不開的門。打開門後, 門後有一把寶劍,寶劍上有藍色、白色的雪花圖案。寶劍的旁邊有張紙條,紙條上寫著如果想離開荒島的話,需要尋找兩件物件。第一件是羽蛇神的羽毛,羽蛇神住在森林的深處;第二件是海娜的頭。紙上還寫了句海娜早就不在了,你看到的海娜只是幻象。我百感交集,哪甚麼是真 的?甚麼是假的?一想到這些,我的頭便開始痛了起來。我只好停止想像,開始收拾東西慢慢走向森林深處。

走了一天一夜,終於找到了羽蛇神。我感到筋疲力竭,只好坐下來休息。等到不那麼累時,我便提心吊膽地走向羽蛇神,並小心翼翼地拔出一根羽毛。還好羽蛇神睡得很死,沒有發現。拿到羽蛇神的羽毛後,我拔腿就跑,不知不覺中走到了海娜的樹屋。

我鼓起勇氣爬上梯子,來到了樹屋。我看到海娜像個機器人一樣,一動不動死死地看著我。我感到毛骨悚然,舉起寶劍向海娜的頭砍了下去。海娜的頭掉在地板上,令我沒想到的是,她的頭沒有噴出血。一瞬間,無助、害怕的感覺湧上了心頭,我呆呆地站著,不知所措。

過了不久,我突然反應過來,拿著海娜的頭和羽蛇神的羽毛走到樹下。我再次打開門,門後不知甚麼時候突然多了一隻精靈。那隻精靈示意我把兩件物件交給他。他給了我一張紙條,就突然不見了蹤影。紙條上寫著我的樹屋有瓶藥水,我的朋友夕月被人下毒了,而那瓶藥水就是解藥,把藥水倒在夕月的嘴裏就可以了。另外,想回去的話,閉上眼睛,雙手合十,說:「偉大的森林之神,請您帶領我走出去!」說完後就會出現一條水柱,走進水柱就能回去了。紙條上還寫著,記住只能一個人走。

看完後,我以最快的速度跑回樹屋。果然,夕月躺在著上昏迷不醒。我找出解藥餵給夕月,並對她說出離開荒島的方法。夕月笑了笑,便消失了。我很驚訝!但我仍忍住傷心的淚水,跑到樹下唸咒語。最後把咒語唸完了,我醒來了!

我發現四周的環境像是醫院,附近全是不認識的人。一位醫生走了過來告訴我,原來我已經昏迷了一個月了!我呆住了,難道這一切都是夢嗎?

荒島歷險記

4D 陳鈺燕

今天,阿琪和阿琳一起去了海邊玩,但是突然<mark>一個大</mark>浪打來,她們量了過去。

一醒來,她們就到了一個無人的荒島上,四周全是海,根本沒有路回去。她們知道已經沒有退路了,只好一直向前走。

她們走到一扇粉紅色的、心形的門前,可是卻沒有鎖匙。這時,阿 琪想到之前看過一本書叫《阿里巴巴》,要用咒語才可以開到門。於 是,阿琳說:「芝麻開門!」

門打開了,一個閃閃發光的寶箱映入眼簾。阿琪和阿琳一打開寶箱,寶箱裏就出現了一個很小的精靈。精靈很熱情,但她說如果阿琪和阿琳想離開這裏,就要先幫她找到她的朋友。精靈見阿琪和阿琳頓時一片茫然,就奸詐地說:「你們還想不想離開這座島?」阿琪和阿琳異口同聲地說:「想!」因此,她們就踏上了幫小精靈找朋友的路。

阿琪和阿琳沒有注意到,原來身後有一個黑影悄悄地跟著她們……

她們一直走到了一個<mark>山洞前,山洞裏面黑</mark>得伸手不見五指,真是可怕呀!終於,阿琪和阿琳鼓起勇氣走了進去。

山洞裏竟然有一隻<mark>怪物!小精靈二話不</mark>說就發動魔法打敗了她。可當阿琪走近一看,原來那怪物是一個可愛的女孩子。她有一雙大大的眼睛,小小的嘴巴,真美麗呀!

這時候,小精靈突然哭了出來。原來,被她打倒的人竟然是她的妹妹!小精靈妹妹的身後,還藏著一個實箱呢!阿琪和阿琳齊心合力地打開了實箱,拿出了實物。

實箱裏的<mark>實物是兩對翅膀。這樣</mark>她們就可以用翅膀飛回家了!但事情往往沒有那麼簡單……

剛才一<mark>直跟著她們身後的黑影</mark>,突然出現在她們眼前!原來那黑影是小精靈的媽媽呀!她以為是阿琪和阿琳打倒了小精靈的妹妹,所以就開始攻擊她們。

最終,阿琪和阿琳合力打敗了小精靈的媽媽,並向她解釋事情的原委。小精靈幫阿琪和阿琳戴上翅膀,她們飛了上天,跟精靈說了再見後便走了。

回到家後,她們不禁想:今天真是驚險呀!但偶爾來一次這樣的旅程也不錯呢!

悲喜交集的一天

4A 胡偉祥

五月六日 星期六 晴

今天早上,媽媽問我去不去踏單車,我和姐姐都異口同聲地答應了。我開心得手舞足蹈,顯得歡天喜地和興高采烈。我懷著既歡喜又期待的心情出發了!

到了單車徑,我見有的人在踏單車,有的人在玩滑板車,還有的人在看風景。我騎上單車,想來個百米衝刺,卻被媽媽阻止下來,說怕我踏得太快,會一飛沖天一整個人都飛了出去。我總覺得媽媽在胡說八道,胡言亂語呢!我也沒有理會媽媽,就繼續自己踏單車。

隨著時間的過去,我越踏越快,快得比光速還快,一直踏呀踏,卻沒有注意到地上有一塊小石子,我就被那塊小石子絆倒。當我被那塊小石子絆倒時,卻沒有直接跌倒,而是被彈飛了上去,我就在空中七十二十度旋轉,再掉下來,我受了傷,幸好只是皮外傷,也算是有驚無險了。我就扶著單車依依不捨地回家了。

在這次踏單車之旅,我學會了踏單車時要注意安全,不然就會摔得四腳朝天。本來可以開心地踏單車的,卻遇上了意外而受傷,真是悲喜交集的一天啊!

我最喜歡的動物——企鵝

4B 曾梓軒

你知道我最喜歡的小動物是什麼嗎?讓我告訴你吧!我最喜歡的動物是企鵝。

企鵝的身材小巧, 牠們的身體有兩種顏色, 分別是黑色和白色, 毛髮是黑色的, 前身是白色的。牠們的腦袋又小又尖, 腳短短的, 牠們的 翅膀是鰭狀肢, 可以讓牠們在大海裏輕快地游來游去, 就像一條黑白色的冰條。

當地們餓了的時候,就會往海裏伸長脖子去找魚兒,成功捕魚後, 他們會叼著魚游到到其他地方才進食。牠們玩耍時會讓他的身子打平, 然後用肚子滑行,就像一個超人一樣。當地們很累的時候,就會「矗立」著睡覺,雙手貼著身旁,雙腳併攏,就像一個蠟像。

牠們是那麼的可愛<mark>,那麼</mark>的有趣。我最喜歡<u>企鵝了!</u>

我最喜歡的動物——小鳥

4D 關嘉熙

我家養了一隻小鳥,名字叫飛達。牠的性格又活潑又乖巧。

飛達全身白色,身上的羽毛像雪一樣柔<mark>軟,摸上去特別舒服。</mark>牠的翅膀非常大,細心留意的話,可以發現翅膀上有一個小花紋。牠飛起來一高一低,十分可愛。

飛達喜歡吃肉。每當我把生肉切碎時,牠總是把目光轉向我,「吱吱」地叫著,像一個非常餓的小孩。當我把「飯菜」放下,飛達就狼吞虎嚥地吃。如果牠沒有吃,我就知道牠一定又偷吃了零食。吃飽後,牠會找同伴玩,玩累了,會和同伴擠在一起睡。

有時候,當飛達睡著了,我輕力地拍拍牠的翅膀,牠也沒有醒來, 真是一隻「大懶豬」!有一次,我不小心把盤子撞跌了,把睡著的飛達 吵醒了。牠醒了後,不但沒有「大發雷霆」,反而關心我有沒有受傷, 怕我被盤子的碎片割傷了,真是善解人意。

還有一次,因為<mark>冬天來了,所以我用</mark>一塊小手帕把牠全身蓋起來,怕牠著涼。沒想到牠竟然不喜歡,還生氣地把小手帕扔在我手上。我拿 牠沒辦法,只好把小手帕收起來,牠才安靜下來。

我很喜歡這隻可愛的小鳥。因為每當我傷心時,牠都會安慰我,心 裏就不由得感到開心起來;每當我憤怒時,牠總會站在我身邊用那雙小 小的眼睛看著我,我又禁不住轉怒為喜了。

飛達,牠給我帶來了歡樂,我永遠愛我家的飛達。

保護環境的方法

4C 麥梓洋

現時地球正面對很多氣候和環境變化,例如全球暖化,使大氣層穿了一個洞——臭氧層被破壞。所以保護環境已是我們刻不容緩要做的事情。

那麼我們可以怎樣保護的環境呢?<mark>我認為保護地球環境的</mark>方法有三種,分別是節約用電、節約用水和節約用紙。

首先,我們要節約用電。因為現時發電廠發電所使用的燃料大部分為煤炭,燃燒煤炭會產生大量的溫室氣體及有毒化合物,例如:一氧化碳、二氧化碳等等。這些有毒化合物會污染環境,影響人們身體的健康。所以,我們在日常生活中要節約用電,例如使用完電腦和空調時,要關掉電源。這樣就能夠減少因發電產生的溫室氣體及有毒化合物,從而減少污染。

然後,我們要節約用水。因為食水是十分珍貴的天然資源,隨著人口增加和社會的急速發展,全球用水量不斷上升,再加上氣候變化的影響,人類正面對水資源匱乏的挑戰。我們在日常生活中,可以洗澡和洗手後,把水龍頭關上。這樣就能夠節約用水。

最後,我們要節約用紙。因為造紙需要砍伐大量的樹木,節約用紙就可以減少樹木的砍伐,保護樹木和森林。在日常生活中,我們可以把紙張兩面使用,甚至利用舊紙張空白的背面,自製筆記本或草稿紙。我們還可以使用帶有掃描功能的影印機,將需要的文件掃描並存成電子檔,代替紙張影印。這樣,我們就能夠節約用紙,保護環境。

讓我們好好實踐以上三種方法,從現在起好好保護地球的環境吧!

運動場上的人物百態

4C 林柏翹

今天早上,我、姐姐、爸爸和媽媽到運動場觀看比賽。

首先,我們來到跑道上,看到運動員在<mark>起跑線蹲下,雙方做準</mark>備動作。跑步比賽開始了,有的人用盡全力跑步,有的人因跑步用力過猛而摔倒,有的人則因為跑錯跑道而被取消資格。

然後,我們走到看台上,看到啦啦隊在吶喊助威,舞動啦啦球為他們打氣。旁邊第二線穿紅色衣服的運動員正和看台的同學揮手,他的手大幅度地揮動著,露出高興的神情,向為他打氣的同學表示謝謝。最後被召集到第三線的運動員快速地跑到召集區。觀眾一會兒吃東西和喝汽水,一會兒為健兒們加油打氣。

最後,我們到了準備區。我看見有的人做熱身,有的在談天,有的人練習跑步。比賽終於開始了,比賽的狀況十分激烈,第四線的運動員也不甘示弱。比賽結束了,所有人都滿頭大汗。評判宣佈比賽的排名,觀眾和我們都十分期待比賽的結果。比賽結果公佈後,贏的人很開心,輸掉的人卻很難過。我們懷著依依不捨的心情回家。

我感到十分開心,因為我今天看到了運動場的人物百態。

一件頑皮的事

5A 鍾澂

每當我看到飾品櫃上的小豬錢罌,就讓我想起一件不愉快的事,至 今仍然歷歷在目。

記得在二零一九年的某天,我因一時貪玩,私下拿起了弟弟的小豬錢眼觀看,那是我們在台灣旅行時親手製作的、獨一無二,我和弟弟各有一個,我們都十分珍惜。那天我一不留神,就把弟弟的小豬錢罌摔破了,那是我害怕極了!祖母馬上幫我清理地上的碎片。

我雖然很想在爸爸媽媽回來時告訴他們,我打破了弟弟的錢罌一事,我因害怕被罵,所以逃避了,開不了口。

最終事情件還是被發現,媽媽在廚房倒垃圾的時候,她看見了摔破了的錢罌,就向我詢問:「為甚麼垃圾桶裏會有摔破了的錢罌呢?」我一直默不作聲,腦袋一片空白,全身發抖,在媽媽多次提問後,我終於鼓起勇氣回答她,媽媽便問:「你為甚麼不主動跟我說呢?」我支支吾吾地回答了一道又一道的問題……

弟弟知道後淚流滿面<mark>,既傷心又難過,我</mark>便給他一個緊緊的擁抱, 安慰他,並向他道歉。媽媽向我提出建議,用自己的錢罌送給弟弟。

在這事件中,我十分內疚,因為自己一時貪玩而犯了錯,後悔莫及。自此我決定做任何事都要三思而行。

5A 鍾澂

在小時候,我做了一件頑皮的事情,讓我感到十分內疚。

當時,我的哥哥參加了一個畫畫比賽,他拿了冠軍,獲得一個獎盃。家人都開心地說:「這個獎杯就是我們家的驕傲!」我們更把獎杯放在我們家最顯眼的地方。

第二天,我約好朋友到我家裏玩,朋友提議玩耍盲雞。之後,我戴上了眼罩開始遊戲了,正當我可捉住他時,突然聽到了「呯」一聲,我馬上除下眼罩看一看,原來是哥哥的獎盃掉落在地上,破爛成了兩截。因為這聲巨響,哥哥從房間裏跑了出來,他凝視著摔破的獎盃,雖然眼中充滿了淚水,但並沒有怪責我。而我的朋友被嚇到了,便馬上離開了。媽媽回家後,也沒有責罵我,只對我說:「不要在狹窄的家玩這種遊戲,會有危險的,知道嗎?」我十分內疚,我為甚麼要玩耍盲雞呢?還讓哥哥傷心。之後,我便誠心誠意地向哥哥道歉,也得到了哥哥的原諒,但我心裏仍是非常內疚。

經過這次教訓,<mark>我明白了不能在家裏玩這種集體遊戲,因為可走避</mark>的地方太少,容易發生碰撞,造成危險。從此,我不會再在家裏玩不適當的遊戲了!

5A 林晉樂

今天,我和表哥去香港公園,因為我們聽說那<mark>裏很美麗,</mark>還有人說它是一個「世外桃源」呢!

走進香港公園的大門,就看到了行人步道,兩旁有一棵棵蒼翠的大樹,風一吹起,樹葉發出沙沙聲,一旁的假石繞著清澈的湖水,這裏已經很美了,很難想像接下來的景點怎樣了。現在我們非常期待香港公園會帶來什麼美景給我們看呢!

沿著行人步道走著,踏上白石橋,白石橋是拱形的,用石英製成,所以看起來很亮白。從橋上可以看到一群烏龜,牠們正曬太陽呢!牠們有的在游泳,有的在睡覺,有的還玩「疊羅漢」起來呢!哈哈!牠們真的好逗人笑呀!

轉眼來到崖邊小徑,旁邊<mark>可以聽到潺潺的水聲</mark>,讓人心曠神怡,放 鬆身體。

今次的旅程令人流連忘返<mark>,我們最喜歡的</mark>景點是白石橋,因為那既可以看烏龜,又可以聽**潺潺的水聲,讓我們滿**載而歸,希望可以再來一次。

5A 梁俊彦

上星期日,爸爸提議到香港公園遊覽一下。

一踏進去,我瞬間便聞到一陣淡淡的水味,是從那裏傳來的呢?原來是從一個人工湖散發出來的。人工湖上的幾塊大石上有些烏龜在懶惰地睡午覺、曬太陽。湖水清澈如鏡,大樹婆娑,相映成趣。我們慢慢地走著,一邊陶醉在清澈的湖水中,那時,我想起了兩句詩句:「涓流積至滄溟水,拳石崇成泰華岑」不知不覺已來到白石橋了,白石橋是一座拱橋,它是用石英做的,白如雪,十分耀眼。我站上去彷如置身於白雲造的橋上。當你站在橋上,你會清晰看到在水中游泳的巴西龜。巴西龜頭部兩側有鮮明的紅色條紋,他們極喜愛曬日光浴。

我們跟隨著潺潺的流水聲往前走,便看到了一個小瀑布和一個伸手不見五指、深不見底的岩洞。瀑布彷如一個由水做成的窗簾垂了下來。在岩洞裏,你可以隱隱約約看到一些高樓大廈。當你離開時,還有一些,藤蔓來為你送行,小草會用它們的身體來引領你出去。

香港公園是一個能遠離繁囂、令人忘卻生命的煩惱、也可跟家人共 聚天倫的好地方,你在那裏還可以感受到大自然的氣息和奇妙呢!

5A 鍾澂

週末,爸爸媽媽都去了旅遊,我想著我也不能<mark>呆在家中,</mark>所以我就去了香港公園進行了「一日遊」。

一走進大門,在行人路上,那清澈的人工湖面乾淨得如鏡子一樣光滑。走前一段小路,便看到綠樹成蔭,驟眼看,綠樹就有墨綠、蒼龍、碧綠之分。這些不同層次的綠,猶如一幅美麗極了的風景畫!沿著白石橋直走,路上我一直探頭下望,究竟有甚麼吸引我呢?原來是橋下一隻隻神態各異的巴西龜呢!

原來,巴西龜又名紅耳龜,<mark>啊!真的呢!他們的耳</mark>朵真的是有紅色的斑點呢。原來牠的顏色也可能會隨著年齡增加易變深。沒想到在這裏還能學習到一些課外知識,真意外呢!

跟隨著遠處傳來的水聲直走,便來到了岩洞後,看著那好像深不見底的岩洞,心裏一陣莫名的害怕。看著那瀑布,不禁回想起李白的一首詩:「飛流直下三千尺,而是銀河落九天!」走進洞內,聽著那悅耳的水聲,頓時心曠神怡。嘩嘩的水流,彷彿譜出一首由水演出的樂曲。在洞裏觀瀑還真別有一番風味,還能隱約見到一棟棟大廈。

山洞出口的樹根茂密,真像一道把洞內、外連繫著的大門。這次旅遊的地點說不是甚麼名勝古蹟,但能令人遠離繁蠶,就是一個好地方;能令人陶醉的,就是個好地方!

5B 楊日楠

星期日,<mark>我和爸爸、媽媽遊覽著</mark>名的香港公園。我們沿著地圖的指示,走進行人步道。

在行人步道上,我看見一棵棵蒼翠的大樹。大樹就像一把把傘子,為我們遮蔭。我們走了一會,便去到白石橋。白石橋的外型是微拱的,顏色是白色的。橋底便是人工湖了。我站在橋上,看見一隻隻可愛的小烏龜,每隻小烏龜都有不同的特點,有的脖子上有斑點,有的硬殼上有花紋。我們待了一會兒,便去另一個景點了。

我們走向岸邊小徑,走了一會兒,便看到一道瀑布。瀑布向下奔流,就像一條威風凜凜的白龍猛然撲在水面上,激起了無數銀白色的珍珠。

接著,我們便去到最後一個景點——洞中瀑布。當我們走進洞後裏,瀑布就變成了一幅珍珠簾,若隱若現的,陽光折射在水點上,閃閃生輝,非常耀眼。

最後,我們便回家了。

5B 曾佳雅

星期天,我和爸爸媽媽一起去香港公園遊覽。

剛走進大門, 映入眼簾的是花木茂盛的行人步道。我看見了蒼翠的 大樹, 他們筆直的背影, 就像一位威風凜凜的守衛。

沿著行人步道往前走,便是白石橋了。它的外型是微拱的,顏色是白色的,摸上去十分粗糙。我站在橋上往下看,便看到很多大小不一樣的烏龜,他們正在懶洋洋地躺在石頭上曬太陽。當你細心看看,你會發現人工湖的水是十分清澈的,就像一面鏡子,清澈得連我臉上的瑕疵也能看得一清二楚呢!

再往前走,轉眼就到了岸邊小徑。我看見了不同種類的灌木,他們都害羞地躲在一旁。

轉過身一看,正前方就是岩洞口了。我看著岩洞口的入口,卻遲遲不敢往前走,幸好在爸爸媽媽的鼓勵下,我才邁步前進。走進去後,我發現並沒有我想像中的那麼黑,一陣陣水聲傳到我的耳邊。我側頭一看,原來是氣勢雄偉的瀑布。瀑布巨大的聲音尤如狂獅怒吼,令我震耳欲聾!

我透過洞口觀賞瀑布,陽光下的瀑布閃閃生輝,耀眼極了!爸爸媽媽跟我說:「時間不早了,我們該會去了。」我只好離開這景色怡人的地方。

香港公園是一個讓人眼前一亮的世外桃源,她的身影永遠會留在我的腦海中。

5C 劉穎欣

上星期天,我們一家到了香港公園參觀和玩耍。

當我走進公園,走過那條筆直的行人步道後,我們就到了人工湖。那人工湖的下面,有碧綠的湖泊,就像鏡子一樣,可以清晰地看見自己的影像。在陽光照射下,它像一顆綠寶石,閃閃發光,顯得十分晶瑩剔透。湖泊上,有金黃和橙紅的魚兒。魚兒們體態優美,靈活地游來游去,自由自在的。烏龜們也不遜魚兒們的美麗,牠的頸頂有特別的斑點,龜殼上還有精緻的花紋呢。牠們有時慢悠悠地游泳,有時候趴在石頭上曬太陽,十分閒適。

然後我沿著彎彎曲曲的路往前走,轉眼間映入眼簾的就是那細長的瀑布。它像一條凶惡的白龍,由空中俯衝下來。水聲雖潺潺地響著,但也柔情似水。瀑布擊打在水面濺出雪白的珍珠,像銀蝶在空中飛舞。擊落後的水花,在陽光的折射下顯得閃閃生輝,也模糊不清。

從瀑布出來後,眼前就是白石橋。橋是雪白的,外型是微拱的,像 彎彎的月亮般美麗。

參觀完香港公園後<mark>,大家都意猶未盡,</mark>因為這裏有宏偉的瀑布,賞心悅目的人工湖,令我們都心曠神怡。

5D 徐心邯

這個星期天,我和爸爸媽媽到香港公園游玩。

首先,我們先到行人步道。那裏樹影搖曳,綠油油的大樹就像威風 凜凜的守衛,站在公園的兩旁。花兒香氣淡雅,含苞待放,一陣微風吹 來,花兒被微風吹得左搖右擺,好像在向遊人打招呼。

接著,我便來到白石橋,橋的形狀呈拱形,白石橋的質感凹凸不平,堅硬無比。我站在白石橋上,人工湖景色盡收眼底。

沿著小徑往前行,我們來到人工湖,湖泊清澈見底,湖水恬靜地躺著,好像一面鏡子。當我還陶醉欣賞翠綠的湖水,突然發現有一條小魚游了過來,仔細一看,一群鮮艷奪目的小魚自由自在地追逐。那裏還有大大小小的石頭,石頭上還有很多烏龜,牠們的形狀大小不一。牠們有的在曬太陽,有的在慢悠悠地爬來爬去,有的把頭縮在地方可以去龜殼子裏,真的很休閒呢!

再往前走,我們到了小徑盡頭有一個山洞,走進去後,我看見一道小瀑布,小瀑布的氣勢雄偉,好像一把長長的銀髮,水面發出清晰響亮的聲音,濺出飛花碎玉,好像雪白銀白的珍珠。

黄昏時分,天邊繡上紅通通的晚霞,我們懷著依依不捨的心情回家。我期望下次可以再來。

5D 陳嘉瑤

看著這張照片,就想起那次到香港公園的經歷,真是令人懷念啊! 星期一,我和朋友到香港公園遊玩。當我走進公園,那條景色宜人 的行人步道帶領我們開始遊公園的旅程。一路上,香氣淡雅的花兒左搖 右擺,就像在向遊人招手。

步道的盡頭是一條微拱的橋。站在白石橋上俯視人工湖,我看見清澈的湖泊悠閒地躺著,像一面鏡子,倒映著四周的景物。湖裏有鮮豔奪目的魚兒,自由自在地游來游去。

然後,我們走過石橋,到達岸邊小徑。我們一步步走近,嘩啦嘩啦 的聲音變得真切起來。我看見美麗的瀑布在崎嶇的石山上分成兩段傾瀉 而下,就像一把長長的銀髮。水流拍打在水面上,就像飛珠濺玉,眼前 的美景宛如仙境。

小徑盡頭有一個山洞,我原以為裏面會是伸手不見五指,可是走進去後,映入眼簾的景象卻使我目瞪口呆:我看見瀑布變成輕紗,折射陽光時像有無數的小亮片飛墜而下。水花濺到臉上,涼絲絲的。我們在那裏觀看了一會兒,然後便離開了。

最後,我們懷著意猶未盡的心情回家了。今天真快樂啊!

運動會

5C 楊熙

一年一度校<mark>運會又開始了,運動</mark>場上到處彩旗飄揚,每個參賽者神 采奕奕、英姿<mark>煥發、正摩拳擦掌……</mark>觀眾席上人聲鼎沸,熱鬧非凡,之 後比賽正式開始了!

運動場的東面正在進行著跳遠比賽,只見一位男同學向前直衝;然後,張開雙臂,準備向上擺動;最後,發力向前跳,在六十五米落下,得到了銅牌。而西面正在進行的是跳高比賽,只見一位女同學首先大踏步助跑,然後踩在踏板上,最後,左腳用力一蹬,完美跳過橫桿,得到了金牌。

接力比賽開始了!每個參賽者都炯炯有神。選手們都預備好起跑姿勢,只見老師舉起白旗,一聲令下,每個選手都如離弦之箭,飛也似的向前衝。各個選手們都齊心協力地傳接力棒,一場龍爭虎鬥展開,誰也不讓誰。觀眾席上掌聲和吶喊聲響成一片。離終點越來越近時,選手們的速度越來越快,觀眾的情緒越來越高漲,大家的心情也越來越緊張。

隨著五甲班的同學衝向終點,全場沸騰,掌聲和歡呼聲響成一片。 運動會結束後,我感到十分難忘,亦滿心期待明年的運動會!

難忘的中秋

5A 羅子聰

九月十日 星期六 晴

今天既是一個令人十分難忘和熱鬧的中<mark>秋節,也令我明白了</mark>一個道理:我們需要陪伴我們的家人,好好珍惜這一段美好的時光。

今天是中秋節,我們一家人計劃<mark>了一個完美的旅程。我</mark>們想在接近傍晚的時候去沙田公園,然後到外公和外婆的家吃一頓豐富的的團年飯。我想這次的中秋節一定十分有趣啊!

計劃好後,我們就去樓下的便利店購買了很多能發出色彩繽紛的螢光棒,然後去了西餅店買了很多像太陽一樣金燦燦的月餅,有很多口味,有奶黃味,蓮蓉味,還有榴蓮味……買完月餅後,我們就把月餅放進冰冷的雪櫃裡,以免融化。收拾完後,我們就出發去沙田公園。

去到沙田公園入口時,我看到這裡人山人海,水泄不通的,我們要怎麼樣才能進去呢?我被那金光閃閃的燈火吸引,驚訝地說:「天啊!這裡的裝飾既豪華又美麗,更有各式各樣的燈籠,最震撼的是在沙田公園中央的巨型充氣月亮和充氣兔子,十分壯觀啊!」

最後我們一起去外公外婆家吃團年飯,有很多菜餚,有水煮魚,有 燒乳豬,還有玉米蘿蔔湯……吃完團年飯後,我們還有飯後甜品——湯 圓,外婆說:「吃了湯圓,一家便團團圓圓!」我們都吃得津津有味。

吃完甜品後,我和外婆坐在窗台旁聽外婆講故事,說著說著,我發現外婆臉上的皺紋好像多了很多。我瞬間感觸良多,親情是世上最寶貴的東西,我要好好孝順他們。最後,我們跟外公外婆說再見後,就回家去了。

今天的經歷令我明白了一個道理:我的成長因有家人陪伴而精彩, 快樂!將來,我也要為家人帶來更多更多快樂。

周記一則

5A 畢煌略

七月十四日至七月二十日

本星期表哥從英國回來探望我們,還在我們家住宿。而我們還帶他 遊覽了很多地方呢!

第一天,我們到機場接機時,我東張西望,想要個人群中尋找表哥的身影。不久之後,我就在人群中看到了一個高大的身影。當我看清楚他的臉時,感到熟悉但陌生。那正是我的表哥,當他也凝視了我一會兒,他就向我跑過來,我們互相擁抱,這個難忘的畫面是多麼的期待已久呢!

我知道表哥喜歡看海景,所以安排了第一天到長洲。出發到長洲要坐半個小時的船,在途中,更可觀看海景。船經過海面,海水就會泛起雪白的浪花。長洲不但能感受坐船的感覺,還可以欣賞維港的風景,真是一舉兩得。到了長洲,在我眼前出現的不是老式的漁村,而是獨特的美食街。走進一看,除了一家接一家的小食店外,還有無數的海鮮餐廳,就連海面上也有數不清的船環繞著島嶼,一眼望去也看不到盡頭。經過沙灘,小朋友們在沙灘上玩耍,我們一直玩到太陽下山才乘船離開。

第三天,我們一齊去獅子山登高。雄偉的獅子山出現在我眼前時,第一時間我就想放棄,表哥鼓勵我要對自己有信心。然後表哥拉著我一起向山頂進發。過程中,我們遇上了頑皮的猴子、更看到潺潺的水泉和河流。一路爬山,不知不覺中,便到了望夫石,望夫石從遠方看只是一個小點,但它可是有十五米的高度。此外,從山頂向下看,可以看到香港的全貌,就是這美麗的香港,吸引遊人來到山頂拍照打卡。

第五天,我們要去海洋公園玩機動遊戲,這是我第一次去海洋公園,我們慕名而來,心裏非常興奮。我們到達海洋公園,眼前的是異常壯觀的大門。走進海洋公園裏,有著很多奇特的建築,好像進入了仙境一樣。我們先去看海洋生物,裏面有很多不同種類的魚,還有鯊魚、鯨鯊和魔鬼魚。然後我們去乘坐海洋列車,列車裏還可以觀看海洋生物。下車後,我們去玩了過山車等機動遊戲,很快就到晚上了,我們樂而忘返,玩得不亦樂乎呢。

不知不覺已經過<mark>了一個</mark>星期了,雖然表哥要回英國了,但我也過了 一個難忘的一周。

日記一則

5B 楊樂希

九月十日 星期六 晴

中秋節晚上,我和家人去了婆婆家吃中<mark>秋節晚飯。我們吃了</mark>春卷、 湯丸、柚子、提子……吃完飯後,便去了公<mark>園。</mark>

公園裏人山人海,有的人在玩花燈,有的人在猜燈謎,有的人在玩螢光棒,洋溢著歡樂的氣氛,真熱鬧!公公跟我說「嫦娥奔月」的神話故事,我們都聽得津津樂道。弟弟說現在沒有管理員,提議「煲蠟」。「不行!不行!就算沒有管理員,我們也要自律。」公公說道。然後公公便跟我們猜燈謎,媽媽最聰明,總是搶先說出答案。最後,我們便一起吃月餅和水果。

我們帶著依依不捨的心情回家了。今年的中秋節很特別,玩得十分開心,也學會了自律的精神。我我很期望下年中秋節再到這裏玩。

5D 鄭俊浩

九月十日 星期六 晴

中秋節晚上,我和家人去了婆婆家吃中秋節晚飯。我們吃了春卷、 湯丸、柚子、提子……吃完飯後,便去了公園。

公園裏人山人海,有的人在玩花燈,有的人在猜燈謎,有的人在玩螢光棒,洋溢著歡樂的氣氛,真熱鬧!公公跟我說「嫦娥奔月」的神話故事,我們都聽得津津樂道。弟弟說現在沒有管理員,提議「煲蠟」。「不行!不行!就算沒有管理員,我們也要自律。」公公說道。然後公公便跟我們猜燈謎,媽媽最聰明,總是搶先說出答案。最後,我們便一起吃月餅和水果。

我們帶著依依不捨的心情回家了。今年的中秋節很特別,玩得十分開心,也學會了自律的精神。我我很期望下年中秋節再到這裏玩。

大東山的秋色

5A 盧宇深

一看見房間中那一片枯黃的落葉,我就想起:我和家人去大東山遊玩時快樂的情景。為甚麼我們要去大東山呢?因為大東山的秋色,真是十分迷人。

上山的道路彎彎曲曲的,我們走得十分辛苦。我只是走了一會兒,就已經氣喘吁吁,汗流滿面了,但是哥哥的步履輕盈,沒有看出一絲辛苦。原來他沒有像我一樣,跑著前進,而是慢悠悠地走著。山路兩邊長滿了芒草,有的人站在石頭上拍照,有的人在欣賞山下的風景,有的人在大石上休息,芒草隨風飄動,就像在和我們打招呼,秋風吹在臉上,為我們揩抹掉汗水。

從山上往下看,高樓大廈就像大大小小的積木,真有趣!芒草遍佈山頭,散發出陣陣清香。一大片的芒草就像一張金黃色的地毯,觸摸上去,十分舒服,還會發出沙沙的聲響呢!

走到山頂了,我們感受著清爽的秋風,看?無邊無際的海洋,遠處的 島嶼一動也不動,就像一隻隻烏龜,躺在海洋裏休息。

不知不覺已到黃昏了,太陽漸漸落下,那美麗的風景,讓我讚嘆道:「實在太漂亮了!大東山的秋色,果然名不虛傳!」我依依不捨地離開了大東山。今天真是難忘的一天,大東山為我們留下了美好的回憶呢!

5C 謝嘉官

夏天悄悄<mark>地走了,大東山已經換上</mark>了秋裝,你想到那裏走一趟,和 我一起尋找秋天的蹤影嗎?

沿著彎彎曲曲的山路漫步,上山的路一點也不輕鬆,看著連綿不盡的石級,我感覺這路程會非常挑戰我的耐力。剛開始,我還是步履輕盈地上山,沿途也看到山路兩旁長滿了枝繁葉茂的樹木,還有樹蔭呢!

走到半山腰,有的有人在拍照,有的人在欣賞大東山的景色。我由山腰向下望,看到人們像螞蟻一樣小。之後,我看到一排排連綿不絕的芒草遍佈山頭,我摸了摸芒草,它們給我的感覺十分粗糙。一陣清風徐徐吹來,芒草好像在向人們招手一樣。秋風吹來,芒草發出沙沙的聲音。在陽光照射下的芒草像一張金黃色的地毯。看那多麼美麗的芒草花田,可它又是那樣平凡、那樣渺小!

終於走到山頭,<mark>聽到呼呼</mark>的風聲,感受秋風溫柔的擁抱,我們眺望遠處的山峰,看到一層層的薄霧,再俯瞰遠處的島嶼,看到的島嶼十分 渺小。

大東山的秋色讓人不<mark>想離開。你一定會喜歡這個大東山,因為它讓</mark>你流連忘返,如癡如醉……

大東山的秋色

5D 黃梓喬

金色的秋天來了,大東山換上了秋裝,它已經被秋風抹拭非常潔淨 而美麗。

沿著彎彎曲曲的山路漫步,看見高低不一的石階,遠處還有一棵棵 筆直的大樹,抬頭看見蔚藍的天空和白雲,是一幅很美的圖畫。再往前 走,是連綿不盡的石階,遊人們汗流浹背。太陽一時光一時,像是在和 遊人加油打氣一樣。

到了山腰後,人們紛紛拿起拍照<mark>,在山腰向下望,高聳</mark>入雲的大廈 卻變成積木般一樣細小。我看到一排排的芒草相互擁擠,遍佈了整個山 頭。仔細一看,芒草的外型像羽毛形狀,長長的,用雙手觸摸它們,感 覺有點粗糙。突然有一陣風徐徐吹來,芒草發出颯颯的聲響,像是歡迎 我們似的,在陽光照射下的芒草,金燦燦的,像一張金黃色的地毯。

走到山頂,秋風颯颯地吹<mark>過,像是在輕撫我</mark>的臉龐,仰望長空,蔚藍的天空與一望無際的大海連成一片,眺望遠處的山峰被薄霧披上了一件輕紗,美麗極了!

啊!秋天的大東山<mark>,你那迷人的風景,</mark>金色的芒草,給遊人留下了 多麼美好的回憶。

籃球的自述

5D 溫孝健

我是一個**籃球**,是主人八歲時的生日禮物。主人非常喜歡我,我身穿橙黃色的衣服,衣上還有幾條黑色線條。

第二天<mark>,我才知道小主人他連基</mark>本的拍球技巧也不會,我還以為小主人會因此而半途而廢而拋棄我。但在這日,他說出了他的夢想就是要成為正如「科比」出色的職業球員,但我也是不抱太大的期望。

這個星期,主人他不停練習拍球動作,我發現原來主人對籃球非常 有天賦,只是練習了一個星期,他的球技就已經突飛猛進。他常常自己 一個人在球場裏訓練,這天主人照常練習時,他的同學來一起打比賽, 主人在同學面前大顯身手,我感到十分自豪。

不管春夏秋冬,主人還是堅持著,每天還帶我訓練,我也開始對主人充滿信心。真是「皇天不負有心人」,主人帶?我代表學校參加比實,獲得了冠軍。

現在我已傷痕纍<mark>纍,從</mark>一顆全新的籃球,<mark>已變成一個破破爛爛的籃球,主人已經十八歲了,就算他現在拋棄我,我也此生無憾,因為我已經完成了陪伴他的使命。</mark>

記一次頑皮的事

5A 張詠嫺

小時候的我很容易發脾氣,在我兩歲那一年,我做了一件不應該做 的事,我開始反省自己的行為。

那是一個初冬的星期天,媽媽帶我由大圍出發,我們坐巴士後,再轉港鐵到青衣公園遊玩。青衣公園地方很大,媽媽帶我去玩滑梯、韆锹、又讓我在草地奔跑。青衣公園種植了楓樹,楓葉開始變得又紅又黃。人工湖邊還種植了落羽松,雖然當時已不是盛開至最火紅的時候,不過媽媽都為我拍了不少相片,我古靈精怪的樣子,把媽媽逗得哭笑不得,不過,接下來的事卻惹得媽媽發怒了。

我們在青衣公園玩了大半天,大家都又餓又累。臨走前,媽媽帶我去洗手間如廁,但我在洗手間內,久久也排不出半滴小便,門外排隊的人龍愈來愈多,媽媽不好意思讓別人久等,於是把我抱起離開廁格,可是年幼的我卻在此時大吵大嚷:「我要去廁所!我要去廁所!」然後大力踹腳,更躺在公廁污糟又濕漉漉的地板上嚎哭,把身上的衣服都弄髒了!也把平日最講究清潔衛生的媽媽惹起怒火了!媽媽左手抓起我,右手大力打我屁股:「你這樣頑皮,這樣野蠻,這樣發脾氣,我不要這樣躺在公廁地板的女兒!」媽媽慣怒得真的不想要我了,在洗手間內排隊的姨姨、嬸嬸都勸我:「小女孩,公廁地板十分骯髒,聽媽媽話,不要再發脾氣躺在地上了。」幸好媽媽帶備後備衣物,給我替換,我才不至於「污糟貓」的模樣坐車回家。往後的日子,偶爾也會發脾氣。

有一次<mark>,我和媽媽在街上見到一</mark>名乞丐躺在地上,路邊有煙頭、痰液,還有一隻蟑螂爬過,我嚇得想躲在媽媽身後,我終於明白為甚麼那次媽媽會火冒三丈,因為除了家中的地板確保乾淨衛生,街上和公廁的地面真的不要躺啊!更重要的是,我必須學會控制情緒,動腦筋解決問題才是上策。

5B 余金蘑

星期六,我張開眼睛,便發現自己仰躺在一個陌生房間中,我感到 頭痛欲裂。我回想一下,想起自己昨天做了一個夢,夢裏有很多水。我 一張開手掌,就發現手掌中有水出現,我竟然可以操縱水!

我懷著雀躍的心情,想和我的好朋友分享。走著走著,我來到隆亨。這時,我聽到人們大叫:「有火災!」然後,我全神貫注望著大火,並念著咒語,水就從天而降。「沙」的一聲,一股濃煙冒出,火就熄滅了。人們目瞪口呆,感到難以置信。

我繼續往前走,回到家裏。此時,我看見媽媽走進廚房煮菜。突然,我聽到「砰」的一聲,我看見廚房裏有大火包圍了媽媽。我感到心急如焚之際,我想到我可以運用超能力。然後,我全神貫注地望著大火念出咒語。這一次,水卻沒有出現。我馬上拿起手提電話打電話給消防員,消防員立刻前來救火,幸好媽媽及時被搶救回來。

回想剛才的事,我感到很慌張,這亦令我領悟到做人應該要腳踏實 地。

5B 張雅琳

今天我一<mark>覺醒來,我看到一個老婆</mark>婆,老婆婆向我說:「你可以擁有三個超能力。」我想了想便說:「我要讀心術。隱身術和心想事成。」只見老婆婆揮手,說:「你現在擁有那些超能力了。」

我經過一間銀行裏,看見有三個?匪正在搶劫。我利用隱身超能力,在?匪背後發出鬼聲,成功把他們嚇跑。之後,我到公園散步。突然,我看見一個小女孩在哭泣,我便利用讀心術,看看她發生甚麼事情。原來,她十分貧窮,她媽媽生病了,沒有金錢買藥。我在心裏說:「讓他的媽媽痊癒。」然後便讓小女孩回家。

回家路上,我看見一幢破破爛爛的大廈,還看見剛剛的小女孩,我 說:「原來這幢大廈是那個女孩的家。把它變成一幢高大的大房子。」 還沒說完,一幢又高又大的豪華房子出現在我面前。

我回家後,我的<mark>家亂七</mark>八糟,我想:「把家裏變得乾淨。」只是一瞬間,便變得整整齊齊。突然,我聽到一把熟悉的聲音,原來,這一切都是一場夢。真希望有一天夢境會成真啊!

5B 葉晞汶

睡前,我在看《超能力者》,看著看著,我說:「我可不可以擁有 超能力呢?」不一會,不知不覺地中我睡著了。

在一片朦朧中,我看見藍女在我家中。她對我說:「小朋友,你想不想擁有超能力?」我點點頭。「你在擁有超能力了,我也要走了。再見!」藍仙女說。我難以置信地想:我真的有超能力嗎?我可以像《超能者》們一樣幫助別人嗎?」

我來到小表妹家, 小表妹帶我外出玩。我看見一位瞎眼的老伯伯正想過馬路。我默默地說:「讓老伯伯的眼睛恢復光明。」老伯伯很驚訝, 大叫起來, 因為他恢復光明。他很高興地走了, 我走著走著, 看見銀行被搶劫, 立刻飛過去, 一下子就把三個劫匪捉住, 然後把他們交給警署。

突然,媽媽把我叫醒了。這場<mark>夢讓我深深地</mark>感受到擁有超能力可以 幫助別人。即使沒有超能力,也可以幫助更多有困難的人!

5B 黃柏潼

今天,我一張開眼睛,便發現自己身處在一條陌生的街道上,我感到頭痛欲裂。我回想了一下,想起我走在路上時,突然就掉進一片虚空,然後有一個神祕人把讀心的超能力給了我。

我懷著興奮的心情,想分享給我的朋友聽。走著走著,我來到了馬路上。這時,我用超能力聽到前面行動不便的老奶奶想過馬路,但是她不好意思開口。然後,我就上前去問:「要不要我扶你過馬路?」她說:「好的。」幫了她後,我開心得眉開眼笑,像要飛起來似的,我感覺自己非常棒。

我繼續往前走,來到了一條街道。此時,我聽見有兩個可疑的人在那裏竊竊私語。我想到這又是我運用超能力的好機會了。我發動超能力,竟聽見他們要去搶劫銀行。我冷靜下來,現在最要緊的是打電話給保安。可是,他們翻著白眼,一臉輕蔑,沒人相信我的話。但是很快地,他們便發現了銀行門口的確有兩個可疑人員,於是他們立刻將那兩人逮捕。經過查實,他們真的是來搶劫的。保安們想起剛剛我說的話,連忙打電話過來謝謝我。我知道後感覺自己做了一件非常偉大的事情。

最後,我領悟到了能力越大,責任越大,我要幫助更多的人。

5C 黃筠雅

有一天,我在看手機時,不知不覺地睡著了。模模糊糊中,有一位 慈祥的老婆婆對我說:「你已經擁有超能力了!」說完,老婆婆就消失了。

我一覺醒來的時候,已經是七時五十分,快要遲到了,我趕緊跑回 學校。回校途中,突然,有一隻兇犬撲向我,我嚇得閉上眼睛。當我再 睜開眼睛時,我已經在學校門口了,我很驚訝!我竟然擁有瞬間轉移的 超能力啊!

回家的途中,我看見一位小女孩一邊過馬路,一邊看手機,連交通 燈已轉為紅色,她也沒發覺。剛巧有一輛車駛過來,我馬上用瞬間轉移 的能力救了她,小女孩感激地說:「謝謝!經過這次的教訓,我以後也 不會在過馬路時開手機了。」看到她平安無事,我十分高興。

當我經過公園的時候,突然聽到小孩的呼救聲,我沿著聲音找尋,來到一棵大樹下,小男孩張皇失措地對我喊著:「嗚嗚……救我啊! 救我啊!我被樹枝卡住了。」然後,我就用了超能力把它從樹枝上救了下來,並安慰他說:「沒事了!沒事了!不要害怕。」小男孩鬆一口氣你說:「十分感謝你。」

突然,我被一把聲音叫醒了:「快起床啦!要遲到了!」原來這是一場夢!假如真的有瞬間轉移的超能力,我一定會做更多有意義的事。

5B 葉晞汶

今天,我一張開眼睛,便發現自己身處在一條<mark>陌生的街道上</mark>,我感到頭痛欲裂。我集中精神,發現自己懂得穿越時空,一瞬間便來到了十分鐘後。

我懷著半信半疑的心情,想試驗一下這超能力。走著走著,我來到了銀行門口。這時,我看到一群小偷要正在搶劫銀行,我感到不知所措。此時,我靈機一動,想到了我可以用超能力。首先,我穿越到事情還沒有發生的時候,並通知警察在銀行門口埋伏,最終成功阻止了搶劫案。成功解決一件事了,我拍拍胸口,放下心頭大石。

我繼續往前走,來到了十字路口。此時。我聽到尖叫聲。然後,我又看見人們雞飛狗跳。原來世界末日到了,魔王出現亂殺無辜。我跑回家,看見媽媽倒臥在血泊中,使我不知所措。我想到了這又是我運用超能力的好機會了。首先,我穿越時空,來到魔王出生的那一刻,竟發現魔王就是我的弟弟,只是不幸地被人拐賣了。我及時救下他,給他一個溫暖的家庭。十年過去,他長成了一個大善人。又成功解決一件事了,我洋洋得意。

最後,我被媽<mark>媽喚醒了,我意猶未</mark>盡,亦明白到一個幸福的童年對人的成長是很重要的。

電視機的自述

5D 蕭巧霖

躺在一個既多雜物又多老鼠的堆填區裏,我這一生的回憶一幕又一 幕地出現在我的腦海裏。

我出生於二零一四年十二月三十一日,我是一部電視機。我的身體方方正正,穿著一件黑色的衣服,具備多功能,既可以上網,又可以玩遊戲,熒幕也十分清晰,給人穩重可靠的感覺。

還記得在二零一五年三月十五日那天,我站在一個木架上,那時我一直滿懷期待,希望有人帶我回家。終於有一天,一個陌生人來到了這家店。他來買電視機,一看見我就眼前一亮,選中了我。被選中後,我感到十分興奮。主人把我買回家後,我每天會為主人放映電視節目,我的臉會變成不同的影像,使主人生活更豐富,並帶來更多樂趣,這樣的生活使我感到十分開心。主人則每天都會幫我清理,把屏幕抹得乾乾淨淨,我十分喜歡主人。

時光飛逝,轉眼間三年過去了。某一天,主人外出了一段時間。他回來後,卻抬著一部新電視機。接著,主人把我丟在一旁,把新電視放了在我本來站的位置,我便躲在一旁哭了起來。就這樣,從那天開始,我每天都看著主人用新電視,感到痛不欲生。最後,我在主人熟睡的時候,啟動自毀系統,把以前主人和我之間的回憶一件一件地洗去,一點不留,因為我活得太孤獨了……

如今,我已經十分殘舊。我想對主人你說:雖然天下無不散之筵席,但是沒想到我們相處的時間卻這麼短。這是我最後的心願:你買回來的物品,請一定要珍惜。

電視機的自述

5B 翩补折

躺在垃圾桶裏,我這一生的回憶像走馬燈般在腦海閃現。

我是一個膠紙帶。我的身體形狀像一個蘋果,穿著一件粉紅色的衣服,可以不斷拉出雙面膠紙,給人活潑可愛的<mark>感覺。</mark>

還記得一年前,我站在文具店,那時一直沒人買我,我已經心如止水。終於有一天,主人來到了這家店,她往貨架瞟了一眼,便目不轉睛地凝視著我,因為她覺得我很特別。被選中後,我興高采烈。主人把我買回家後,她握著我,在紙上一拉,我就噴出口水(雙面膠),我覺得自己很慘,口水也快噴光了。主人還把我隨處亂丟,發泄她的情緒,使我的心像被千刀萬剮。

時光飛逝,轉眼間三個月過去了。某一天,主人太興奮了,失手一扔,我便飛落而下,掉到街上。有一隻小鳥叼走了我,把我帶到垃圾桶裏。最後,我終於解脫了,心裏鬆一口氣。

如今,我已經自由自<mark>在。我想對主人你說:</mark>天下無不散之筵席,我 們永不再見吧!

橡皮的自述

5B 葉晞汶

有一天<mark>,我在上課時覺得太無聊</mark>,於是用尺子把橡皮分成兩節。 「叮」的一聲,我發現自己在文具店裏,我竟然變成了一塊橡皮。

我不能再活動了,我十分害怕。這時,我的同學陳志明來到文具店,我大叫:「志明,救救我吧!」可他只聽到奇怪的聲音,滿臉狐疑,不知道發生甚麼事!幸好,他最後把我買了回家。

他十分珍惜我,對我呵護備至。我們相處得十分愉快。

直到有一天, 惡夢開始了。志明把我帶回學校, 大家對我的外貌讚不絕口, 非常羡慕志明。可是, 志明的朋友黃樂賢沒有帶橡皮, 他就把我借了給他。黃樂賢卻沒有好好使用我, 竟把我分成兩節, 又用鉛筆戳我, 就這樣, 我變成兩塊千瘡百孔的橡皮……

鐘聲響起來了,原來這只是一場夢。經過這件事,我學會了要好好 珍惜我的橡皮。

手提電話的自述

5D 何樂麟

我是在「蘋果」生產出來的智能手提電話,我的外型十分帥氣,還 有三個黑色的鏡頭。

有一天,當我在商店裏正在涼空調時,突然有一位媽媽帶著她的兒子到了商店裏挑選手提電話,我聽到他們挑選的條件後,我的屏幕立刻轉向他們的視線,並展示著「高容量、屏幕清晰」的畫面。他被我吸引了,便請求媽媽把我買下來,媽媽就立刻購買了我,我心想:「我真聰明!」

我和主人回家後,他立刻拆開我的房子,我和我的兄弟一耳機,一起被主人拿出來了,我的主人連忙把我插上電源,充了電的我精神飽滿,就這樣,盡責的我每天都進行著我的工作「充電、和主人上課、陪伴主人玩手機遊戲和聽音樂等等。」還有,我的主人也會定時幫我清潔身體。

記得有一次,當主人做功課時,不小心把我的「臉」摔倒了,令我破相了。他嘩嘩大哭,立即找了家裏的手提電話致電給媽媽。媽媽下班後立即帶我到「醫院」進行急救。我痛極了,因為老闆沒幫我關機便進行急救。

但是我的身體愈來愈差,也逐漸不受控制了,一開始我下載一個遊戲只需半小時,但現在的我卻要用上大半天得時間才能下載完成。隨著我的衰老,生命也走到盡頭了。我只想在最後倒數幾個小時陪伴我的小主人。時間一分一秒走了,我也走到了生命的盡頭,是時候關機了,我真的不捨得我的主人呢!

一件童年往事

6A 黃子謙

每當我打開相簿,看到自己從單車滑倒的背影時,真是哭笑不得。

在我六歲那年的時候,我們經過一個租借單車的場地。我們看到很多人都在騎單車,甚至還做出一些花式動作。我看到此場景,突然心血來潮,問媽媽:「我可以試一下騎單車嗎?」媽媽回答道:「可以,但無論多辛苦,你也不能半途而廢,可以嗎?」「嗯!」我點了點頭。爸爸給我租了一輛紫色的單車。我立刻就騎上去了,媽媽幫我扶著單車,我卻說不用。我踏著腳踏,單車便向前走了。不過,帥不過三秒,「呯——」我便從單車上跌下來了。

我又再嘗試了五六次,也沒有成功騎車。我開始想放棄了,但媽媽就像看穿了我一樣,說:「不能放棄。」我只好繼續嘗試。「呯——」我哭起來了,我不想再試了。媽媽走了過來,對我說:「我扶著你,再試一次,好嗎?」「嗯。」我腳放腳踏,努力平衡著自己用心往前騎去,咦——我成功了!我開心得像一隻兔子一樣跳了起來,我又再試了幾次,也成功了。媽媽開始放手,我竟然沒跌倒!我已經捉到騎車的那種感覺了!

直到現在,這件事仍讓我感到很難忘。在我學會騎單車的過程中,心情可真說是大起大落。從不想再騎,到了很喜歡騎單車。現在回想起來,也真是讓我捧腹大笑。如果讓事情重來一次,我仍會努力學的,或許應該是更加努力學,才對!

一件童年往事

6A 彭浩霖

每當我到小明的家,看見他家的電視,我都會想起那一段非常難忘的記憶……

那一天,我和表哥一起到小明家裡玩耍。我們玩了很久,累得躺在沙發上。此時,小明提出看影片。表哥說:「看動畫片,沒意思,要不看些刺激的?」我說:「那看什麼?」小明和表哥異口同聲地說:「看鬼片!」

小明把電視打開後,便和表哥好像在商量什麼。由於那時的我年紀 小膽子沒他們大,所以我像一隻烏龜一樣,坐在最後面。鬼片播到一 半,並沒有太恐怖。這時表哥開始把聲音放大,而那時,我並沒有太過 在意。突然,表哥和小明以飛快的速度往大門跑去,並把大門關上。我 嚇得不知所措。此時鬼片最恐怖的一段來了,我嚇得瘋狂敲打大門,我 的呼喊聲大的就像全世界都能聽到。

五分鐘後,表哥和小明終於把大門打開了,看著我尿褲子的我。最後,表哥和小明也被他們的媽媽罵了一頓,他們也跟我到了歉,現在想起來,真是有一種懷念的味道呢!

6C 何佳軒

每當我看到這一張照片時,我都會想起我幼兒園時的老師和朋友。

雖然我已經忘記了我幼兒園朋友的名字,但我一定記得我跟朋友的快樂回憶。我最印象深刻的是有一次,老師給我們每人一個蘋果,然後別人都開始吃的時候,而我想著留給姐姐吃,這時候老師來了,老師聽完我的話就說:「你非常好,想著給姐姐吃,那我再給你一個吧!」就是這一件事,令我非常深刻。第二次是我跟一個朋友玩的時候,他突然昏厥了,我馬上帶他去醫療室,本來跟他關係非常差,但是情況緊急,我就帶去醫療室,後來,他更被送進醫院去。然後每星期,我都去看探望他。之後我們的關係好了起來。

雖然我們已經長大了,但怎也忘不了這些童年回憶呢!

一件童年往事

6D 随补恩

一看到那間補習社,我就會想起那時候我和她<mark>在那間</mark>補習社的種種 回憶。

她是誰?她是我在補習社認識的好朋友。那年我才八歲,因為成績不太理想,所以媽媽就幫我報了補習班。

我第一天去補習社的時候,因為太緊張,雙腳發抖,緊張得如熱鍋上的螞蟻,一直站在門口不敢進去。這時,有一個短頭髮、面帶微笑的女生走了過來說:「你是誰?為何站在門口不進去呢?」「我……我今天第一次來……」她拖著我的手說:「原來你也是來補習的!我們做好朋友吧!我叫胡寶珠,我帶你進去!」我顫顫巍巍地說:「麻……麻煩你了!」

之後,無論是在補習社做<mark>功課,還是到公園玩耍</mark>,我和她形影不離的,我們說過要做一世的好朋友。

直到現在,雖然我不再補<mark>習,不過我們還會</mark>經常聯絡。每次一想起我們剛認識的時候,我都會很懷念,那些點點滴滴就像剛才發生一樣。

家務機器人

GA 何詠鵬

現在是二十一世紀,科技發達,人工智慧普及。我製造了一個家務機器人,功能齊全。不但方便,還可以大大節省人們的時間,你知道有什麼功能嗎?

這個機器人的外型非常可愛,它有一雙跟貓一樣的耳朵,一雙護目鏡一樣的眼睛,在肚子上有一個屏幕,有一雙可以伸縮、彎曲的手,一個張輪子一樣的腳,答案還有兩把刷子;身體主色調是黃色,身體前有一級一紅兩個按鈕。

首先,它的眼睛可以識別倒垃圾並且檢查周圍有沒有清潔用品,例如:它的面前有垃圾,他會尋找周圍的清潔用品以清理垃圾。

其次, 它的耳朵可以辨別聲音, 還可以聽從指令。例如當主人說: 「拿掃把, 清理床底。」它的手就會拿起掃把清理?底。

然後,他的嘴巴可以噴出洗潔精和吸塵,而腳可以快速移動,旁邊的刷子可以配合眼、口、手來打掃家裏。例如當嘴巴噴出洗潔精,然後用腳旁的刷子清理地面。

總括來說,這個機器人功能齊全,可以令我們的生活更方便,令我們的未來變得越來越好。如果可以大量生產這個機器人,一定可以造福人類!

日記一則

6A 張翠婷

十月三日 星期三 雨天

今天真是倒楣啊!颱風還得回學校上課<mark>,放學還弄</mark>得狠狽不堪, 唉!都怪我沒有聽媽媽的話。

昨天晚上,媽媽看完天氣預報後提醒**我:「明天下大雨,**記得帶雨傘。」我敷份地回答她明天再說。

今天早上,天色陰陰的,媽媽打<mark>開電視,看到正懸掛著三</mark>號風球。 學生還是要如常上課。出門前,媽媽再次提醒我:「今天下雨,記得帶 雨傘!」我看了看天色,根本沒有下雨,就沒帶傘便出門了。

在學校上課時,雨答答響起來。小息時,同學們把手伸到窗外,感 受與敵在手上的感覺。

放學時,雨停了。我急急忙忙地跑回家。可是途中又開始下雨了, 我還不辛摔了一跤,我狼狽得不知所措。我爬起來,又再次往家的方向 跑。

回到家後,媽媽見到<mark>我全身濕透的樣子,</mark>連忙讓我去洗熱水澡。可是,我還是著涼了,自然沒免得媽媽對我那「愛的嘮叨」。

唉,這就是自作自受吧!

6D 王泳軍

十月十日 星期一 雨天

今天,我睡到自然醒,出到客廳,我瞪大眼睛一看,大喊:「怎麼八時了?」我問媽媽:「媽媽,你為什麼沒有叫我起床?」媽媽淡定地說:「今早天文台掛起十號風球,你不用上學。」這時我才注意到外面哩哩啪啦地下著大雨。

知道今天停課,我開心得手舞足蹈,但我仔細一想,今天不能出去玩,哪可以做甚麼呢?似乎只能呆在家中,這可不妙,我會十分無聊。對了!本來今天要默書,雖然今天不用上學,但老師一定會在明天補默,我可要快點溫習了。

這時,我望出窗外,看見有人在海邊觀浪,多麼危險!萬一他們跌入海中,定必被大浪捲走,上不來了。外面狂風暴雨,本來人來人往的街道,變得空無一人,但街上的大樹仍然無所畏懼,挺立筆直的身體。

隨後,我打開電視看新聞,新聞報道說這次颱風對香港帶來很多壞 影響,但颱風很快便會離開,看到這裏,我鬆了一口氣。

這些自然災害真可怕!有時被它「打過」的地方都是林木盡毀,滿 目瘡痍,我也很佩服那些救災英雄,甘願犧牲自己去拯救那些素不相識 的人。

最懷念的人

6A 張凱文

我還記得上一次回到老家我三年級的時候。那時外公已經白髮蒼蒼。照片上那壯健的外公已經一去不返了。

在我小時候,外公經常來探望我,跟我一起玩,帶我吃好吃的,讓我有一個快樂的童年。外公很喜歡踩單車,也經常帶我去兜風。他常常跟我?:「凱文啊!你知道你名字的含義嗎?『凱』——是希望你長大後能夠有所作為,將來會凱旋歸來,『文』——是想你做個文雅的人。」他告訴我,世界很大,希望我長大後能夠展翅高飛。

外公很喜歡騎單車,可經常摔倒。外公跟我說:「跌倒不要怕,只要我們不怕,便可以像不倒翁一樣站起來!」後來外公漸漸老了,身體也出問題了一一他的耳朵聽不到聲音了!漸漸地他的身體機能變得越來越弱。但是他對騎單車的熱情仍未減半分。終於有一天,外公在騎單車時再度摔倒並從單車上跌下來了。這次他終於承受受不了到了,每天只可以躺在醫院的病床上,不能說話。我們因疫情在香港不能回老家探望和照顧他,我們感到十分內疚。終於有一天,家鄉傳來了一個噩耗一一外公去世了。

外公的離開使我傷心了好一段時間。最後也只能無奈地接受。外公 他曾對我說不要怕,站起來,只要勇敢嘗試,就可以成功!這句話對我 影響深刻,也作為我的座右銘,外公!我會永遠懷念您!

最懷念的人

6A 黃逸塬

今天,我正在收拾房間。我在一個櫃子裏找到了一個佈滿灰塵的盒子。我慢慢地將它打開,裏面是一條銀鏈字、一對髮卡和一支精美的毛筆。這些物品彷彿令我回到了童年時代……

我清楚地記得姥姥與我一起經歷過的事情。四歲時,那是我和姥姥第一次見面。我當時有些害羞,所以不太敢說話。姥姥見我在發呆,便主動邀我一起看電視。我驚奇地發現,我和她看電視的反應幾乎是模一樣的,當電視在播放搞笑節目時,我和她不約而同地大笑起來;當電視在播放恐怖節目時,我和她一起尖叫起來……

還有一件和她有關,並且令我深刻的事。那次,她帶我去了她種的橘子樹。她一邊摘下了兩棵橘子,一邊對我說:「你看,這棵橘子樹其實是有一個個小小的種子種植、生長出來的。它們不但味道甜,精神也很令人佩服呢!它們每天都在這裏吸收陽光生長,即使遇到風吹雨打,它們也仍然頑強地堅持下去。這份精神令人敬佩,我們做事也一樣,要成為一個就是堅毅不屈的人。」我好像明白,又好像不明白似的點點頭。

回港六個月後,姥姥因病過世了。我盡量紀念她的東西都收進了一個表面貼?我和姥姥合照的盒子裏。

我十分<mark>懷念她!姥姥,我想對您說</mark>,謝謝您那些年對我的教導!我 一定會成為一位做事堅毅不屈、品德高尚的人!

6A 鄭亭予

每次看到這張風景照片,我都會想起那次在太平山頂看到的壯觀景色。

那天,我們成坐山頂纜車來到舊山頂道後,緩緩地向山頂的方向出發。從山徑向外遠眺,藍天白雲一望無際,有一幢幢的高樓大廈,有一片片翠綠的樹蔭。我們來到了白加道纜車站,在那裏,從山上鳥瞰錯落不致的景色變得渺小,近處是茂密的樹叢,坐在涼亭下看著這美不勝收的風景,真是十分愜意。

我們沿著山徑再走了一會兒,終於登上了太平山頂,也看到了山頂 廣場和凌霄閣。凌霄閣的外型融合了碗形與「拱手示體」的概念,它的 外型就像一個彎彎的月亮。凌霄閣的隔壁就是山頂廣場,它是一座透明 玻璃建築。進入山頂廣場,裏面真是美食天堂,也有各式各樣的商店。

最後,我們乘扶手電梯到頂樓,來到了凌霄閣摩天台。這裏是一座 360度觀景台,在此觀看風景特別美麗。凌霄閣摩天台在不同時段所呈現的面貌也各不相同。白天,白茫茫的薄霧,籠照著維多利亞港的景色,仿如披上了神秘面紗的少女;黃昏,斜陽直照下,太平山頂從天藍、灰藍、逐漸變成橙色、深藍,顯得十分美麗;晚上,而在銀色的月光下,維多利亞港在萬家燈火的映襯下,顯得十分璀燦。

太平山頂的景致真是令人震撼的絕世美景。香港這顆「東方之珠」果然名不虛傳。

6A 蘇柏朗

今天,我在電視上看著一個節目,內容是在介紹太平山的景色。這令我想起之前在太平山上看到那恍如仙境的景色。那一天,媽媽帶我到太平山,說要讓我看看香港真正的「美麗風景」。我們先乘火車到中環,再乘的士到太平山腳。來到那裏後,我們走上斜斜的舊山頂道,緩緩地向前出發。

我們一邊走一邊欣賞山道沿途的風光,美輪美奧。向下看,我看見一幢幢高樓大廈,有茂密的翠綠樹蔭;往上看,有一望無際的藍天白雲,像一塊塊軟軟的棉花糖。山徑兩旁一根根的燈柱像在列隊歡迎我們。向前走到了白加道纜車站,山徑位置越高,景物越小。我們坐在長凳上,等待纜車到來。纜車慢慢上來,我們走進纜車,前往下一個目的地。

我們登上山頂廣場,山頂廣場有很多很時尚的商店。商品各種各樣,但都非常昂貴。另一邊有一年續車的模型,十分真實。我們還看到一艘「大船」一一凌霄閣。我們走路正門,昂首一看,凌霄閣顯得十分宏偉。我們乘扶手電梯到項樓的摩天台,看到維多利亞港的景色非常美。在不同的時段,太平山的景色也不同:在白天,白茫茫的濃霧籠罩著維多利亞港,恍如披上神秘面紗的少女;斜陽夕照下,太平山頂從灰白、灰黃、逐漸變成粉紫色、淺藍色,顯得分外有神秘感;而在銀色的月光下,維多利亞港被大廈燈光映襯出七彩繽紛的璀燦,給人一種夢幻的感覺。

太平山這景色果然名不虛傳,令我大開眼界。我希望這「東方之珠」能永遠長存,我也希望將來能帶著我的子女來看一看這非凡的景色。

6B 林曉儀

在那趟旅程中,令我深深感受到這裏的絕色美景,真是名不虛傳,讓我大開眼界呢!

今天,媽媽提出到太平山頂遊玩,我二話不說就準備好用品。接著,我們乘坐巴士到了舊山頂道,那裏的山徑十分陡斜,走路時都要小心翼翼的。我們慢慢沿著道路走,一直走,看到了那裏的沿途風光,一邊吹?風,一邊走路,十分清爽呢!

時間過得真快,已經到了白加道站,這兒是乘坐纜車便能上到山頂 廣場的「萬能纜車」!我們坐上纜車,它緩緩地向山頂的方向前進。一 會兒就到達了!這裏人山人海,到處堆滿了遊人。

我們緩緩走到凌霄閣正門,它的外型十分獨特,有兩支垂直的巨大長方體,支撐著一個半浮在空中的「半西瓜」,就像彎彎的月亮。裏面有許多各式各樣的紀念品,還有許多不同的美食店,簡直是「美食天堂」!

來到我最期待的地方——凌霄閣摩天台。這裏的景色千變萬化!在白天,白茫茫的薄霧中,籠罩著維多利亞港的景色,仿如披上神秘面紗的少女;而在斜陽夕照下,天空慢慢從橙黃、金黃,逐漸變成淡黃,淡粉紅,五光十色;到了晚上,整個城市瞬間變成萬家燈火,映照著海面與上空,泛起了紫色的光量,絢爛耀眼,猶如仙境。

太平山頂的景致,讓我感受到魅力之都,果然名不虛傳,希望下次還有機會來感受「東方之珠」獨特的魅力。

6B 劉樂妍

每當我看到這個鎖匙扣紀念品時,我都會想起<mark>那一次我和一家</mark>人去遊太平山頂的經歷,記得那天陽光普照,我和家人乘巴士到舊山頂道。

我們走在陡斜的山徑上,從山徑外遠<mark>眺,我看到藍天白雲。</mark>然後我們來到了白加道纜車站,從高向低處看,我看見茂密的樹叢和錯落有致的高樓大廈,風景美不勝收。

到了!我們到了山頂廣場,它融合碗形與「拱手示禮」的概念,獨特的外觀吸引了很多遊客。我們推開玻璃門,這裏有賣各式各樣的紀念品,我們就買了一個鎖匙扣作紀念品,除了有很多紀念品外,這裏還是美食天堂,售賣各地不同風味的美食。

接著,我們來到了凌霄閣摩天台,這裏不同時段有不同的面貌:在白茫茫的薄霧下,籠罩著維多利亞港的景色,仿如披上神秘面紗的少女;斜陽夕照下,滿天的彩霞,像仙女撒下的一抹紅色彩帶,像待嫁姑娘臉上的紅暈。銀色的月光下,星星在天空閃爍,給人一種恍若仙境的感覺,景色千變萬化。

欣賞完太平山頂的景致後,我感到景色真的令我大開眼界,香港真是很有魅力,真不愧是「東方之珠」。最後我們依依不捨地離開,希望下次還有機會來。

6D 劉沁悠

香港有許多名勝,你知道令我印象最深刻的名<mark>勝是甚麼嗎</mark>?就是位 於香港島的太平山頂了!

要登上太平山頂,可乘搭世界上其中一年最古老級最享負盛名的纜車,試一趟難忘的體驗。整條鐵路都是以綱索來拖行的,經過陡峭的山坡,沿途可以俯瞰維多利亞港的景致。一路上,身體不由自主地向後傾,藍天白雲、高樓大廈和翠綠樹陰看起來都好像傾倒在一旁的,感覺十分美妙呢!

過了十分鐘之後,我們就登上了山頂廣場旁邊的凌霄閣。仰首一看,凌霄閣變得非常宏偉。我們走進大門,沿著扶手電梯就到凌霄閣摩天台。其實,除了享負盛名的夜景外,遊客白天也可以在此看到山下具有豐富特色的建築物,例如有中銀大廈、怡和大廈、國際金融中心等等,就算趕不及遊覽香港所有的地方,都會去太平山頂行一趟,證明自己也到過香港呢!怪不得人們普遍認為太平山頂是香港最有名的名勝。

凌霄閣摩天台在不同時段所呈現的面貌也各不相同:白天,白茫茫的薄霧,籠罩著維多利亞港的景色,恍如披上神秘面紗的少女;黃昏,斜陽夕照下,天空變成了橘紅色,像一位塗上胭脂的少婦,顯得儀態萬千;晚上,夜幕低垂,山下的高樓大廈亮起霓虹燈,五光十色,中銀大廈閃閃發光的,惹人注目。

欣賞了太平山頂的景致後,我不禁驚嘆:原來太平山頂的景色真的 是名不處傳呀!

遊太平山頂

6B 劉樂冊

每當我看到這個鎖匙扣紀念品時,我都會想起<mark>那一次我和一家</mark>人去 遊太平山頂的經歷,記得那天陽光普照,我和家人乘巴士到舊山頂道。

我們走在陡斜的山徑上,從山徑外遠眺<mark>,我看到藍天白雲。</mark>然後我們來到了白加道纜車站,從高向低處看,我看見茂密的樹叢和錯落有致的高樓大廈,風景美不勝收。

到了!我們到了山頂廣場,它融合碗形與「拱手示禮」的概念,獨特的外觀吸引了很多遊客。我們推開玻璃門,這裏有賣各式各樣的紀念品,我們就買了一個鎖匙扣作紀念品,除了有很多紀念品外,這裏還是美食天堂,售賣各地不同風味的美食。

接著,我們來到了凌霄閣摩天台,這裏不同時段有不同的面貌:在白茫茫的薄霧下,籠罩著維多利亞港的景色,仿如披上神秘面紗的少女;斜陽夕照下,滿天的彩霞,像仙女撒下的一抹紅色彩帶,像待嫁姑娘臉上的紅暈。銀色的月光下,星星在天空閃爍,給人一種恍若仙境的感覺,景色千變萬化。

欣賞完太平山頂的景致後,我感到景色真的令我大開眼界,香港真是很有魅力,真不愧是「東方之珠」。最後我們依依不捨地離開,希望下次還有機會來。

颱風的一天

6C 張曦文

十月十四日 星期五 陰

今天一大早,我被煩人的颱風吵醒了。

我起了床,刷了牙,打開電視看新聞,教育局宣布因颱風襲港而停課,心裏樂透了,不過也有點可惜,因為今天有我最喜歡的課。

平時乾淨的街道,這一刻因為狂風暴雨的原因變得混亂不堪,人們的雨傘被吹得左右搖晃,公園附近的大樹被風吹得東歪西倒,一些樹幹也被吹斷了,小草被雨淋濕濕漉漉的,還有幾支嬌嫩的小花草也早就不成樣子了。

傍晚,雨漸漸小<mark>了,風勢緩緩減弱了。因為這天的颱風為香港帶來</mark>了前所未有的壞影響,可我卻甚麼也做不了,唉!

穿越時空,回到宋朝

6A 胡粉儀

今天在放學路上,忽然下起了大雨,我匆匆拿出雨傘擋雨。走著走著,雨愈下愈大,我一路小跑回家。由於跑得太快我沒有看足下,一不小心踏到一個水窪,然後我就昏了過去。

當我醒來時,我發現四周的人都穿著宋朝的服飾,他們嘴裏都說著:「金人快要攻打到這兒了!」我身上還穿著鎧甲,這時我才驚覺:啊!我穿越到宋朝了,還變成了軍人!四周的人因為聽到金人快要攻打到這兒的消息就都慌亡逃跑。這時一把洪亮的聲音說:「大家不要害怕,只要我們軍民齊心協力就可以把金人打回北方了!」當他走近時,我發現他就是大名鼎鼎的岳飛和他帶領的岳家軍,他們果然軍紀嚴明:「凍死不拆屋,餓死不擴掠」。然後岳飛對我說:「岳雲你快快隨我到前線去抵擋金軍吧!」我才發現原來我變成了岳飛的兒子,而不是普通的士兵。

就這樣我和父親一起南征北伐,打了很多勝仗,收復了很多被金軍 奪去的失地。正當我們想要乘勝追擊,繼續收復更多失地時,宋高宗卻 一意孤行,選擇求和。當天下午到晚上父親一共收到了十二道金字牌, 都是宋高宗下令退兵的。我記得岳飛收到十二道金字牌後退兵,之後沒 多久便被害死了。

這時父親打算班師回朝,我馬上跑過去阻止他,並對他說:「父親,這其實是秦檜聯合金人游說皇上的,你快上書給皇上吧!如果皇上不信,我們也不要回去,反正我們回去也是白死,打仗戰死也是死,不如多打幾仗把金人打跑,造福百姓和收復所有失地,寧願為國家民族捐軀吧!」父親聽了覺得很有道理,於是就上書宋高宗,宋高宗才知道真相,於是寫了親函給父親,親函中說道:「朕曾誤信奸臣,如今醒悟,已罷免秦檜並誅其九族,朕定必支持將軍收復失地,一切軍需糧餉,定依時送達。」

當我和父親看完宋高宗的親函時,我突然頭痛,然後就昏倒了。醒來時,我又回到現代了。我回到現代後做的第一件事就是上網搜尋岳飛生平,發現他的生平大事表上沒有了被秦檜害死這項,還多了幾項彪炳戰功呢!

穿越時空,回到宋朝

6B 林詠詩

「啦啦啦!」我嘴裏塞著麵包,背?沉重的書包,又蹦又跳的往校門走去。突然,腳上好像被一些東西絆倒了,我的臉朝著地面摔去,「砰!」的一聲,我就量過去了。

不知過去了多久,我醒來後迷迷糊糊<mark>地聽到自己的聲音:「誰啊?</mark>這麼沒有禮貌!」我絲毫沒有察覺到自己的聲線變柔和了,我低頭一看,發現自己變得更豐滿了,還穿著一件漂亮的漢服,我驚訝得大叫一聲,「怎麼會這樣?」可能是聽到了動靜,房間的門被的人敲了敲,打開了。

「楊貴妃?你怎麼了?」一個穿著樸素的年輕女孩輕輕地推開房門,「呃,我沒事。」我說道。我想著:「我是楊貴妃?那我豈不是貌美如花?」我欣喜若狂,往室外衝去。

還沒走多久,有人說:「楊貴妃,請你過來一下。」我轉個頭,看到了一個穿著端莊的男子,他的臉上流露?些許悲傷,我沒多想,跟了過去。

一會兒後,一群人神情嚴肅地看向前方,不久,那個男人才說話:「玉環,我將賜你白綾,你應該知道怎麼做了吧。」「什一一什麼?」我心想著:「我好不容易成為了『四大美女』之一,怎麼第一天就要自盡?還不如回去上課好呢!」

我說道:「那小女子能先回去嗎?」「行。」「謝皇上上,那失陪了。」我接過手中的白綾,一下子就跑去回去了,真沒想到那男人是唐玄宗啊!

這白綾還挺漂亮的,我把它蓋在頭上,打算偷偷逃出宮外。

雖然這裏防守較嚴<mark>密,但幸好</mark>他們都是「瞎」的,根本看不見我。 經過我的一番折騰,終於逃出來了。

我懷著激動的心情,假裝自己是遊客,成功登上一艘船。

正當我快要上船時,我一時大意,鬆開了緊緊抓?的白綾。突然「呼」的一聲,白綾被吹了下來,人們都看?我。

「完了,完了……」我一直重複著這二字,也可能是我的美貌令大唐衰落,人群中的一位男子,拿著一把利劍向我衝來,我不知所措,腳下一滑,掉進海中。

「救命!」我發瘋似的喊著,沒人願意向我伸出援手,那男子冷冷地看了我一眼,把劍往海裏扔去。

利劍割破了我的手指,鮮血緩緩流出,我的意識漸漸模糊,我沉入 海中,彷彿看到了學校。

穿越時空,回到梵高時代

6B 周泓臻

有一天,我在觀賞梵高的畫作時,突然聽到<mark>有人在</mark>兜售名畫的聲音,然後眼前一黑,就暈了。

當我張開眼時,眼前看見的是一家酒吧,裏面有一個人,他拿著一幅畫,祈求老闆可以用兩瓶酒和他交換。但老闆不同意,他沮喪地走了出來。我定睛一看,發現他拿著的畫,不就是著名畫家梵高的名畫「向日葵」嗎?我頓時十分震驚,於是走了過去,給他付了買酒的錢,然後詢問他的名字,他說:「我叫梵高。」我聽到後大驚失色。他見我願意和他攀談,便請我到他的家裏坐。一進入他的家,我驚喜地發現這裏堆滿各種各樣的畫作,他卻無奈地跟我說:「這些畫都沒有用的,沒有人會買,即使我送給別人都沒有人要。」他說完後,我才想起他是死後才受人讚賞的,目前的他還是個寂寂無名的畫家呢。

突然,他拿著一把掃帚就衝了出去,他說他看見了一頭怪物,想把它殺掉,但我卻看不見怪物,我看見他在亂揮著掃帚,才記起他生前是有幻覺的,這隻怪物應該就是他幻想出來的。過了一會兒,他停下了,然後返回家中。我隨著他走,回到家裏後,他拿著他的「向日葵」,然後想用白色顏料擦掉,打算畫出怪物的樣子給我看,我連忙制止他,說:「將來這幅畫會變成名畫的!」他疑惑地看著我說:「將來?」

我發現自己說漏了嘴,只好一五一十地跟他著,他聽了後,對我半信半疑,我只好拿出手機,他顯得有些震驚,我跟他說這是我們現在生活用的通訊設備,給他看了後他才相信我說的話,忽然他的眼睛濕潤了,他想不到有人竟然欣賞他的畫作,之後我再次眼前一黑,又暈過去了。

我醒來後,發現自<mark>己回到了</mark>現代,我以為他的幻覺會自動消失的, 只可惜最後他還是自殺了,我慨嘆天妒英才。我十分欣賞梵高充滿生命力的作畫風格,希望自己將來也可以做一個和他一樣著名的畫家。

穿越時空,回到古代

6E 佘思瑶

今早一覺醒來,發覺自己不是躺在熟悉的?上<mark>,而是來到</mark>一座荒涼的 山岡裏。我查看豎立在路邊的石碑,上面寫的竟然是「景陽岡」三個 字!

我嚇了一跳,莫非自己回到了古代?這個景陽岡正好是大英雄武松揚名立萬的地方,看來我有機會一賭這位打虎英雄的廬山真面目了。於是,我躲在一塊大石後面,靜心等待「他」的出現。

過了沒多久,聽見一個人唱?歌步上小山岡來。我定睛一看,這個人帶?哨棒,正是武松。他中等身材,並不像書裏說的那麼魁梧。這時,樹 林裏傳出吼叫聲,老虎出現了!

武松十分勇敢,馬上拿起哨棒向老虎砸過去。可是老虎身手靈活,輕輕一躍便躲開了。武松三番四次發動攻擊,但都徒勞無功。這時老虎 有點輕敵,竟然得意忘形地躺在地上,不再躲避。

武松剛才用盡力氣攻打老虎,已經累得筋疲力盡,站在地上直喘氣……我看到這一幕情景,忍不住笑了出來。老虎聽到我的笑聲,十分憤怒,翻身向我撲過來……

我大聲尖叫,發覺自己仍然躺在熟悉的床上,剛才只是一個夢了吧!

穿越時空,回到古代

6E 佘思瑶

今早一覺醒來,發覺自己不是躺在熟悉的床上,而是來到一座荒涼的山岡裏。我查看豎立在路邊的石碑,上面寫的竟然是「景陽岡」三個字!

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我大聲尖叫,發<mark>覺自己仍然躺在熟悉</mark>的床上,剛才只是一個夢了吧!

周記:清明節

6E高雋悅

四月四日至四月十日

晚上,爸爸告訴大家明天到山上掃墓,要早點起床,囑咐大家早點睡覺。可是我躺在床上,遲遲無法入睡,可能是心情太過緊張吧?

第二天,我們很早就到達目的地。我更加緊張了,不敢亂動,怕不小心做錯事,破壞了整個儀式。

祭禮開始, 爸爸首先小心翼翼、恭恭敬敬地擺放祭品。大家都沒有說話, 更不要說是講笑玩耍了。氣氛十分嚴肅。然後, 各人依照年齡大小上前「裝香」及行禮。

第三天晚上,我們一家人穿得整整齊齊的,帶備伴手禮,到外公外 婆家吃飯。

一年一度的明節,是我們禮敬祖先的日子。慎終追遠是中國人的美德,我們一定要傳承下去。

穿越時空,回到古代

60 張騰文

在媽媽的命令,我奉命讀完了這本厚厚《上下五千年》。其中,有一個故事,我比較喜歡,那就是「雞鳴狗盜」這個成語有關的典故。看完這本書後,我就有些昏昏卻睡了,然後,我就睡了。不知我睡了多久,接著我睜開眼睛看到的竟然是一個我不知道在哪的地方。還有,我發現我身上居然穿著古代的衣服,這裏的人都穿著古代衣服。我有些不理解,剛想弄清這到底是怎麼一回事的時候,只聽有人突然喊到:「齊國的孟嘗君,正在招收人才,人家快去啊!」

聽到這一個聲音,我終於年青了這是怎麼一回事了,原來是我在 《上下五千年》里看到的齊國孟嘗君正在廣招人才。好像我記得,這裏 面有個典故吧!這麼一來也就是說,我穿越了,那好吧!「既然來,則 安之。」

於是,我也跟著其他人一起,到達孟嘗君那裡。孟嘗君這時,看見我們來了,熱情地招待我們。我們坐下後,開始詢問是甚麼急事,孟嘗君如實道來,我們聽完之後勸孟嘗君不要擔心,我們這麼多人,總有辦法的。最後,經過大家想的辦法,解決了問題,這就是後來的典故。

接著,鈴鈴的一聲,我突然醒了過來。原來我剛才在做夢。

建築機械人

60 王希哲

我想創造一個能夠幫助人類的機械人。

這個機<mark>械人叫做建築機械人,它不但外型獨特,而且有高級的人工智能,能替人類移動及搬運重物,是新一代理想的建築好幫手。</mark>

建築機械人有一個圓形的頭,圓圓的眼睛,它的肚子是一個液晶顯示屏,它的腳底有四個可三百六十度旋轉的大滾輪,使它能在幾秒內改變方向,動作十分靈活。

建築機械人的手臂是用鐵造的,可以搬動很多的重物,它的雙手可以伸縮,可以把重物抬到高處。

值得一提的是:<mark>建築機械</mark>人是可以利用太陽能操作的,不僅不用補充能源,而且能把太陽能轉化成電能,放在電池備用。

建築機械人如果可以大量生產普及應用,一定可以更快地建築更多 房屋。

均衡飲食

6C 楊燕婷

均衡飲食是維持健康的要素,我們應依照「健康飲食金字塔」的原則飲食,以穀物類為主,並多吃蔬菜及水果,進食適量的肉、魚、蛋和奶類及其代替品,減少鹽、油、糖分;並以去肥剩瘦,多採用費郵輪的烹飪方式如蒸、燉、炆、白灼等或用易潔鑊煮食、及減少煎炸,以求達致飲食均衡,促進健康。

不同的食物有不同的營養價值,<mark>因此身體不能從單一食物</mark>中得到全部所需營養素。

每天應該要有四類食物,穀物類至少四碗,蔬菜類最少三份,水果類最少兩份,肉、魚、蛋及代替品四至六份,奶類及代替品兩份,油、鹽、糖吃最少,流質飲品六至八杯。

以上建議為身體健康的人<mark>士而設,長期病患者</mark>及有特別營養需要的 人士,應向家庭醫生及營養師諮詢切合個人需要的飲食建議。

6E 佘思瑶

甚麼是「均<mark>衡飲食」?它是指我們</mark>進食前要思考一個問題:哪些食物有益?哪些食物有害?

進食過量的煎炸食物,可能引起糖尿病和高血壓;進食過少肉類會引致營養不足,發育不良。從以上可見,不同食物含有不同的營養,我們不應該偏食。

除此以外,我們要多採用低油量的烹調方法。還有,正確的份量也 很重要。總之,我們對食物分類和進食份量要有認識。

食物金字塔告訴我們:穀類食物含有碳水化合物,要多吃。蔬果類含有纖維、維生素、礦物質等,要常吃;油鹽糖是含高熱量的,要少吃;魚肉乳類含有蛋白質,要多吃。

總而言之,只要均衡飲食,就可以擁有健康的身體。

均衡飲食

6E 高雋悅

小朋友們,你們平常所吃的食物是否有營養和健康呢?你們是不是 吃快餐店的煎炸食物?那麼,現在就讓我們來好好了解均衡飲食的重要 性吧!

首先,食物金字塔的分類是這樣的:穀物類、水果類、蔬菜類、奶品類、魚肉蛋類、油糖鹽類等。你知道嗎?食物也有分健康和不健康的,經常吃油鹽糖類是對身體有害的。這些東西只能適量地進食。如果過量就會引致身體生病,例如糖尿病、癌症、腎病等,嚴重的會引致死亡。

對身體有益的食物就是穀物類和蔬果類。多吃米飯、麵、麥片等,能減少疾病,令身體健康。而且他們是每天不可缺少的。

總而言之,均衡飲食有<mark>助我們成長,是健康與</mark>否的關鍵,所以大家 一定要注意。

最懷念的的人

6D 袁楚峰

隨著時間流逝,有些事情我都忘記了,但有一件事讓我深深地刻在 我的腦海中,那就是我和太公的一段往事。

小時候<mark>,每逢暑假,家人就會</mark>帶我回到沙頭角——我的家鄉。每次回去,太公都會親自出來迎接我們。他的個子很高,有著水靈靈的眼睛和爸爸的鬍子,能讓你感到他是一個慈祥的老人。

記得在我六歲的時候,我和家人一起探望太公。太公當時年事已高,走路時步履蹣跚,但他總會掛著親切的笑容,高高興興地走到門口迎接我。有一次,太公提議我們一起出去走走。沿路風光優美,還有一些特別的店舖,我們一起說說笑笑,閑話家常。我很開心,因為太公和我分享一些他小時候的回憶,一些令我覺得非常特別的故事。

可是好景不常,去年,太公過世了。太公雖然離開了我們,但他的 笑容、他對我說過的話、他的故事烙印在我的心裏,我會銘記於心。

放學路上的下雨天

6B 林詠詩

九月二日 星期五 陰

哎呀!我如果沒有那麼大意,或許就不會感冒了!

昨天,我坐在教室裏,聽著陳老師講課。一分一秒很快過去,不知不覺,熟悉的放學鐘聲響起——「叮叮噹」,我立刻抄起書包向著學校大門跑去。突然,原本蔚藍的天空漸漸變暗,一滴水從天而降,「啪噠!」的打在我的頭上,我當時沒有太在意,一心只想趕快回家,心想:「就算是鳥屎,我也不管——」

還沒想完,一陣雨嘩啦嘩啦地下個不停,我立刻變淋成「落湯雞」!我把書包放在頭上邊跑邊嘀咕:「怎會這麼倒楣啊?」我跑到最近的建築物避雨,沒想到天下雨也「不講武德」,還帶了一陣大風把雨吹歪了,我只好淋著雨跑回家了,儘管我有多麼不情願,雨也沒有因為我而停下來。

當我終於回到家了,可是我發現鎖匙不見了,找遍了整個書包也找不到,我硬生生在家門口坐了很久,終於看到姐姐下班回來了!雨就在這時停了。

這真是倒楣的一天!

6B 劉心

九月十六日 星期二 雨

今天放學前<mark>,我樂在其中。因為我</mark>將會和表姐一起去踏單車。剛剛的太陽姊姊消失了,啊!黑漆漆的雲朵伯伯出現了,它是否要哭?我將那些事情放在心裡,準備放學。

回家途中,我很擔心。忽然,一滴水,兩滴水……慢慢滴在我頭上。啊!下兩了,不可以和表姐踏單車了。不過,這不是重點!重點是我沒有帶兩傘啊!我便找一個涼亭去避雨。那時十分寒冷,因為雨水很冷,沾上雨水的我,好像在用冷水洗澡。

我終於找到了涼亭啦!然後打電話給媽媽,叫她來接我。過了一會兒,媽媽來了,她不滿地說:「我早上已經提過你帶雨傘了,你又不聽我的話!」我覺得有點尷尬,因為回家路上的同學在看我笑話呢!

過了一段時間,我們回家了。打開我的紫色雨傘,聽到雨滴打在葉子上,打在花朵上,打在樹幹上……淅瀝淅瀝,啪啦啪啦,嘩啦嘩啦,發出很多不同的聲音,整條街像一條音樂街一樣,心情也隨著好轉了。

原本,我不喜歡下雨天,雨天給人憂鬱的感覺,因為使人沒辦法出外玩耍,只能們在家中看書。現在,我喜歡下雨天,因為雨天在夏天可以降溫,而且雨帶給種子養分使植物更加茁壯,所以我喜歡雨。

雖然我不可以與表姐踏單車,但也有一個有趣的雨經歷。

放學路上的下雨天

6B 陳靜欣

五月二十八日 星期三 雨天

今天真倒霉,被淋了一身雨水,還被媽媽教<u>訓了一</u>頓。唉!早知就 聽媽媽的話啦!

早上準備出門上學時,媽媽抬頭看了看天氣:「帶把雨傘吧!今天 天氣不太好。」我回應了一聲:「知道啦!」可我卻沒有拿雨傘,我心 想:又沒下雨,拿著雨傘那麼麻煩,我才不拿呢!

果然,放學回家的時候,雨嘩啦嘩<mark>啦地下著。我後悔了,</mark>早知就聽媽媽的話了!我慌了!這可怎麼辦?沒辦法,我只好冒著大雨,先跑到學校旁邊的商場,打算到便利店買一把雨傘,可架子上空空如也。唉!我還是跑回家吧!

我冒著大雨堅定地向前走,可走到一半,我已經變成了「落湯雞」。回到家中,媽媽看見我的狼狽樣子,惡巴巴地盯著我說:「早叫你帶雨傘,你偏不聽。你看,報應來了吧!下次再這樣,一個月的零花錢就沒了!」

唉!早知就聽媽媽的話,不自以為是啦!

我們的醫學機械人

6D 王泳軍

我們製作的機<mark>械人是醫學機械人,我</mark>們為他取的名字就是「醫學機械人」。它的身體儲存了許多藥物和救援搜索工具,主機設有人工智能系統,就算沒有人控制,他也會繼續行動。外殼還裝置太陽能發電板, 能定期自動充電。機械人的機身是用鉛合金製作的,非常堅固。

機械人身體儲存大量藥物,所以身體很像一個「百寶箱」,而且手臂非常靈活。它的手臂可以無限伸縮,並設有轉換機關,可以把手轉換成疫苗注射器。當有人被困的時候,機械人可以利用雙手破壞地形,以便救援團隊拯救出被困的人。腳是有兩個平衡越野車輪,可以輕易越過障礙物,上山下海進行救援工作。

機械人眼的功能很多,它可以掃描到病人的體內情況,分析病人的 受傷情況,初步判斷病人需不需要動手術。此外,機械人的耳朵非常靈 敏,可以利用聲波檢測附近有沒有人發出求救訊號,並通過病人說出來 的病徵,對症下藥。

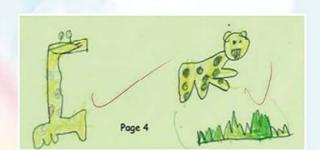
口的功能亦非常重要,機械人可以利用號來儲存常用藥物,還可以 利用口部發射出的紅外線來量度病人體溫,整個過程只需要一秒,非常 迅速。

「醫學機械人」有很多好處,它不但可以分擔醫生的工作,還可以 拯救災民,是新一代理想的醫學好幫手!

英文科作品

Animal Fun

There is one giraffe. It is yellow. It has a long neck. It is under the tree. It is very tall. There is one cheetah. It has small ears. It is yellow and brown. It is on the grass.



My doll

This is my doll Sally. Her hair is long. She has a small mouth. Her dress is pink and long. Her socks are white. Her shoes are blue.

By 1A Chen Yu Yan, Eunice

By 1A Cai Lok Hei, Kelvin



My doll

This is my doll Ginnie. Her hair is long. She has big eyes. Her dress is blue and pink. Her shoes are purple. Her hat is red

By 1A Cheung Yat Tung, Cassie



Animal Fun

There is a panda. It is black and white. It has small ears. It is under the tree. There is a rabbit. It is white. It has long ears. It is on the grass.

By 1A Huang Ying, Alice



Funny Photos

By 1A Wai Hong Yu, Tommy

Look at Andy and me. We are laughing in the park. We are running in the park. I am wearing a yellow T-shirt and blue shorts. Andy is wearing a blue T-shirt and red shorts. We are excited



My Doll

This is my doll Chick. His hair is short. He has big eyes. His T-shirt is blue. His shorts are brown. His shoes are green. I love my doll.

By 1B Cheung Sheung Yui, Harry



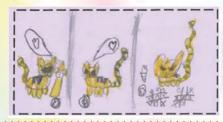
Animal Fun

By 1B Lin Sze Ching, Ella

This is Fun Zoo.

There are three tigers, Baby tiger, Mammy tiger and Daddy tiger.

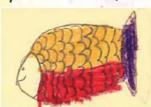
Baby tiger has a long tail. Mammy tiger has a flower. Daddy tiger has big eyes. They are yellow and black. They are in the cage. They are happy. I love the tigers.



My Pet

This is my fish Coco. It is orange, red and purple. It is big and fat. It is cute. It has small eyes. I love my fish.

By 1B Lok Bui Yin, Mobe



Funny Photos

Look at my friend, Howard.
He is playing with a football,
a basketball and some balls in the hall.
He is wearing a blue, red, purple,
pink and orange hat.
He is very funny.

By 1B Wong Hiu Sen, Jason



My Class and Me

My name is Amy.
I am in Class 1B.
I am six years old.
I am a girl.
This is Miss Mak.
She is my English teacher.
She is kind.

By 1B Wong Yuen Yee, Amy



My Paper Plate Mask

This is my paper plate mask.
It has a red mouth and a yellow nose.
It has black eyes and orange hair.
I like my mask.

By 1C Chan Hei Ngan, Hazel



My paper dog

This is my paper dog.
It is blue and black.
It has two big eyes and a small mouth.
It has big ears.
It has some small dots on his face.
It is cute.

By 1C Lai Hiu Ming, Henry



Things we bring to school By 10 Sin Ching, Hazel

I am Hazel Sin.
I have one school bag.
I have four pink pencils.
This is my classmate Jamie.
He has a black school bag.
He has four books in the school bag.

Animals at the zoo

There are five elephants. They are grey. They have long trunks. They are under the tree.

> There are four turtles. They are green. They have short tails. They are in the pond.

By 1C Li Wan Yin, Hayla



There is one tiger.
It is black and orange.
It has a big nose.
It is in the cage.

My funny photo

Look at me and Anson.
We are laughing in the park.
I am wearing a pink T-shirt and an orange skirt.
Anson is wearing a blue shirt and green shorts.
We are happy.

By 1C Wong Trinity



My Paper Dinosaur

I am Carol.
I am tall and thin.
Ihave long hair.
This is my paper dinosaur.
It has a long tail.
It has small hands.
It has small feet.
I make it with my mum.

By 1D Chan Ka Yuet, Carol



My doll

This is my doll Mark.
His hair is short.
His nose is orange.
He has a big mouth.
His T-shirt is green.
His shorts are blue.
His shoes are black and white.

By 1D Lyu Jingxin, Dorthy



Funny Photos

By 1D Chong Yi Ching, Karina

This is my friend, Hasna.

She is drawing in the park.

She is wearing a colourful dress and red shoes.

She is happy.



Funny Photos

By 1D Keung Yan Wing, Vianna

Look at KiKi and me.
We are eating cookies.
KiKi is wearing a yellow T-shirt and red shorts.
I am wearing a pink dress and red shoes.
We are good friends.



Funny Photos

By 1D Tsang Lok Him, Oscar

This is my sister Chloe and me.
We are staying in the hotel.
I am wearing a black T-shirt and brown trousers.
Chloe is wearing a red and black striped T-shirt.
She is wearing blue jeans.
We are having fun.



A Reply Letter

By 2A Chung Pui Hei, Hazel

28th April, 2023

Dear Sandy,

How are you? Thanks for your letter.

The weather in Hong Kong is different in each season. I like summer best. It is not and sunny. I usually wear a T-shirt and shorts. When it is not, I usually eat ice lollies and watermelons with my family.

My favorite festival is Christmas because I like looking at the Christmas lights. I usually get many presents.

Discounting ger many pr

Please write soon.

Yours, May

My Best Friend

By 2A Chan Ho Yin, Elvis

My best friend is Ethan. He is eight years old. He lives in Tai Wai. He is tall and thin. He has big eyes and short hair. He is handsome.

Ethan is polite. He says "thank you" to classmates every day. He is helpful too. He hangs up the washing at home. I like him very much.

I want to be his best friend forever because he is polite and helpful.

My Best Friend

By 2B Tsui Fan Sze, Fancy

My best friend is Myna. She is eight years old. She lives in Sha Tin. She is tall and thin. She has big eyes and short hair. She is good-looking.

Myna is tidy. She clears the table every week. She is honest too. She does not tell lies. I like her very much.

I want to be her best friend forever because she is tidy and honest.

My Best Friend

By 2C Wong Yui Hei, Emma

My best friend is Maggie. She is nine years old. She lives in Sha Tin. She is tall and thin. She has big eyes and long hair. She is cute.

Maggie is polite. She greets the teachers every day. She is kind too.

She shares food with me every day. I like her very much.

I want to be her best friend forever because she is generous and polite.

A Reply Letter to Jenny By 2C Huang Sze Luo, Angel

Dear Jenny,

Thank you for your letter. I would like to go to the park with you.

I study with my tutor on Mondays. I have piano lessons on Tuesdays. I go to Cub Scouts on Thursdays.

I am busy at weekends too. I visit my grandparents on Saturdays. I go to church on Sundays.

I am free on Wednesdays and Fridays. Let's go to the park on Friday!

Best wishes, Peter

My Dream School

By 2A Yeung Lok Sum, Ethan

Hi everyone! Welcome to my dream school. There are four floors in the school.

The playground is on the ground floor. We can play games with our friends. We must line up after recess. We must not shout. The animal room is on the first floor. We can watch and take care of animals. We must keep quiet. We must not run. The computer room is on the second floor. We can play computer games. We must wait for our turn. We must not eat or drink. The dinosaur room is on the third floor. We can watch dinosaur documentary. We must line up. We must not run.

I love my dream school because it is beautiful. How about you?

My Dream School

By 2A Lin Sze Nga, Kelly

Hi everyone! Welcome to my dream school. There are four floors in the school.

The playground is on the ground floor. You can play games with your friends. You must line up after recess. You must not shout. There is a sticker room on the first floor. You can share your stickers with your classmates. You must wait for your turn to get the stickers. You must not spit or litter. There is an animal room on the second floor. You can play with rabbits. You must wash your hands before and after playing with rabbits. You must not feed the animals. My classroom is on the third floor. You can do homework. You must keep quiet. You must not eat without your partitions.

I love my school because it is beautiful. How about you?

My Dream School

By 2B Ng Chung Hei, Isaac

Hello everyone! Welcome to my dream school. There are three floors in the school.

The science room is on the first floor. You can dance and sing there. You must follow all the rules.

The stadium is on the second floor. It is large. You can run. You must talk softly. You mustn't drink there.

The STEM room is on the third floor. You can run and talk there. You must listen to your teachers. You mustn't eat.

I love my dream school because it is fun. How about you?

My Dream School

By 2B Yun Shing Hei, Nathan

Hello everyone! Welcome to my dream school. There are three floors in the school.

The library is on the first floor. You can read the story books there. You must keep quiet. You mustn't run.

The dancing room is on the second floor. You can dance with friends

there. You must keep it clean. You mustn't eat or drink.

The games room is on the third floor. You can play games with your classmate there. You must play nicely together. You mustn't hit others.

I love my dream school because it is beautiful. How about you?

My Dream School

By 2C Liu Ben, Ben

Hi everyone! Welcome to my dream school. There are three floors in the school.

The playground is on the ground floor. You can play games with your friends. You must line up after recess. You must not shout. There is a garden on the first floor. You must keep off the grass there. Music room is on the second floor. It is clean. You mustn't eat there. The library is on the third floor. You can borrow funny books there.

I love my dream school because it is beautiful! How about you?

A Reply Letter

By 2B Chow Tsz Lok, Kingsley

Dear Sandy,

How are you? Thanks for your letter.

The weather in Hong Kong is different in each season. I like autumn best. It is cold and dry. I usually wear a sweater and a jacket. When it is rainy, I go to Sha Tin to eat dim sum with my family.

My favourite festival is Mid-Autumn Festival because I like playing with lanterns and watching the full moon. I usually eat moon cakes at Mid-Autumn Festival

Autumn Festival.

Please write soon!

Love, May

A Reply Letter

By 2B Yau Yi Ching, Kay

Dear Sandy,

How are you? Thanks for your letter.

The weather in Hong Kong is different in each season. I like summer best. It is hot and sunny. I usually wear a T-shirt and a cap. When it is hot,

I go to the beach with my family.

My favourite festival is Mid-Autumn Festival because I like eating moon cakes and watching the full moon. I usually play games with my family at Mid-Autumn Festival.

Please write soon!

Yours, May

A Reply Letter

By 2C Chan Yik Lam, Macy

Dear Sandy,

28th April, 2023

How are you? Thanks for your letter.

The weather in Hong Kong is different in each season. I like summer best. It is very hot and sunny. I usually wear a cap, shorts and a white T-shirt. When it is hot, I usually go to the beach and swim with my family.

My favourite festival is Mid-Autumn Festival because I like eating

mooncakes. I usually play with lanterns with relatives.

Please write soon.

Yours, May

A Reply Letter

By 2C Chau Pak Hei, Hayden

Dear Sandy,

28th April, 2023

How are you? Thanks for your letter.

The weather in Hong Kong is different in each season. I like summer best. It is extremely sunny and hot. I usually wear a T-shirt and a pair of shorts. When it is hot, I usually go to the beach with my family.

My favourite festival is Christmas because I like looking at the Christmas

lights. I usually eat Christmas buffet with my family.

Please write soon.

Yours, May

Tai Tai Market Adventure

By 3A Angel Liu

Peter and his mum go to Tai Tai Market today. They go there to buy

some fruit. They bring a shopping bag with them.

They go to the second floor. They choose to buy apples. They are twenty dollars for four. Suddenly, Peter sees a thief. He takes a purse from a woman. Peter feels so shocked.

Peter catches the thief and shouts at the woman, "He is taking your

purse!" In the end, the woman calls the police.

At the park

By 3A Chan Hei Ching, Kimi

It is sunny today. Peter plays football and runs fast in Happy Park.

A little girl and her mum have a picnic in the park. Peter kicks the football to the girl. He kicks his football to the picnic mat. The mat is very messy. The girl is sad and cries. Her mum comforts her. Peter feels very sorry.

Then, Peter says sorry to the girl and tidies up her picnic mat. She

does not cry. Her mum invites him to have the picnic finally.

An Email to my Friend By 3A Cheung Yat Tung, Ginnie

Hi Winkie.

I want to go to Joyful Christmas Camp with you. The camp is from

23rd December to 25th December. Are you free at that time?

At the camp, we can take the singing class and the crafts class. I can sing and play the piano. I want to take the singing class because I am good at singing.

We can join the singing contest. I am good at singing and you play the

piano well. Let's join! It is fun.

Do you want to go to the camp? Write soon.

Love, Ginnie

My Classmate

By 3A Lau Siu Yau, Sheree

I want to introduce my classmate to you. She is also my best friend and the class monitress. Her name is Grace. She is eight years old. She sits in front of Horace. She is kind and sweet. She always talks to me when I am sad. She plays with me too.

Grace's favourite subject is English. She is good at dancing. At weekends,

she has ballet class. She is my good friend because she is friendly.

Tai Tai Market Adventure By 3A Muje Louella Grace

Today, Peter and his mum go to Tai Tai Market. They bring a shopping

bag with them. They want to buy some fruit.

They go to the second floor. There is a lot of fruit. They choose some apples. They are twenty dollars for four. Suddenly, Peter sees a thief

taking a lady's purse. He is shocked.

Then, Peter runs to his mum and tells her that a thief is takingthe lady's purse. Then, his mum goes to find a policeman. She tells him what happens. In the end, Peter is delighted because the police catch the thief.

John's Picnic

By 3A Yang Wang Tsun, Aiden

Today, John goes to May Park to have a picnic with his parents. They

bring some fruit and hot dogs.

A monkey jumps on the table. John and his family feel scared. The monkey takes away an apple and some bananas. John and his parents are very angry.

Then, they fight with the monkey. In the end, they feel happy.

An Exciting Day

By 3B Chan Chun Hei, Hugo

On Sunday afternoon, Ann and her mum were at Ocean Park. It was Ann's favourite theme park. They watched a dolphin show there first. It was fun.

Then, Ann fed the dolphin with some fish. She felt thrilled and excited! Next, they went to a restaurant to eat noodles for lunch. They saw a cartoon character there, so they took some photos with it. They felt happy.

Then, they played the roller coaster. They felt excited but tired in

the end. It was a wonderful day for the<mark>m!</mark>

An Exciting Day

By 3B Wu Tsz Ho, Devin

On Sunday afternoon, Ann and her mum went to Ocean Park. They watched a dolphin show. It was exciting. She fed the dolphins and fish. She felt thrilled and happy.

Next, they went to the restaurant to eat. They saw a cartoon character.

They took photos with the cartoon character. They felt very excited.

Then, they rode on the roller coaster and played at the game booths.

Ann won a big bear. In the end, they felt tired but happy.

My School Life

By 3B Chan Wing Yin, Kelly

To: ok@supermail.com From: yeah@mail.com

Hi Angel,

I want to go to Joyful Christmas Camp with you. The camp is from

23rd December to 25th December. Are you free at that time?

At the camp, we can take the Singing Class and also the Putonghua Class. I can sing and speak in Putonghua. I want to take the Putonghua Class because I speak very well. I want to take the singing class too because I am good at singing.

We can also join the singing contest. I am good at singing and you are

good at playing the piano. We can play in a band! Let's join! It is fun!

Do you want to go to the camp with me? I want to get your reply!

Love, Kelly

An unforgettable day

By 3B Kwong Yuen Hei, Tim

Yesterday, Betty and her family went to the supermarket. They bought food and drinks. Then, Betty had a barbecue with her family. She felt excited.

They flew a kite and took photos. Suddenly, it rained. They went back and took an umbrella.

They tidied up all the things and went back home. They could not play anymore so they felt a little bit sad.

My Classmate

By 3B Kwok Ying Tung, Bella

I want to introduce my classmate. He is Tommy. He is ten years old. He sits in front of me. He is friendly to everyone. He always plays with me. He always talks to me too. He does not fight with me.

Tommy's favourite subject is PE. He is good at playing football. At weekends, he sleeps for a long time because he always studies hard.

Tommy is my good friend because he is nice and friendly to me.

John's Picnic

By 3B Mak Hei Wai, Hayden

It is sunny today. John goes on a picnic with his parents. They go to May Park. They bring some fruit and hot dogs with them.

Suddenly, a monkey jumps on the table, so they feel scared. Then, the

monkey takes the bananas away, so they feel angry.

Then, they go back home. In the end, they feel upset because the monkey takes away all their food!

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An Unforgettable Day By 3B Wai On Ming, Melody

Yesterday, I went to Lamma Island with my family. It was sunny in the morning, so we went to a supermarket to buy food and drinks. We bought some marshmallows and hot dogs. I was very thrilled!

At 12:45 pm, we had a barbecueon Lamma Island. We were happy. Then we flew a kite and took photos. Suddenly, it rained, so we were wet.

Finally, we called a taxi and it took us to the pier. We went back home. We were wet and sad. It was an unhappy day because we didn't finish our barbecue.

An Unforgettable Day By 3C Wong Joanna Luo

Yesterday, Betty and her family went to the supermarket. They bought some food and drinks.

Betty had a barbecue with her family. She felt very excited. When Betty was flying her kite, suddenly, it started to rain. Her mum tried to take a photo but it was raining. They needed to run back home.

They were very wet and cold. Betty could not fly a kite and Mum could not take a photo because it was raining so they felt very sad. It was an unhappy day.

John's Picnic

By 3C Chen Hei Yin Abby

It is sunny today. I go to May Park to have a picnic with my parents. We take some fruit and hotdogs. They are yummy and healthy. We are

Then, a monkey jumps on the table. We are all shocked. Then, the

monkey takes an apple and bananas. We are angry.

Although the fruit is stolen, we still have a happy family picnic.

Tom and his dog

By 3C Yeung Pui Yan Bella

In the morning, Tom's mum gives an ice-cream to Tom. Tom feels excited. At the same time, the dog is looking at the ice-cream.

The dog jumps on Tom's table. Tom is shocked. Then the ice-cream falls on the floor. The dog licks the ice-cream. His mum is angry and Tom is

In the end, his mum scolds the dog and buys another ice-cream for

Tom.

An Exciting Day

By 3C Yiu Sze Yu, Neveah

On Sunday afternoon, Ann and her mum went to Ocean Park. They watched the dolphin show.

First, she fed the dolphin. She felt thrilled. Then, they bought some food from the restaurant. Ann took photos with the sea lion too.

In the end, Ann felt tired so they left. They had an exciting day.

My Classmate

By 3D Chan Tsz Wing, Wing

Iwant to introduce my classmate. She is Inez. She is eight years old. She sits behind Rex. She is nice. She plays with me and talks to me. She does not fight with me.

Inez's favourite subject is Music. She is good at dancing because she follows the rhythm well. At weekends, she goes to the homework tutorial class.

She is my good friend because she is cheerful and active.

My Classmate

By 3D Xiao Ka Yee, Kylie

I want to introduce my classmate. She is Roxanna. She is nine years old. She sits behind me. She is good and kind. She talks to me. She plays with me. She does not shout at me. She has a nice personality.

Roxanna's favourite subjects are PE and Visual Arts. She is good at drawing. At weekends, she attends the English class. She is very diligent. She always gets the highest marks in class.

She is my good friend because she is kind to me.

My Classmate

By 3D Qiu Yik Chung, Kevin

I want to introduce you my classmate. He is Harry. He is nine years old. He sits on my right. He is humorous. He makes me laugh. He talks to me. He does not play tricks on me. He is kind-hearted.

Harry's favourite subjects are PE and Computer Studies. He is good at building LEGOs. After class, he goes to the Chinese checkers class. He

learns a lot of things. He is talented.

He is my good friend because we have known each other for a long time.

Tai Tai Market Adventure By 3D Yeung Chi Kit, Kelvin

Peter and his mum go to Tai Tai Market. They bring a large shopping

bag. They want to buy some yummy apples and oranges.

Then, they go to the second floor. Peter buys some apples. His mum buys some oranges. Each apple is five dollars. All of a sudden, Peter sees a man. He is stealing a lady's purse. Peter is shocked.

Then, Peter screams for help. Finally, the shopkeeper stops the man

and calls the police. Peter feels glad.

Tai Tai Market Adventure

By 3D Qiu Lok Sen, Inez

Peter and his mum go to Tai Tai Market. They bring a large shopping

bag. They want to buy some nice apples and oranges.

First, they go to the second floor. Then, Peter buys some apples. His mum buys some oranges. Each apple is five dollars. All of a sudden, Peter sees a man. He is stealing a lady's purse. Peter is shocked.

Then, Peter feels like he wants to go to the toilet because he is too nervous. He makes his pants dirty. It is too smelly and it scares the man away. Peter is embarrassed but it stops the man from stealing the purse.

Interview report

By 4A Kwan Sin Yao, Ancella

When my mum was in Primary 4

I talked to my mum about her school life when she was in primary 4.

There were no iPads in her school. There were no air-conditioners in her school. There were only fans. There weren't any computers in her school. She didn't have any computer lessons at that time.

Nobody played electronic games in her class. Everybody played hopscotch but nobody played Roblox. She played games with her friends. They felt

happy.

My mum could go to school and pack her school bag by herself. She could get dressed by herself. She could carry her school bag by herself. She grew up and became a really smart lady.

Visit Hong Kong Science Museum By 4A Wong Jackson Luo

4 July 2022 Sunny

Yesterday we had a class outing day. Miss Chan took us to the Hong Kong Science Museums to see the dinosaur exhibition. We felt very excited.

Suddenly, Tom wanted to touch a dinosaur. I felt angry and told him not to do so. However, he didn't listen. Immediately, the dinosaur opened its mouth and roared at us. My friend and I felt scared and told our teacher.

In the end, Tom was punished by Miss Chan. He promised that he wouldn't do that again.

Relying on an email

By 4A Lee Sheung Yan, Sean

Hey Gary,

We can't wait to see you in April! We have a good plan. We will try some seafood and look at the view of Hong Kong.

On the first day, I want to go to the Peak with you. We will look at the view of Hong Kong, take photos, ride on the peak tram, and go shopping. I think that place is beautiful.

On the second day, I want to go to Sai Kung with you. We will eat seafood, go hiking, do water sports, and go fishing.

We can meet at Jordan MTR station at 9:30 a.m. Go out of the Sunshine Hotel. Turn left into Nathan Road. Go straight ahead. Walk across the road. The MTR station is opposite the department store.

We are looking forward to seeing you!

Love, Joe

Relying on an email

By 4A Wong Jackson Luo

Dear Gary,

I have some suggestions for you. First, I want to go to the Peak with you. We will take the Peak Tram there. I think it is the best place to look at the view of Hong Kong.

Later, we will eat seafood there. I think the seafood there is the freshest and the most delicious.

I will meet you on 30th April at Jordan MTR Station. You can go out of Sunshine Hotel. Then turn left into Nathan Road. Go straight ahead. Walk across the road. The MTR station is opposite the department store.

Hope to see you soon.

Love, Joe

An email to Austin

By 4A Woo Wai Cheung, Eric

To : Austin311@popular.com
From : Lukelo999@popular.com
Date : 14 December 2022

Subject : What I saw yesterday

Hi Austin,

I cannot wait to tell you what I saw yesterday. I went shopping with my mum yesterday. Mum and I went to a department store. We wanted to buy Christmas gifts because Christmas is coming. Mum and I bought a box of sweets and a box of biscuits as our Christmas gifts.

Mum and I lined up behind the cashier's counter. There were a man and a lady in front of us. When the lady took out her wallet from her handbag, a man cut in and asked the lady a question. Then I saw the man steal the lady's mobile phone.

In the end, I yelled "Thief!" The thief was caught by the police.

What did you see yesterday? I look forward to hearing from you.

Love, Luke

Visit Hong Kong Science Museum By 4A Wu Pui Ki, Kiki

4 July 2022 Sunny

Yesterday we had a class outing day. The teacher took us to the Hong Kong science museum. When the teacher was taking us to look around the museum, my classmate, John, was about to touch the dinosaur. So I said, "Stop! You can't touch that." Yet it was too late.

John touched the dinosaur and the dinosaur roared at us. We were scared. We were afraid that our teacher would be angry with us. One of our classmates, Peter, saw us. He told our teacher what John did. But the teacher did not punish him. She warned John and he promised that he would not do that again. I love going to the Hong Kong Science Museum. I hope I willhave a chance to go there again.

Carmen's bad eating habit By 4B Yip Ka Yuen, Allen

Carman had bad eating habits. She ate a little broccoli and a few cherries only. Mum said, "You need to eat more fruit and more vegetables." Carmen did not listen. Mum was worried.

One day, Mum, Dad and Carmen went to a restaurant. They had a buffet dinner. They were happy. Carmen ate a lot of ice cream and cakes. She drank too many soft drinks. She was too full.

At night Carmen was painful because she had a stoma ache. She was sad. Carmen went to see a doctor. The doctor said, "You need to eat more vegetables." In the end, she got well. She was happy.

Party Time

By 4B Lau Wing Yi, Scarlette

On Tom's birthday, he had a birthday party at home with his parents. Mum prepared three cans of cola, some potato chips and some yummy chicken wings. Dad gave a robot to Tom.

Then, Mum wanted to put a beautiful birthday cake on the table. It looked delicious.

Suddenly, Tom's cat jumped onto the table so the cake dropped onto the floor.

Finally, Mum decided to bake a new cake and shared the cake with everyone. Tom felt happy because he had a good time.

Kelly's Weekend

By 4B Lee Siu Hon, Terrance

Kelly got good exam results so Mum and Dad celebrated with her. On Saturday morning, Kelly, Mum and Dad went to the Peak. The view was nice. They looked at the nice view together. They felt happy because they liked the view.

They went to a Chinese restaurant in the afternoon. The place was grand. They enjoyedsome seafood there. Kelly ate a lot of seafood becauseit was delicious. Mum said, "Kelly, don't eat so much or you will have a stomachache." Dad suggested, "We will go to Disneyland tomorrow so please don't get sick." Mum felt worried because she didn't want Kelly to get sick

At night, when Kelly was about to sleep, she felt sick in her stomachbecause she ate too much and too hurry. Some of the food might be dirty or undercooked.

Eventually, Kelly's parents came to help. They dialed 999 and called the ambulance. They told Kelly that they could not go to Disneyland the next day. Kelly felt sad because she lookedforward to going to Disneyland. Finally, Kelly learnt to eat a suitable amount of food. Also, she learnt to eat slowly and check the food carefully before eating.

Interview Report

By 4B Lee Huen Huen, Angela

When my teacher was in Primary 4

I talked to my General Studies teacher, Mr. Chan, about his school life when he was in Primary 4.

There weren't any iPads in his school, so, the students could not play iPad games. There were air-conditioners in his school, so the students felt comfortable. There were computers so they could play games on them. There were lifts so they did not need to climb up the stairs when their legs got hurt.

Everybody played electronic games in his class. Everybody played Chinese chess because it was challenging. Everybody played hopscotch in his class. Nobody played Roblox back then because the game wasn't released.

My General Studies teacher could go to school by himself. He could pack his school bag by himself. He could get dressed by himself. He could sing well. For example, he always sang Eason Chan's and Joey Yung's songs.

When my teacher was in Primary 4

By 4B Zeng Chi Hin, Andy

I talked to my teacher, Miss Li, about her school life when she was in Primary 4.

There weren't any iPads in her school. So, the students could not play iPad games. There were air-conditioners in her school. As a result, the students felt cool on hot days. There were computers so they could finish some of their assignments using computers.

Everybody played electronic games in her class, such as NDS and Tamagotchi. Everybody played Chinese chess in her class because it was fun. Everybody played hopscotch. I often play hopscotch too. Nobody played Roblox so she could only play other games.

My English teacher could not go to school by herself because her parents did not let her do so. She could get dressed by herself. Therefore, she could dress beautifully following her own choice every day. She could pack her school bag by herself so she never forgot to bring any homework or books to school. She could cook by herself. These showed that she could take care of herself really well.

Kelly's Weekend

By 4C Fung Kwong Hoi, Sonic

Kelly got good exam results so Mum and Dad celebrated with her. They went to the Peak on Saturday morning. Kelly was excited because there were many places to visit. First, they looked at the beautiful view of Hong Kong. Then, they went shopping at the shopping mall. They were happy.

In the afternoon, they went to Aberdeen. It was nice there. They had a seafood lunch in a restaurant. Kelly ate a lot of shrimps. Mum felt worried and said, "Don't eat too much." Kelly said, "They are yummy!" Then Kelly asked, "Where will we go tomorrow?" Dad replied, "How about Disneyland?"

Kelly looked forward to go there.

When they returned home at night. Kelly felt sick. She got indigestion because she overate. Mum and Dad helped Kelly to take some pills and she felt better. Mum reminded her, "Don't eat too much next time!" Kelly learned a lesson.

Kelly's Weekend

By 4C Chan Yuet Katie

Kelly got good exam results so Mum and Dad celebrated with her.

Today, Mum, Dad and Kelly went to the Peak. There was a balcony. They looked at the view of Hong Kong. They felt delighted because the view was so pretty.

In the afternoon, they went to a restaurant. It was crowded and loud. It also looked like a garden. Meanwhile, they chatted and ate seafood. Mum said, "Kelly! You ate too much! You are going to get bloated!" Mum felt worried.

The next day, Kelly felt sick because her tummy was hurting really bad. Kelly told Mum to go to her room. Kelly said, "Mum...my tummy hurts really bad!" Mum replied, "Go to the restroom."

Kelly learned that she should not eat too much seafood and maintain a

balanced diet.

Going to the theme park By 4C Chan Yuet Katie

Ivan went to a theme park with his parents yesterday. They arrived the Wonderland theme park. They saw the Cinderella Carousel, a roller coaster and some food stands.

Ivan asked his Dad, "Dad can you go on the roller coaster with me?" Ivan said, "Sure! Let's go on the ride together!" After that, they went on the roller coaster. They felt dizzy. Then, Ivan and his family went on the rides again. The started to feel excited.

Finally, Ivan wanted to watch the fireworks at night. But Dad said, "Sorry, Ivan. We cannot watch the fireworks because you have school tomorrow." Ivan was unwilling to go home and looked sad when he got on his car to go home.

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Holiday in England

By 4C Mai Jonathan

Hi Tom.

In your last email, you told me you are going to go to England. I would like to suggest some nice places for you.

First, you may visit the Big Ben in London. It is spectacular. Then, you may visit the Cambridge university. The students are clever and diligent. You may share with them. Next, you may visit the Chocolate Factory in Birmingham. It is a joyful place. You will like it. Finally, you may visit the Football Museum in Manchester. Do you like playing football?

Let me know what you think. Hope you enjoy the holiday.

Best. Janet

Jason's Wish

By 4C Wong Hing Ying, Sophia

The final exam was coming. Jason behaved well in the classroom. He paid attention to the teacher.

Then before the exam. Jason did revision at night. He studied for the

exam. He was hardworking.

After the exam, Jason showed his exam results to Dad. His exam results were excellent. Dad praised him and said, "You are great! Do you have any wishes?"

Then, Jason said, "I wish to visit Disneyland. We can watch a parade." Jason's wish came true on the next Sunday. Dad, Jason and his brother went to Disneyland. They were pleased.

Party Time

By 4D Cheung Tsz Wan, Regina

It was Tom's birthday yesterday. Dad gave Tom a gift. Dad said, "Happy birthday, Tom." Tom was very happy. Mum prepared food for the party. The food was delicious.

Then, Mum took out a birthday cake. The cake was big. They were excited. Suddenly the cat jumped on the table. The cat touched the cake and the cake dropped on the floor. They were shocked. Tom was sad.

In the end, Mum made another cake. They ate it. They were very

happy.

Replying an Email

By 4D Chan Yuk Yin, Judy

Hi Gary,

How are you? I am so thankful that you are coming to Hong Kong soon. I want to go to the Peak with you. We will look at the view of Hong Kong and ride on the Peak Tram. I think the Peak is beautiful because it is eyecatching.

Also, we can go to Sai Kung. We will eat seafood and do watersports. I think Sai Kung is good because the food is delicious.

Let's meet at Jordon MTR Station. Go out of your hotel. Turn left into Nathan Road. Go straight ahead. Walk across the road. The MTR station is opposite the department store.

I can't wait to see you!

Write soon, Joe

Julie's Tiring Day

By 4D Fan Yan Hei, Blair

It was Sunday. Julie woke up and called Jenny. She brushed her teeth and washed her face. She had breakfast and then she went outside.

Julie and Jenny went to the shopping centre and bought some clothes. Then, she went back home. She felt tired. She realized that there was a maths test on the next day. She was shocked.

She went to school the next day and she had the test. She got back her test a few days later and she failed it. She learnt her lesson.

Julie's Tiring Day

By 4D Guan Ka Hei, Kelvin

It was Sunday. Julie got up and called her friend, Jenny. They went shopping together. After that, Julie went home for dinner.

When she packed her school bag, she suddenly realized there was a Maths test on the next day. She was shocked.

When Julie went to school the next day, she did not know how to do the maths test. She was upset and learnt her lesson.

Carmen's bad eating habit

By 4D Cheung Tsz Wan, Regina

Carman had bad eating habits. She ate a lot of junk food but she ate a few vegetables and a little fruit. Mum said, "You need to eat more fruit and vegetables." Carmen did not listen. Mum was worried about Carmen.

One day, Carmen and her family went to a hotel to have a buffet dinner. Carmen ate a lot of sugary food. She did not eat any healthy food. Carmen still did not listen to her parents. Carmen ate a lot of desserts and drank a lot of soft drinks. She was full.

At night Carmen did not feel well. She had a stomachache. Dad and Mum said, "Carmen, we should go to the hospital." Carmen said, "Yes!" They went to the hospital. The doctor said, "You need to eat more healthy food." Carmen said, "I will remember this every day." From now on, Carmen had good eating habits.

Jason's wish

By 4D Fan Yan Hei, Blair

The final exam was coming. Jason behaved well at school and he paid attention to the teacher in class.

He did exercise and revision for the exam until nine o'clock at night. He was hard-working.

Jason got five grade A and he showed his exam results to Dad. Dad praised him. Dad said to Jason, "What do you want for your prize?" Jason said, "I wish to go to Japan together." Dad said, "Of course we can go to Japan together. You worked hard." In the end, they went to Japan in the summer holiday.

Jason's wish

By 4D Zhan Hei Yu, Haily

The final exam was coming. Jason behaved well at school. He paid attention to his teacher. His class performance was very good.

Jason studied for the English exam. He has been studying until nine o'clock every night. Dad said, "You did very well in this exam. What gift would you want?" Jason felt joyful. He said, "I wish to have more clothes and a lot of stationery." Dad said, "OK! Let's go to the department store."

Jason went to Shatin with Dad happily. He promised he would work hard the next time.

Jason's wish

By 4D Cheung Tsz Wan, Regina

The final exam was coming. Jason behaved well in class. He paid attention to the teacher. He was focused in class.

Before the exam, he did revision and studied for the exam. He was hardworking. After the exam, he showed Dad his exam results. Dad praised him. Dad said, "yougot all A's in your exam. What do you want?" Then Jason said, "I wish to go to Malaysia for a week." Dad said, "That's an amazing idea!"

However, he didn't go the Malaysia. His wish didn't come true. Dad said, "We don't have enough money to go to Malaysia." Jason said, "It is okay!" Dad said, "We can go to the beach." In the end, he was happy!

A Robbery

By 5A Cheung Wing Han, Hannah

Yesterday was holiday, Amy went shopping in New Town Plaza. She was walking to the clothes shop when she saw the robbery. The manager was lying on the floor. Two ladies shouted for help. Amy felt shocked.

Then Amy called the police. She said, "There is a robbery in the jewelry shop in New Town Plaza. The manager is lying on the floor while two ladies are shouting for help." The police said, "We will come in five minutes!"

Five minutes later, the police came. Amy said, "I saw the robbery." The police asked, "How did the robber look like?" Amy replied, "He is short and fat. He is wearing a cap, sunglasses and a mask. He is also holding a gun." The police said, "Thank you for the information." At last, they caught the robber and the ambulance took the jewelry shop staff to the hospital.

A Robbery

By 5A Chu Ho Ching, Naomi

Yesterday, there was a robbery in a jewelry shop in New Town Plaza. Amy was walking alone when she witnessed it. She saw a fat robber with a mask, glasses and a backpack. A lady next to the cashier was shouting for help because the shop assistant got shot.

Amy was shocked and scared at the same time so she stayed calm and called the police. The police said they would come in a short period of time.

It just took the police to arrive in two minutes. Amy told them what happened. Amy said, "The robber is fat and he is wearing a mask." The police answered, "Thank you for your help. We will arrest him as soon as possible."

At night, Amy watched the news and she learnt that the police had caught the robber. She was glad that she could help.

A Class Picnic Last Friday

By 5A Lam Chun Lok, Isaac

It was a sunny day last Friday. Our class had a class picnic in Ma On Shan Country Park. We packed our bags with food and drinks. We went there by coach. The country park was so big and nice. We put our things at the picnic site.

We wanted to play dodgeball after we finished our lunch. We went to the grassland to play. We had fun. We played tag-it and we ran for a long time. We were so tired.

Finally, we went back school in the afternoon. We were still excited because we could play fun games and had a picnic in a nice place.

What I want to be when I Grow Up

By 5A Ng Man Ching, Hailey

When I grow up, I want to be a singer. I will work in a recording studio and record songs for my fans and sing on stage.

Hopefully I can work with my favourite singers, for example, Taylor Swift and Selena Gomez. My best friend Eva wants to be a singer too. So I want to work with her.

I have always wanted to be a singer because when I was a little girl. I listened to one of Taylor Swift's album and I thought it was amazing. I wanted to be like her.

Taylor inspired me to become a singer so I will keep following my dreams. I will not disappoint the people who support me. I will try my best.

A Disappointing Day 5A Shek Chun Ming, Kingsley

Yesterday, I got good test results so my father decided to have a picnic in Lion Rock Country Park. We went there by bus.

We had a barbecue and chatted happily. The food was delicious. We had chicken wings, fish balls and sausages. Mum brought some juice.

Suddenly, it started to rain. The food got wet. We got wet too. So we ran away fast to find a shelter. Although the rain stopped, Mum was worried that it would rain again. We packed our bags fast. What a disappointing

Advice for Good Manners By 5B Chow Wing Yu Vincy

It is very important to behave well and have good manners when we are at different places.

When we are at school, we should speak politely to our teachers. We shouldn't laugh at others. Also, we shouldn't go to school late. We shouldn't run quickly too.

Besides, when we are at home, we should help Mum with the housework. We shouldn't quarrel with our brothers and sisters. Also, we should listen to parents and share food with our brothers and sisters.

Finally, when we are in the library, we should keep quiet. We shouldn't speak loudly. Also, we shouldn't eat food or drink. Remember we should be a good boy or girl with good manners after all!

Places in Hong Kong

By 5B Fan Ruigi Sammi

There are a lot of wonderful places in Hong Kong. It is exciting to visit different places during holidays. Let me introduce two places to you.

Hong Kong Wetland Park is a popular place in Hong Kong, I have been there twice. The park is fun. I look at the plants and animals. I also visit the crocodile. It is cute.

Disneyland is a funny place in Hong Kong. I have been there three times because I like taking photos with cartoon characters and playing on the Ferris wheel.

Hong Kong is a beautiful city. I like it very much! Let's find out more about Hong Kong.

Helping People

By 5B Ip Hei Man Bella

John offered his seat to the elderly yesterday. The elderly was delighted. John helped his teacher clean the blackboard at school. He spoke to his teacher politely. The teacher was delighted.

John helped Mum sweep the floor and helped her take care of his little sister at home. Mum was delighted.

John also helped Mum cook dinner at home and helped his little sister with her homework. His little sister and Mum felt delighted. John is a helpful boy.

Self Introduction

By 5B Kan Long Hee Jayden

My name is Kan Long Hee, Jayden. I am ten years old. I am studying in KCBC Hay Nien (Yan Ping) Primary School.

I have some school duties. I am a school prefect. I have been a prefect for a few months now. I go to class 4D every Wednesday and Friday. I write the student's name into a notebook if they are not well behaved.

I have also joined a lot of extra-curricular activities. I joined the English drama team and Recorder Band. We sing, act and dance in English drama. On the other hand, we practice playing the recorder in the Recorder Band. I really enjoy it.

My dream join is to be a teacher when I grow up. I want to teachothers. It feels nice teaching others. I hope my dream comes true.

Lost on Lantau

By 5B Kwong Tsz Tsin Evy

Today Mr and Mrs Chan went to Lantau Island to go hiking. While they were hiking, they saw the Big Buddha. So they took some pictures near the Big Buddha. They were excited until they got lost in the forest.

When they were lost, they were scared. Luckily they found a man. "Hello! May I ask where is the bus stop?" asked Mrs Chan. "Oh! Just walk straight ahead. It's not far. It is 1 kilometre. Then, turn left," said the man. "It is getting dark. How long does it take to go from here to the bus stop?" asked Mr Chan. "It takes 30 minutes," said the man.

Mr and Mrs Chan arrived at the bus stop. They saw the bus going away. Then they tried to chase after the bus but failed. They felt exhausted.

They had no choice but waited for another thirty minutes. They finally went home by bus after a long time. After going home, they knew they have learned their lesson - always get a map.

Lost on Lantau

By 5C Chow Chek Lap, Loen

Last Sunday afternoon, Mr and Mrs Chan visited the Big Buddha on Lantau Island. They felt excited.

On their way to the Big Buddha, they walked along the hiking trail happily. Soon it was getting dark. They got lost. They felt scared and worried but luckily they saw a man. They asked the man, "How long does it take to go to the bus stop?" Then man said, "It takes about 30 minutes." They thanked the man and ran to the bus stop quickly.

Finally, they arrived at the bus stop. However, even though they ran so fast, they still missed the bus. They felt tired and worried. They didn't know what to do.

In the end, they called a taxi and went home. After they arrived home, they felt really tired. They learned a lesson. They always need to bring a map when they go hiking.

Places in Hong Kong By 5C Chow Sum Yuet, Hanna

Hong Kong is a city of wonders with a lot of dazzling places such as Ocean Park, Disneyland, the Peak and many more! I explored some places in this beautiful city. I will introduce two to you. Starting with my favourite-the Peak.

I went to the Peak yesterday. I went hiking at night to look at the night view. I couldn't believe that a simple starry night at the Peak could lead to mundane happiness which captured in my heart. It was a mesmerizing and majestic view! This is definitely the best place to gaze at the stars at night and look at the starry view in peace.

The second place I'm going to introduce is Disneyland. I went there in the summer holidays. The trip was very fantastic. You can also shop there. I saw plenty of cute stuffed animals. It was fun! Besides, I also went on the amazing and fun rides and took some photos with cartaon characters. The trip was the best!

Hong Kong is a beautiful city. We should all say that it has a good environment.

A Robbery

By 5C Liu Ying Xin, Amy

Yesterday was a holiday. Amy was shopping in New Town Plaza when she saw a robbery.

Amy was shopping when she saw the robbery. Some people laid on the floor and a shop assistant got hurt. Then the robber escaped and took away the jewellery. A lady screamed, "Help". Amy felt scared.

Then Amy called the police immediately. The police came in ten minutes. Amy felt nervous. The police asked Amy some questions. The police asked, "How does the robber look like?" "He was wearing a white mask, a cap and with a backpack," Amy replied.

In the end, the police successfully caught the robber. The robber admitted that he stole the jewellery from the shop and finally the police returned the jewellery to the shop. The police thanked Amy. She felt glad. It was an unforgettable day!"

A Disappointing Day

By 5C Xie Jia Yi, Jenny

It was a beautiful sunny day yesterday, so I took a bus to the country park with my dad, mum and brother.

After we arrived at the country park, we sat down on a stone table. Then we took out some food and drinks and ate the delicious roasted meat while we were chatting excitedly.

We just started eating when it started raining heavily. This heavy rain made me feel bad because we had just started eating the food for a short time before it all got wet and spoiled.

We rushed to put our belongings under the tree but all the food was soaked. We had to pack up and go home. It was a disappointing day.

Helpful John

By 5D Chan Hoi Kiu, Zada

John is a nice boy. Yesterday, John took the MTR to go to school. When he saw an old woman, he offered his seat to her politely. The elderly said thank you to John.

At school, John helped his teacher clean the blackboard right after lesson. Also, he took care of his classmates patiently so the teacher felt thankful.

At home, John helped his mum with the housework quickly and he swept the floor neatly too. Later that day, mum was tired because of her work. So John gave a massage to mum and she felt relaxed.

John is also a kind boy. Though his classmate, Peterbullied him, John did not treat Peter bad. He only told his mother about it and his mum told the teacher about it. In the end, John felt grateful and Peter was regretful. At last he made friend with John!

Advice for Good Manners By 5D Kwok Yat Fan, Mike

We need to have good manners because we have to respect others in different places.

First, when we are at school, we should talk softly in the library, because others need to read quietly. We shouldn't talk loudly. Also, we should walk slowly at school because this is the place for us to learn.

Then, when we are at home, we should keep our bedroom tidy. We should also often tidy our bedroom at home. We shouldn't make our bedroom messy. We need to tidy up our bedroom frequently at home.

Finally, when we are in the restaurant, we should eat quietly because it will disturb others if we eat noisily in the restaurant.

Remember we should be a good boy or girl with good manners at all!

My Birthday Party

By 5D Leung Hei Ching, Zom

16th February, 2023 Cloudy

Yesterday, it was my 10thbirthday. I had a disappointing birthday party with my family at home. At first, it was wonderful because my dad bought a fashionable robot as my birthday present. I felt so happy because of the new robot.

Then, we started to eat the party food prepared by Mum. After that, I made a wish when we were ready to eat the birthday cake. In the middle of making a wish, I heard someone crying. When I opened my eyes, I saw my sister crying because she knocked down my robot and it was broken! I felt so sad and outraged, so I shouted to her loudly. However, my dad said, "Don't shout at her, she didn't intend to break your toy!"

Finally, I rushed into my room to sleep angrily. This morning, I thought my dad would buy a robot again for me. But I was wrong! The new robot was for my sister! My sister looked at me arrogantly when she got the robot. I was just really mad at her!

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Remember we should be a good boy or girl with good manners at all!

A Robbery

By 5D Chen Yihan, John

Amy was outside a jewellery shop at New Town Plaza yesterday. She was shopping there when she saw a man with a gun. He entered the jewellery shop and the people were scared. A security guard tried to fight back but he got hurt and he was lying on the floor. Amy felt afraid.

Then she called the police immediately. The police came in 10 minutes. The police asked Amy about the robbery. The police asked, "How does the robber look like?" Amy said, "He had a gun and he was wearing a mask and glasses." Then the police asked, "Where did the robber go?" Amy replied, "He went to the right side."

The police did not catch the robber at first. However, the robber lost his ID card halfway when he was running away. Finally, the police found his ID card and knew who he was eventually. The police arrested him in the end. It was an unforgettable day for Amy because it was the first time for her to see a robber.

A Disappointing Day

By 5D Siu Hau Lam, Holiday

I went on a picnic with my family yesterday. We went to a barbecue site. We went there by car. It was excited.

We had a barbecue there. We ate chicken wings, sausages and fish balls. The food was delicious. Next, we played football. We were happy.

Suddenly, it rained. We hid under the tree for some hours. We could not have barbecue or play football. We were disappointed. Finally it stopped raining. We went home sadly.

Helpful John

By 5D Wong Tsz Chung, Prince

John is a helpful student. He is 10 years old. He helped many people yesterday.

In the morning, John offered a seat to an old lady in the MTR. At 8:00am, John helped teacher clean the blackboard in the school. At 12:50pm, John helped Mum sweep the floor at home.

At 7:50pm, John sat on the sofa. He felt so tired. He wanted to go to sleep early.

An Embarrassing Day

By 5D Yeung Ho Yin Ken

To: chloepotter@gmail.com From: joyceabc@gmail.com Subject: An embarrassing day

Hi Chloe. Yesterday, I wanted to go shopping because I wanted to buy a lead pen. On my way, I saw an old lady in the street. She was tired because she was carrying a very big and heavy shopping bag.

Then, I helped her carry the bag of oranges. She felt glad, so she said, "Thank you so much, little kid." Next, we were on our way to her home. I suddenly found the bag was broken, so all the oranges rolled down the slope! I ran down the street but I fell down carelessly. The old lady came in a hurry to help me get up.

In the end, I helped the old lady bring the bags to her home. It was embarrassing at first, but I felt happy again.

Talk to you later. See you again! Joyce

A Flag Selling Day

By 6A Chan Cho Ki, Iris

Anne and I joined a charity club last week. In the morning, we sold flags on the street. This was our first time to be volunteers and help sell flags. I met a man who was generous. He put a one hundred-dollar note in my flag bag! I thought he might want to help more poor children.

After a while, we were very hungry so we went to a fast food shop. We put our flag bags on the chairs next to us. Then we ordered hamburgers, French fries and some cola. The food tasted delicious. When we finished our lunch, Anne and I were shocked. I shouted, "Where are our flag bags?" We could not find our flag bags! We were helpless and worried. We thought our flag bags were stolen.

Suddenly, I saw a man running out with our flag bags. Another man quickly caught him. We got back our flag bags finally. We thanked the brave man who helped us. What a day!

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Suddenly, I saw a man running out with our flag bags. Another man quickly caught him. We got back our flag bags finally. We thanked the brave man who helped us. What a day!

My School Picnic

By 6A Cheng Yeung Sing, Sunny

Yesterday, I went on a picnic at Sai Kung Country Park with my class. The weather was good. We brought some food and drinks, such as fish balls, sausages chicken wings and juice for picnic. We were excited.

When we were crossing the bridge, I heard a splash! Oh no! My mobile phone was dropped into the river. I felt helpless. My phone was my birthday gift! I cried and I did not know what to do. It was just gone with the water.

Our picnic continued but I was too upset to eat anything. When I went home, I told Mum about my mobile phone. Luckily, she did not get angry. She told me, "Don't worry! I will buy a new one for you. But you should promise to take good care of it!" I promised Mum and was very thankful.

Problems in Africa

By 6A Guo Yuen Ki, Kiki

In Africa, people are facing a lot of problems which make their living difficult.

First, people in Africa cannot plant crops because the land is too dry. Also, they are too poor that they cannot get enough food. Second, they lack of schools. In addition, they do not have a good environment for studying. They do not have enough books, tables or chairs. Third, people cannot drink clean water because the water there is dirty so they often get sick. Moreover, they wash clothes with the dirty water so they get skin problems easily.

We should help the poor people in Africa. We can donate money, run a second-hand stall and sell flags. We hope we can help change their lives.

An Accident at Mid-Autumn Festival

By 6A So Pak Long, Gabriel

It was Mid-Autumn Festival last week. Kelly and her family visited Grandma's home. They had yummy dinner together. When they were having dinner, Mum said they would play with lanterns and eat mooncakes and starfruit after dinner.

After dinner, they went to the rooftop. The adults ate some mooncakes and fruit. They also watched the full moon. The children played with lanterns happily. Suddenly, there was a strong wind. It blew Kelly's lantern and the candle inside fell. Soon, her lantern was burnt. The children wereshocked. Kelly's uncle found that and ran to take a bucket of water quickly. Then he put out the fire. He was as fast as a flash.

Luckily, no one was hurt. Kelly learnt that she must be careful when she played with lanterns.

Celebrating Mother's Day By 6A Wong Tsz Him, Hins

Today is Mother's Day. Dad and I planned a day of celebration with Mum. In the morning, I got up early. I went to the kitchen and made breakfast for Mum and Dad. I fried some sausages and eggs. I also made some toast. When Mum finished the breakfast, she said, "The breakfast is so yummy! I like it!" I was so happy.

In the afternoon, we went out to watch a magic show. The magician took out a hat. He said, "Look! There is nothing in the hat." Suddenly a bird flew out and a rabbit jumped out from the hat! It was amazing. All the audience clapped their hands.

In the evening, we went to the Peak by Peak tram. During the ride on the tram, we looked at the view. There were a lot of tall buildings flowers and trees. We took a lot of beautiful photos. We had dinner at the Peak.

Finally, we went home. When we got home, we took out the cake for Mother's Day we bought earlier. Mum was surprised. "This is an unforgettable Mother's Day for me!" said Mum.

An Unforgettable Party By Hsu Chun Hei Kayden

10th June (Friday) Sunny

Today was unforgettable, and it also marked the end of the first part of my life.

Today we had a graduation party, and everyone was having so much fun. We have prepared a lot of tasty food such as chicken wings, cakes, soft drinks and much more. We also invited Miss Poon to the party. After our feast, we performed a musical show for Miss Poon. We wrote the song by ourselves. Some of us played recorder, some played the violin and some sang. Miss Poon clapped her hands and thought it was a fantastic performance.

Then, we surprised Miss Poon with a card to thank her for teaching us for three years. Her eyes were filled with tear and she hugged us warmly.

In the end, Miss Poon gave us our graduation gifts and we had fun. I sat down and thought, "Time flies and you won't cherish until it's gone."

Book Report

By 6B Low Kacy

Book Title: Meet the Princess of Friendship

Author: Meghan McCarthy

The book is about a girl called Twilight Sparkle who goes to Ponyville to learn about friendship and to study magic. One day, she creates new magic with the power of friendship. Princess Celestia is so proud so she makes Twilight a princess. In the end, Twilight defeats evil Tirek with the power of friendship and becomes the princess of friendship.

The book was very well written because I can learn many useful words. My favourite character is Princess Twilight because she is clever and likeable.

I have learnt from the book that friends would always help me. I would recommend this book to anyone that likes princess and magic.

Celebrating Mother's Day By 6B Poon Akemi Mito

10 May 2023 (Sun) Sunny

Today is Mother's Day. Dad and I planned a day of celebration with Mum. In the morning, I woke up early and made breakfast. I made a plate of fried eggs because it was Mum's favourite dish. When she saw the breakfast, she was moved. She said, "It is delicious."

In the afternoon, we watched a magic show. The magician waved his wand, then some rabbits and birds came out of it! I thought the show was amusing. Mum enjoyed the magic show and she thought it was entertaining.

In the evening, we went to the Peak on the Peak Tram. The view was so fabulous. When we arrived, we went to a five-star restaurant to celebrate Mother's Day and enjoyed the night view. The view was so beautiful. My parents and I were joyful. Mum said, "It is the best Mother's Day ever!"

Problems in Africa

By 6B Ho Mayson

Africa has a lot of problems, such as corruption, pollution and starvation. We will talk about some of the problems and how we could solve them.

People in Africa cannot grow food because the land is too dry, causing a lot of famines. The water in Africa is very polluted. People don't want to die of thirst so they will continuously drink dirty water, making many sick.

People in Africa also suffer from poverty. At their homes, they have simple designs and few facilities. At schools, they have little equipment and teachers aren't well educated.

There are some ways we can deal with these problems. First, we can donate money. Second, we can donate food, water and clothes. And lastly, we can donate money to research foundations that help people in Africa. I hope we can all work together to help people in Africa.

Save the Animals

By 6B Tin Yuen Man, Nicole

Last week, the endangered animals had a meeting to talk about how vicious humans are and what they did to harm the environment.

Mr. Elephant was the first to speak. He said, "Human beings are so hateful! They cut down the forest to make paper and cardboard. They also turn the originally clear river water green, causing water pollution. Their behavior is undesirable! Excessive deforestation will make us lose our habitat, and water pollution will kill marine life!"

Then, Mr. Panda said helplessly, "Humans are really annoying. In addition to cutting down forests, causing water pollution and killing animals, they also destroy my habitat. We do not have enough food! Animals will become extinct unless humans stop destroying our habitat!" Miss Tiger said, "I agree with you. Humans once killed my family and turned the skin of my family into a carpet!"

Unfortunately, humans did not stop their behaviors. After a few years, the animals become extinct and humans never see them again.

Save the Animals

By 6C Chaw Hei Yi

Last year, Tiger, Elephant and Panda had a meeting in the forest. The elephant was the first one to speak. He said, Humans cut down many trees to make paper and lunch boxes. Factories also produce toxic waste into the water!"

Tiger spoke. She said, "Humans hunt us to make rugs, fur coats and leather handbags. We will be extinct unless they stop killing us."

Panda spoke. He said, "Humans destroy bamboo forests, so we do not have enough food and nowhere to live. We will be extinct unless humans stop destroying our homes."

The animals felt very sad. *We will be extinct unless humans stop destroying the environment."

In the end, people realized how important animals are. So they started to protect the environment and animals together!

Two Good Friends

By 6C OuTsz Ka

Joan and Alvin were neighbours since this year but they did not get on well. They were not friends at the beginning. Joan was very hardworking because she studied hard every day. Alvin was very naughty because he always played tricks on Joan.

One day, Alvin played tricks on her. He put a banana skin on the floor. Joan slipped and got hurt. Alvin laughed at her. Then Joan got very angry with Alvin.

Save the Animals

By 6C Chan Tsang Hon

A long time ago, Tiger, Elephant and Panda had a meeting in the forest.

Tiger spoke. She said, "Hunters hunt to make rugs, fur coats and leather handbags. If they do not stop killing us, we are going to be extinct.;

Panda spoke. He said, "Humans destroy the bamboo forests so they do not have enough food to eat or nowhere to live. If humans do not stop destroying our homes, we will be extinct immediately."

The animals decided to attack humans and warned them not to destroy all the forests and stop hunting animals.

Save the Animals

By 6D Choi Cheuk Yin, Charlene

One day, Tiger, Panda and Elephant had a meeting in the forest. Elephant was the first one to speak. He said, "Humans cut down trees to make paper and disposable lunch boxes. They dump toxic waste into the sea. Then Tiger spoke. She said, "Humans kill us to make handbags, coats and rugs. We will become extinct unless humans stop buying handbags, coats and rugs.

Panda also spoke. He said, "Humans destroy our bamboo forests. We don't have enough food to eat and we don't have places to live. We will become extinct unless humans stop destroying our homes." The animals felt angry because the humans were unkind to them.

The animals decided to take revenge. They killed the humans and destroyed the humans' home. The humans were homeless and regretted what they have done. They apologized sincerely and the animals forgave them.

A Short Story about two kids

By 6D YauTsun Kei, Bryan

Joan and Alvin were neighbours but they did not get on well. Joan was very hardworking because she studies hard and reads a lot of books. Alvin was very naughty because he always plays tricks on people.

One day, Alvin played tricks on others. He put a banana skin on the floor. After that, Joan slipped on the floor and her knees were injured. Alvin laughed at her.

The next day, they went to the park. A fierce dog barked at Alvin. Joan saw Alvin and the dog. Alvin was scared. She immediately called someone to help drive the dog away. In the end, they became good friends.

An Unforgettable Party

By 6D Sum Wai Lam, Angela

Today our class had a graduation party. When I arrived at the classroom, I saw a lot of delicious food, some balloons and a banner. They were prepared and decorated by our teacher, Miss Poon. Then, my classmates and I sang a graduation song to the teacher. We felt very excited.

After that, we performed for Miss Poon. Some students sang songs. Some students played the violin. Some played the recorder. We had a very enjoyable time. Our classmates and Miss Poonthought we sang well. They clapped their hands. Everyone was happy.

My classmate gave Miss Poon a thank you card. Then Miss Poon opened the card. She read, "Miss Poon, we want to thank you for your teaching." Miss Poon felt very moved. She said, "I like this present! Thank you!"

In the end, Miss Poon prepared a doll for each of us. We were happy. I took a lot of photos with my friends and we continued to enjoy the food.

An Unforgettable Party By 6E Chan Sum Yee, Vienna

10th June (Friday) Sunny

We had a graduation party last Saturday. My classmates and Iprepared lots of food, decorations and some outfits. We invited out class teacher to the party.

Then, we had a performance too. We played the flute and the violin. We sang songs too. After that, my classmates and I gave our teacher a card and a present to thank her for teaching us all these years. She was very touched.

In the end, we all said goodbye and added each other's phone number so that we can stay in touch.

An Unforgettable Party By 6E Mok Chun Ka, George

10th June (Friday) Sunny

Last Friday, the teacher and 6A students held a graduation party in our classroom. There was a big banner, some balloons and a lot of decorations. There was also a lot of food too!

Firstly, we sang and also played instruments like the recorder and the violin. We sang happily. The teacher enjoyed it too!

Secondly, we exchanged gifts. We also read our *thank you* letters out loudly.

Lastly, we and our teachers ate the food. There were chicken wings, mini-sandwiches, cupcakes and so on. In the end, they cut a big red velvet cake. The cake was full of cream and sprinkles.

When we were walking back home, we thought of the old memories that we had made in Primary school and the adventures that we had encountered together. It was all unforgettable and precious to us.

Problems in Africa

By 6E Koo Wing Tsun, Peter

There are many problems in Africa. People in Africa do not have enough water to drink because there are droughts. As a result, they are usually very thirsty.

Also, people in Africa do not have enough money to buy food because they are too poor. Besides, people in Africa do not have clean water to drink so they can drink dirty water only, which causes them have stomachaches and get sick easily.

To solve these problems, first I will donate money to them so that they can have money to buy things in need. SecondI will run a second-hand stall to collect old toys for them. Also, I will sell raffle tickets to raise more money too. I hope we can work together to help others in need.

Two Good Neighbours By 6E Ma Hong Ching, Hannah

Joan and Alvin were neighbours but they did not get on well. Joan was very hardworking because she wants to be better than Alvin. Alvin was very naughty because he always plays tricks on Joan.

One day, Alvin played tricks on Joan. He put a banana skin on the floor. However, Joan didn't notice the floor was dirty so she fell. Alvin didn't even try to help Joan up. Joan was upset with him.

The next day, they saw each other in the park. Alvin heard a dog barking. It was as fierce as a tiger. Moreover, it was big and strong like a bull, so Alvin was scared of it. Luckily, Joan found a man to help him.

In the end, Alvin knew that he's wrong so he said sorry to Joan and decided to give her a gift. And Joan accepted his apology. Soon they became best friends and they shared everything with each other.

讀經心得《主的平安不一樣》

經文:詩篇三十七篇 1-6 節(和修本)

- 1. 不要為作惡的心懷不平,也不要嫉妒那行不義的人。
- 2. 因為他們如草快被割下,又如綠色的嫩草快要枯乾。
- 3. 你當倚靠耶和華而行善,安居地上,以他的信實為糧;
- 4. 又當以耶和華為樂,他就將你心裏所求的賜給你。
- 5. 當將你的道路交託耶和華,並倚靠他,他就必成全。
- 6. 他要使你的公義如光發出,使你的公平明如正午。

5C 周卓立

詩篇三十七篇一至六節<mark>所表達的是對於這個邪</mark>惡繁榮的現象,我們不應心存不平。相反,我們應將信心放在全能的上帝身上,相信祂能為我們作主。這種平安不同於世界所能給予的,因為祂是來自擁有無限能力的神。

同時,這段經文也提醒我們要倚靠耶和華,忠心地事奉祂,相信 祂的話語和計劃。只有這樣,我們才能在經歷生命的困難和挑戰中得 到不一樣的平安和支持。

5C 黃筠雅

我們不要看見那些作壞事,卻得到興盛的人而感到怨恨,心中急躁不安,也不要嫉妒他們。因為做了壞事的人的風光很快會消失,成為過去。所有不公義的事,神會看得見的。

我們要堅守本分,倚靠耶和華而行善,將一切的憂慮,一切的不公平,全交託給主。神必會維護公義,使公義如光顯耀出來。我們要以耶和華為樂,對神要有信心,祂就會將我們心裏所求的平安,賜給我們。

5A 鍾澂

作惡不義的人,他們表面上雖然發旺,但是神透過經文告訴我們,他們必如草被割下。至於那些為主受苦行義的人,詩人勸勉他們若看見惡人發旺時,不要心懷不平,也不要嫉妒他們,卻要倚靠耶和華而行善,以他的信實為糧;又要以神為樂,將事情都交託、倚靠上帝,心中便得著安慰和平安。

這提醒我要學習倚靠上帝,將所有事情交託<mark>祂,包括不公義</mark>的事情,即使被欺負,也相信上帝會保護我,與我同在,因為祂賜給我的不是從世界上可以得到的平安。

6B 劉心

主的平安是永恆和安全的,不會隨環境改變。只要倚靠耶和華, 信賴神的話語,就會得到真正的平安。我們在日常生活中,若願意懇 求聖靈幫助,以耶和華為樂,便能讓主成為我們心裏喜樂的泉源。

當我們能夠放下心懷不平和所有埋怨,神便會垂聽我們的禱告, 也會把我們心裏所求的賜給我們。當我們面對困難和難以解決的問題,我們要多禱告,把所有都交託給耶和華,心裏不要憂愁,主必會 把祂不一樣的平安賜給我們,問題也會得到解決。

6D 李嘉卓

每個人都<mark>很期待平安喜樂,但主的</mark>平安並不一樣,它不是單靠世人努力而得的,乃是憑信靠主耶和華,真心讓神指引,才能得到真正和永恆的平安。

世界愈多惡事,使我們愈不平安時,我們愈需要求耶穌拯救我們,免得落入嫉妒他人的陷阱。這份對神的信靠,能使人與人之間得到愛與和平。

6C 石淑韻

大多數人會覺得平安就是享有和平、平靜和安穩的生活。但主的 平安不一樣,主的平安包括了公平、信實、快樂和公義,所以我們要 藉著禱告和信靠耶和華,尋求主的平安。

我看完這部份的詩篇後,我覺得我們不可以心懷不平,也不要嫉妒別人;我們要信靠公平公義的主,相信主一定與世人同在。這樣,我們才能找到主的平安!

啟發我的潛能

班別:5A 姓名:盧宇深

潛能,就是存在自己體內的能量。每個人都**有自己** 的潛能等待被發掘,而學校裏面的老師就是<mark>發掘潛能的</mark> 教練員。



記得疫情期間,以網課模式上音樂課時,更要吹牧童笛。而我在星期天也有參加音樂課程,當時音樂導師松哥哥那裏學了一點牧童笛的基本技巧,所以我在課堂中能吹奏了一首並不悅耳的歌曲給老師和同學聽。想不到老師居然將我推薦進入校隊一笛隊!

經過笛隊導師的教導和訓練,我的技術得到了提升。可以吹奏一首動聽悅耳的歌曲了。這時,老師又將我推薦入了電子音樂創作班。進入電子音樂創作班後,我感到十分驚訝!原來用平板竟然能創作出不同的音符,而且能發出各種不同樂器的聲音,例如:鋼琴、琵琶、結他……這實在是太奇妙了!所以就算快要呈分試了,學習越來越緊張,我仍然沒有放棄參加訓練。

音樂是一種藝術,它陶冶了我的性情,也增加了我的自信。現在我 又準備學習新的樂器,希望我能持續進步,也希望每個同學的潛能天份 都被發掘出來,使他們的生命變得更精彩。

飛躍潛能夢

班別:6A 姓名:黃逸塬

繪畫這項活動是我從有記憶以來就喜歡做的事。 但自從我升上五年級後,一直忙於應付呈分試及升 中面試,今我不得不放棄學習畫畫的機會。



某一次補習後筋疲力盡的時候,正苦惱著要如何應付巨大的功課量時,活動中心那些五彩斑斕的畫作吸引了我,我便拿了一份宣傳單張回去細看,媽媽看到我對這個畫畫班有濃厚的興趣,便讓我在課餘時間參加畫畫班。

畫畫對我而言也不少的吸引之處,每當我畫畫的時候,心中的各種 煩惱和壓力都會一掃而空,完全沉醉在畫作之中,彷彿我就是活在畫作 中的人物。此外,畫畫還可以讓我在畫作中表達自己的想法,抒發我的 情感,令我表達出一些難以用言語形容的事情。

剛開始學習畫畫的時候,我遇上了不少困難,例如經常畫得不太好、不能夠專注、不擅長運用各種顏料、草稿不好……每當我畫得不太好時,我會嘗試改畫其他圖案,久而久之,我的技巧逐漸變得熟練。當我不夠專注時,我會想到老師認真教導我的情景,為了不讓老師失望,我就會更努力地畫畫。

藉著拓展這項潛能,我在圖畫上的表達有了更深層的意義,還令自己的想像力、創意力、觀察力「更上一層樓」!希望以後能夠令自己的 繪畫技巧有所提升,畫出更好的作品!

啟發我的潛能

班別:5A 姓名:鍾澂

每個人的內在潛能是需要被發掘的,每當我看到 這張證書,都會令我想起跳舞考試的辛勞,當中激發 了我的內在潛能。



起初,我只學會基本的動作,當我發現能一點一點地掌握技巧時, 我開始更加自信和努力。每當我成功地完成一個動作,我都感到非常自豪,這是我不斷嘗試勇於表現和挑戰自己的推動力。隨著時間的累積, 我的技巧和能力不斷提高,我也開始參加比賽和演出。這些經驗讓我更加堅信,只有堅持不懈地練習,最終才獲得成功。

在疫情期間,我完成了芭蕾舞二級考試,這是我第一次跳級挑戰。 回想,我準備跳舞考試的時候,我的壓力如泰山壓頂般。每次排練時, 我都努力地克服自己的緊張和焦慮,希望自己能達到最佳狀態。考試錄 影不斷重複錄影,讓我滿有壓力,覺得受盡煎熬。有一次放學回家路 上,我向媽媽哭訴想放棄,我的心已跌到深淵。坐在公園長椅上,媽媽 安撫了我不安的情緒,而我情緒發洩後,在空地上不斷練習,我的疲倦 被內心的緊張和恐懼掩蓋以了,但仍不敢鬆懈。

最終考<mark>試通過了,雖然還有一些</mark>小錯誤,但我還是十分興奮。

透過跳舞,我發現了自己身上原來隱藏著無限潛能,也學會了在壓力下如何調整情緒,克服自己的恐懼和不安。

飛躍潛能夢

班別:6B 姓名:林曉儀

我三年前,我因為疫情而暫停了最喜歡的繪畫班。 升上五年級後更忙於功課、補習、應付呈分試; 六年級又要培訓升中技巧,一直忙得喘不過氣來。



如今,呈分試考完了,疫情也穩定了,一切復常,正是擴展潛能, 繼續追尋那曾經放下的興趣和夢想的時候。我的夢想是成為一位出色的 畫家,開展我的個人畫展,將我的作品呈現在大家面前,讓大家欣賞我 一幅幅有創意的畫作。

記得小時候,媽媽經常帶我參加親子填色比賽,更時常登刊,那份 喜悅填補了我的心靈。媽媽還時常帶我去香港文化中心展覽廳看畫展, 展出作品讓我賞心悅目,可能從小薰陶在藝術色彩中,讓我不知不覺地 喜歡上畫畫,於是媽媽更幫我報了一個課餘興趣繪畫班,我當時既激動 又興奮。

每次上課,我看見那些色彩繽紛的顏料,握住畫筆畫出不同的畫作,使我感到心情舒暢,老師教授構圖和填色的技巧,每次刷完又改,改完又刷,有時會感到氣餒,但心裏也想著成功必定須磨練,繼續努力!學了大概一年多,就開始參加比賽。我分別參加過《第四屆全港兒童繪畫比賽》取得第二名;參加過《全港我家愛寵比賽》獲得銀獎,那兩次的得獎更讓我心情激動,喜出望外,對自己能力有了肯定。老師還表揚我有畫畫天份,更是對我打了一劑「強心針」。那次過後我對繪畫加倍用功,讓自己水平更上一層樓。我更肯定我的夢想,就是成為一位出色的畫家,用我的畫筆在畫布上繪畫出獨特又讓人賞心悅目的意念。

所以,現在正是最佳時機。我決定追尋我的夢想,我會繼續發揮我的潛能,去報讀創意繪畫班,吸收多些新技能,啟發我沉睡了三年的潛能,綻放無窮的創意。雖然這不是一件輕易的事情,但「只要有恆心,鐵柱磨成針」只要不放棄,苦心追求,引領自己,終至又成功之日。

啟發我的潛能

班別:5C 姓名:劉穎欣

每個人都有不同的潛能,而這些潛能就要在適合的地方或透過學習某項知識和技能才能展現得淋漓盡致。



那年的秋天,一朵朵花兒散發出淡淡的清香,花兒隨著秋風的方向搖擺,好像活潑的小孩子跟老師打招呼。那金黃色的樹葉,像一隻美麗的蝴蝶在空中飛來飛去。當我在欣賞這美麗的風景時,就看到妹妹迎著風的方向騎單車,心裏不禁羨慕起來。媽媽便對我說:「你想學騎單車嗎?」我興奮地說當然想!之後媽媽帶我去學習參加單車興趣班。

第一天學騎單車時,老師教我們戴好頭盔、護肘和護膝,我問老師:「為什麼一定要帶這東西?」老師說:「是因為這樣才可以在跌倒時保護好自己。」然後,老師就先叫我們嘗試自己坐上單車,結果第一次我就成功了!老師接著讓成功的同學嘗試騎單車,可是我失敗了,只能一次又一次的練習,可惜還是失敗,夕陽快要下山,同學也漸漸地離開。我和媽媽一起欣賞那一片橘紅色的晚霞。

第二天,我還是一次又一次的練習,都未能成功,當我打算放棄時,老師鼓勵我說:「你不要這麼快就放棄,或許有奇蹟,因為「『世上無難事,只怕有心人』。」我被老師這番說話深深觸動,所以我再嘗試,沒想到真的成功了。

經過這幾天<mark>學騎單車,我終</mark>於成功學會騎單車,也令我明白到只要 堅持到底,就一定能成功。

飛躍潛能夢

班別:6A 姓名:何詠嫻

在疫情期間,我們被疫情限制了很多事情, 日復一日重複著枯燥無味的生活。直到某一天, 小美邀請我參加一項課餘的舞蹈班……



自從第一次學習開始,我就感受到它的魅力,透過不同的舞步,可以帶給別人不同的感覺,還可以透過舞蹈來抒發壓力,可以增強自信,可以鍛鍊身體······

在學習課程中,我偶爾會遇到困難,例如:記不住舞步,動作不流暢等。每當遇到這些情況,我就會對著鏡子一遍遍練習,直到問題解決。

隨著一天天學習舞蹈的時間,我慢慢發現了自己的不足,我希望能夠用舞蹈來詮譯歌曲想表達的意思,每一首歌都有獨特的意思,也有不一的風格,如果想表達好,須要先徹底理解歌曲呢!

舞蹈已經<mark>融入了我的日常生活,</mark>有了它的陪伴,日子不再枯燥乏味,令生活增加了不少樂趣呢!

I like guns

By 1B Law Kai Hong

I like guns.
Black guns.
Big guns.
Any kind of guns.
A gun on the table.
A gun in my hand.
I like guns.



In a blue, blue ocean

By 2A Chan Siu Ki, Cecilia

In a blue, blue ocean, there is a blue, blue whale.

And near that blue, blue whale, there is a blue, blue shark.

And near that blue, blue shark, there is a big blue, blue fish.

And near that blue, blue fish, there is a small blue, blue fish.

And near that small blue, blue fish, there is - A GEM!





S is for Spring

By 3C Wong Joanna Luo

S is for seeds on the ground.
P is for plants in the garden.
R is for rainbows in the sky.
I is for insects in the grass.
N is for nests in the tree.
G is for giraffes in a safari park.
SPRING is beautiful!





The little white cat

By 4A Yau Yi Nga, Ava

Once upon a time, there was a little white cat who had a bag of pumpkins. She said, !"I will take it home and make a pumpkin pie.!"

The little white cat asked a dog, a rabbit and a duck, !"Will you help me lift my bag of pumpkins?"

The dog said, "No!!" The rabbit said, !"No!!" The duck said, !"No!" The little white cat said, !"Then I will make it myself."

One hour later, the pumpkin pie smelled so yummy! The little white cat asked, "Who will help me eat the pie?"

The dog said, !"Yes, I will!" The rabbit said, !"Yes, I will!!" The duck said, "Yes, I will!!" The little white cat said, "You did not help me lift my pumpkins so I will not share my pumpkin pie with you!"

The dog, the rabbit and the duck were so sad!

The Little Monkey, the Ripe Grape and the HUNGRY FOX

By 5C Wong Kwan Nga, Gloria

Hello, Little Monkey! What are you doing?
Oh, I see. Are you going to eat that ripe grape?

But Little Monkey, haven't you heard about the Hungry Fox? Oh! The Hungry Fox can see a ripe grape a mile away.

Squeal!Squeal!Squeal!

The Fox will tromp through the forest on his hungry feet, and SNIFF! SNIFF! SNIFF!Find the grape.

No matter where it is hidden.

(Monkey) I will hide it under the leaves. Or how it is disguised. Now the ripe grape looks like a gentleman. It wears a hat.

Quick! There's only one way in the whole wide world to save a ripe grape from the Hungry Fox!

Sir Small and the Dragonfly (Rewriting the story ending)

By 6B Liu Le Yan, Dora

The cave was in a mountain far away. Sir Small saw the dragonfly immediately when he arrived. The dragonfly was very big. It had sharp teeth and a pair of big wings.

Lady Teena was tied up. She was trying to untie the ropes. Sir Small didn't feel scared. He was brave. He came up with a plan before going in. He knew that the dragonfly was way too big so it would be hard to beat it.

Sir Small told the dragonfly that there was a river nearby with lots of delicious bugs along it. The dragonfly was as silly as a goose and followed him. When they arrived at the river, there weren't any bugs. There were a lot of hungry frogs instead. They quickly ate the dragonfly.

In the end, Sir Small returned to the cave. He cut the ropes and saved Lady Teena. When they were back to the town, people felt surprised. Sir Small lived happily with Lady Teena ever after.

校內/校外比賽得獎作品(一/二年級)



一年級冠軍 1A 惠康裕



一年級優異 IA 張泆蕎



一年級亞軍 ID 善殷詠



一年級優異 IB 張賞銳



一年級季軍 IB 羅啟康



二年級冠軍 2B 殷承熹



二年級亞軍 2A 陳昊賢



二年級季軍 2A 楊樂琛



二年級優異 2A 林詩雅

校內/校外比賽得獎作品(三/四年級)



三年級冠軍 3A 張洪瞳



三年級亞軍 3A 蔡睿霖



三年級季軍 3C 吳曦妍



四年級冠軍 4D 陳迪思





四年級亞軍 4A 願港澤



四年級季軍 4A 關善瑤



四年級優異 4B 陸穎峰

校內/校外比賽得獎作品(五/六年級)



五年級冠軍 50 黃筠雅



五年級優異 50 潘璇然



五年級亞軍 5A 盧宇深



五年級季軍 5A 高意



六年級冠軍 6B 林詠詩



六年級亞軍 6B 魏嘉詠



六年級季軍 6A 陳良澤



六年級優異 6B 高雋祺

「綠色空間 由我創造」2022-2023



6B 林詠詩、翠竹亭 榮獲小學高小組優異獎



翠竹亭側面



6B 曹加恩、周敬生、林曉儀、潘仟偉



6B 高雋祺

未來之城比賽2023 (全國夏季展評)



AI 環創碳之都 GB 林詠詩、潘仟偉、Ho Mayson、周敬生、雷智軒



6B 田婉汶、周泓臻、張峻銘、梁柏睿

視覺藝術作品(一年級)



IA 鄭鈞鈺 印第安面具



IB 吳恩兒 手挽搖鈴



IB 王婉而 三色城堡



1C 李允賢 我喜愛的水果



ID 葉星宇 海底世界



1C 何詩淇 海底世界



10 龐浩鈞海底世界

視覺藝術作品(一年級)



1C 施凱琳 三色城堡



ID 字詩雅 幾何形圖案貼扇



1C 曾銘澤 趣怪膠眼鏡



IC 楊津鐵 蝴蝶對稱紙偶



1B 羅啟康 瘦瘦長長的臉



1C 黃詠菁 蝴蝶對稱紙偶



1C 羅君妍 瘦瘦長長的臉



ID 何宗諺 瘦瘦長長的臉

視覺藝術作品(一年級)



ID 呂景欣 動物開大餐



ID 莊苡晴 動物開大餐



1D 呂景欣 動物開大餐(開口圖)



1D 莊苡晴 動物開大餐(開口圖)



ID 呂景欣 美味甜點



ID 善殷詠 美味甜點

視覺藝術作品(二年級)



2A 黃雅儷 木結他大台奏





2C 黃詩濼 木結他大台奏



2A 黃雅欐 冬天雪人



2C 陳亦珈 冬天的雪人



2B 殷承熹 面對面



2C 詹嘉濰 面對面

視覺藝術作品(二年級)



2C 楊可楓 形形式式方塊畫



20 李賢昊 形形式式方塊畫



2C 劉沛倩 海港上的煙花



2C 翁淑媛 古怪的面孔



20 黃詩樂 古怪的面孔

視覺藝術作品(三年級)



3A 張洪瞳 花間裏的小蜜蜂



3A 陳禧晴 花間裏的小蜜蜂



3A 周芷若 閃亮彩鑽石鏡



3A 苗愛恩 閃亮彩鑽石鏡



3C 馬瀅希 閃亮鑽石鏡



3C 楊貝思 閃亮鑽石鏡

視覺藝術作品(三年級)



3B 施洛軒 色輪



3B 梁銳謙 大叫



3C 余雅烯 彩虹杯墊



3C 黃梓翔 風的威力



3C 黃梓晴 聖誕樹



3B 陳俊熙 色輪



3C 余雅烯 萬家燈火

視覺藝術作品(四年級)



4A 利曉晴 創意CUP CAKE錢箱



4A 黃創暉 創意CUP CAKE錢箱



4A 利曉晴 堅毅的梅花



4A 吳沛琪 堅毅的梅花

4B 譚梓瑜



4B 劉穎沂 **木板吊飾相架**



4C 何芷晴



4C 黃馨瑩



木板吊飾相架

視覺藝術作品(四年級)



4A 邱梓晴 運動員



4A 崔俊熙 風景畫 ProCreate



4A 關善搖 運動員



4A 邱爾雅 中國民族拼布畫



4D 詹熙渝 中國民族拼布畫



4A 字尚昕 夢想號火車頭便條座



4A 吳沛琪 奇雨



4C 何芷晴 繽紛鈕扣藝術家



4A 劉蔚 奇雨

視覺藝術作品(五年級)



5A 徐婉晴 ProCreate 原始森林



5A 馮沛瑜 ProCreate 原始森林



5A 楊庭月 ProCreate 原始森林



5A 馮沛瑜 質感麻布畫



5A 楊庭月 質感麻布畫



5B 張雅琳 意大利嘉年華面譜



5B 范蕊綺 意大利嘉年華面譜



5C 徐烯瑜 意大利嘉年華面譜

視覺藝術作品(五年級)



5C 徐烯瑜 運動鞋



5A 高意 運動鞋



5B 王翠彤 運動鞋



5C 謝嘉宜 運動鞋



5A 楊庭月 質感麻布畫

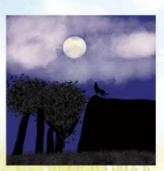




- 5B 張雅琳 意大利嘉年華面語



5B 范蕊綺 意大利嘉年華面譜



5C 徐烯瑜 意大利嘉年華面譜

視覺藝術作品(六年級)



6A 張展幗 仿青花瓷器



6A 黃逸塬 仿青花瓷器



6A 許嘉雯 仿青花瓷器



6B 胡悅儀 仿青花瓷器



6A 何詠爛 百變蒙羅麗莎



6A 陳浙垚 百變蒙羅麗莎



6E 吳天穎 百變蒙羅麗莎



6E 陳清雨 百變蒙羅麗莎

視覺藝術作品(六年級)



6B 楊珮林 抽象化的樹



6B 林曉儀 抽象化的樹



6C 張曦文 素描手



6C 歐陽俊熹 素描手



6B 周泓臻 彩繪環保肩袋



6B 林詠詩 彩繪環保肩袋



6E 張曦文 彩繪環保肩袋

視覺藝術作品(六年級)



6C 麥逸朗 點彩畫



GE 佘思瑶 點彩畫

6E 吳天頴 點彩畫



6B 魏嘉泳 茂高的房間



6B 周泓臻 創意麻花



6A 何詠嫻 百變蒙羅麗莎



6A 何詠爛 尋找消失點

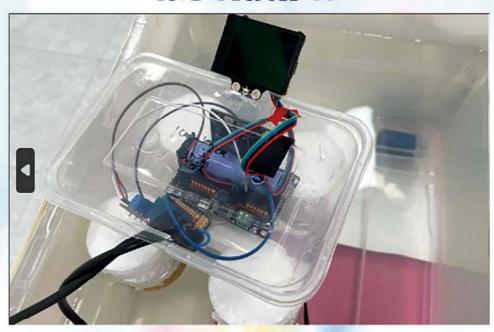


6B 劉心 尋找消失點



6C 伍文希 尋找消失點

創意科技作品



石竣銘(5A) 程兆朗(5D) 周敬生(6B) 劉樺暉(5A) 李卓熹(5A) 鍾澂(5A) 常識百搭「二十五周年大獎」及「傑出獎」



楊庭月(5A, 阮悅晴(6B), 曹加恩(6B) 創科智多星編程比賽 ITCodingLeague最佳演繹大獎(高小組)銀獎

創意科技作品



石竣銘(5A) 程兆朗(5D) 周敬生(6B) 劉樺暉(5A) 李卓熹(5A) 鍾澂(5A) 常識百搭「二十五周年大獎」及「傑出獎」



創意-劉順(5A), 鍾澂(5A), 鍾思桁(5A), 楊庭月(5A), 阮悅晴(6B) 10Botics x BTE HK - MU「Minecraft校園創建計劃2022」小學組全場總季軍